

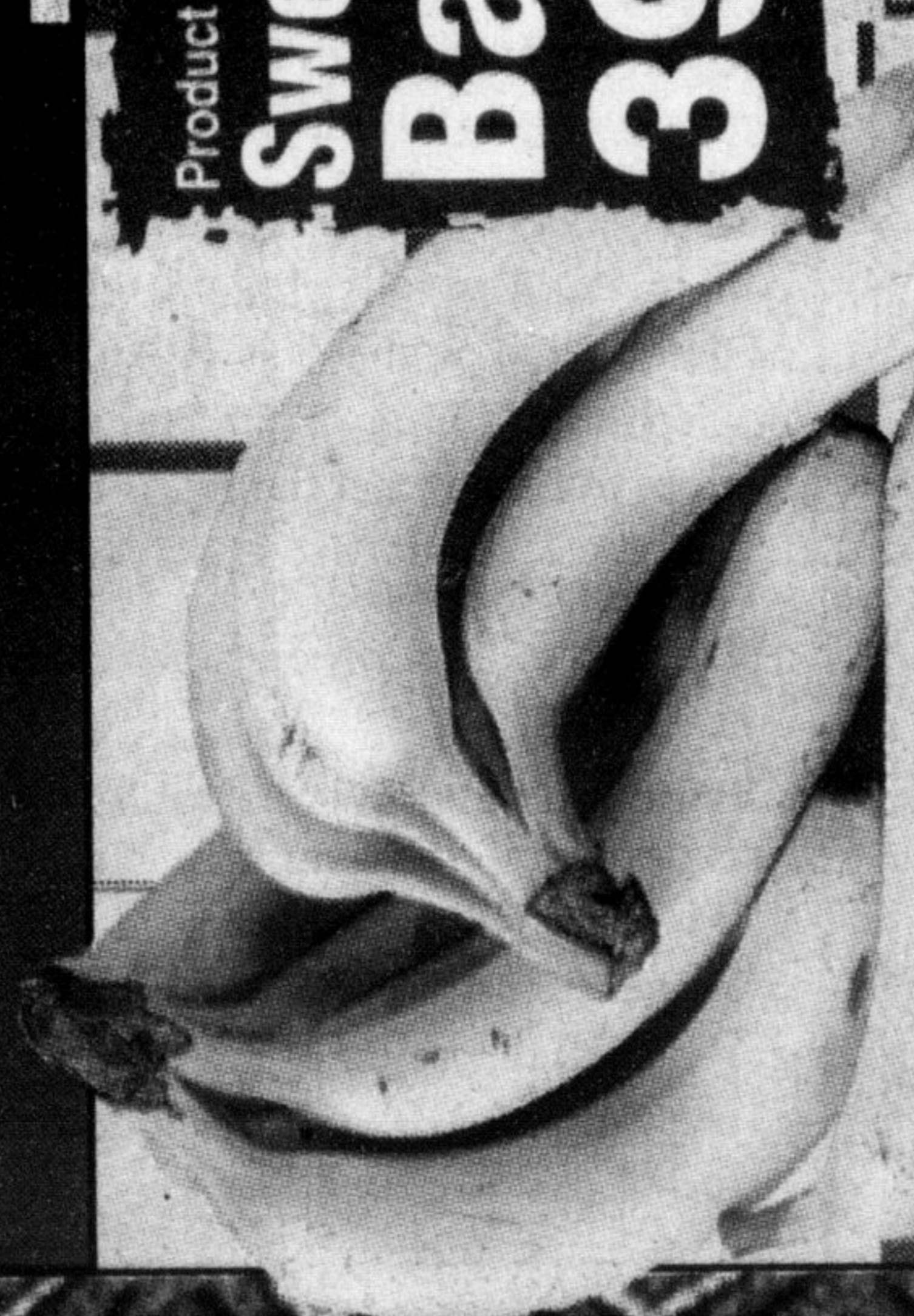
watermelon **TV** lb. Product of USA Reg of Extra Spicy

• WE DELIVER
 • Seniors 5% Discount Mon-Wed
 • Ask us about our fresh Cheese, Meat, Vegetable & Fruit Trays
 • Catering by Rosa's Kitchen
 • Coming Soon
SOUTHERN STYLE FRIED CHICKEN
 • Sick, no time - Call in your order.
876-4496

QUALITY GREENS

FINE FOOD

Prices in effect from Tuesday June 27, Until Monday July 3, 2000
WE RESERVE THE RIGHT TO LIMIT QUANTITIES
HOURS:
 MON. - WED. 8:00 A.M. to 8:00 P.M.
 THURS. - FRI. 8:00 A.M. to 9:00 P.M.
 SAT. 8:00 A.M. to 7:00 P.M.
 SUN. 10:00 A.M. to 6:00 P.M.

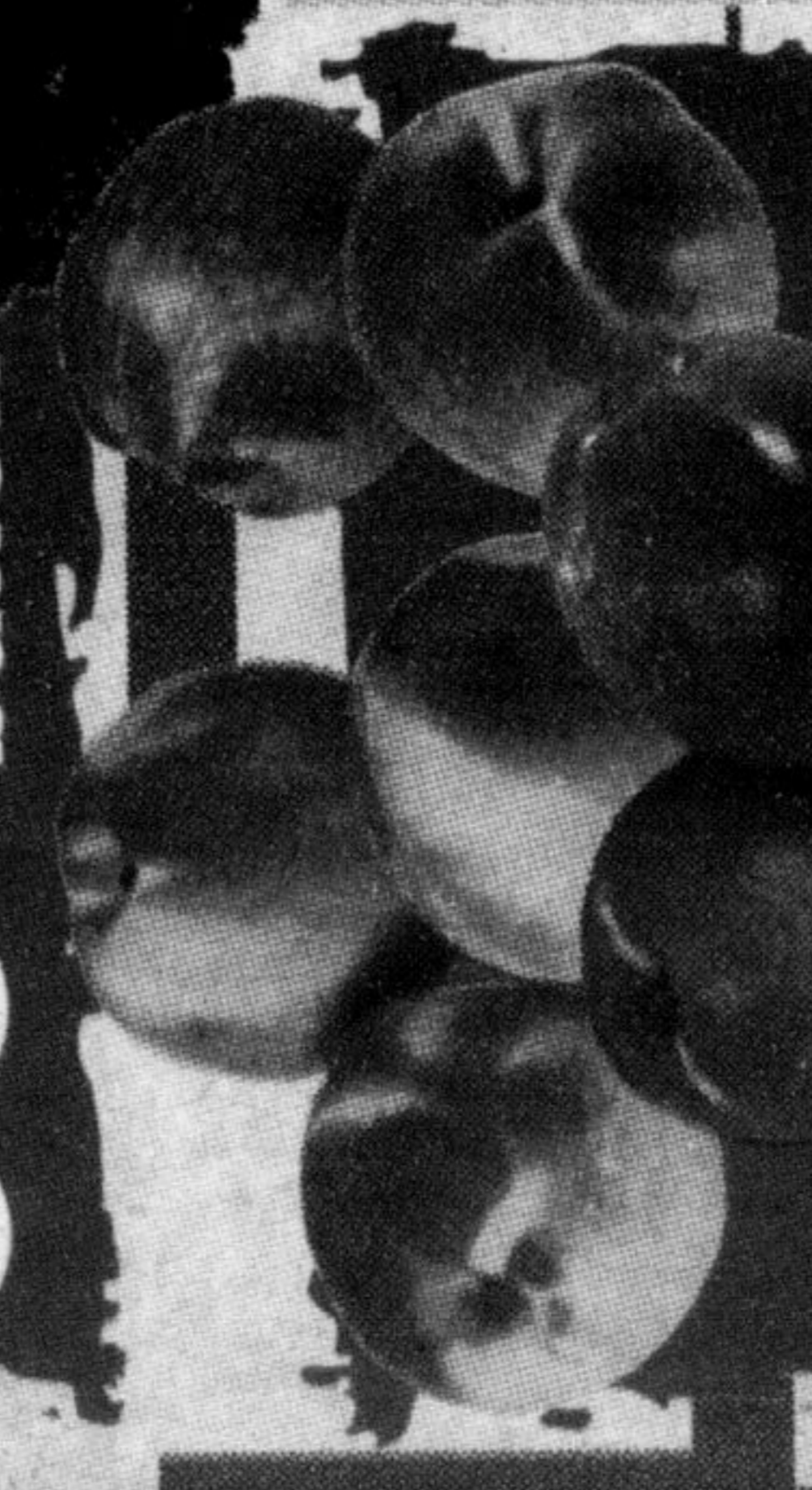


Product of The Tropics
Sweet Bananas
39¢ lb.

Product of Ontario
Local Broccoli
99¢ bunch



Fresh Canada Grade A
Boneless Chicken Breasts **3.99 lb.**



Product of USA
SWEET PEACHES & NECTARINES
99¢ lb.

Product of Ontario
Large English Seedless Cucumbers . **1.29 ea.**

Product of New Zealand
Large Kiwi Fruit **4.99**



Product of USA
Seedless Cucumbers **1.40**



Coke/Canada Dry 2/5.99
 Reg or Diet 12 x 355 ml

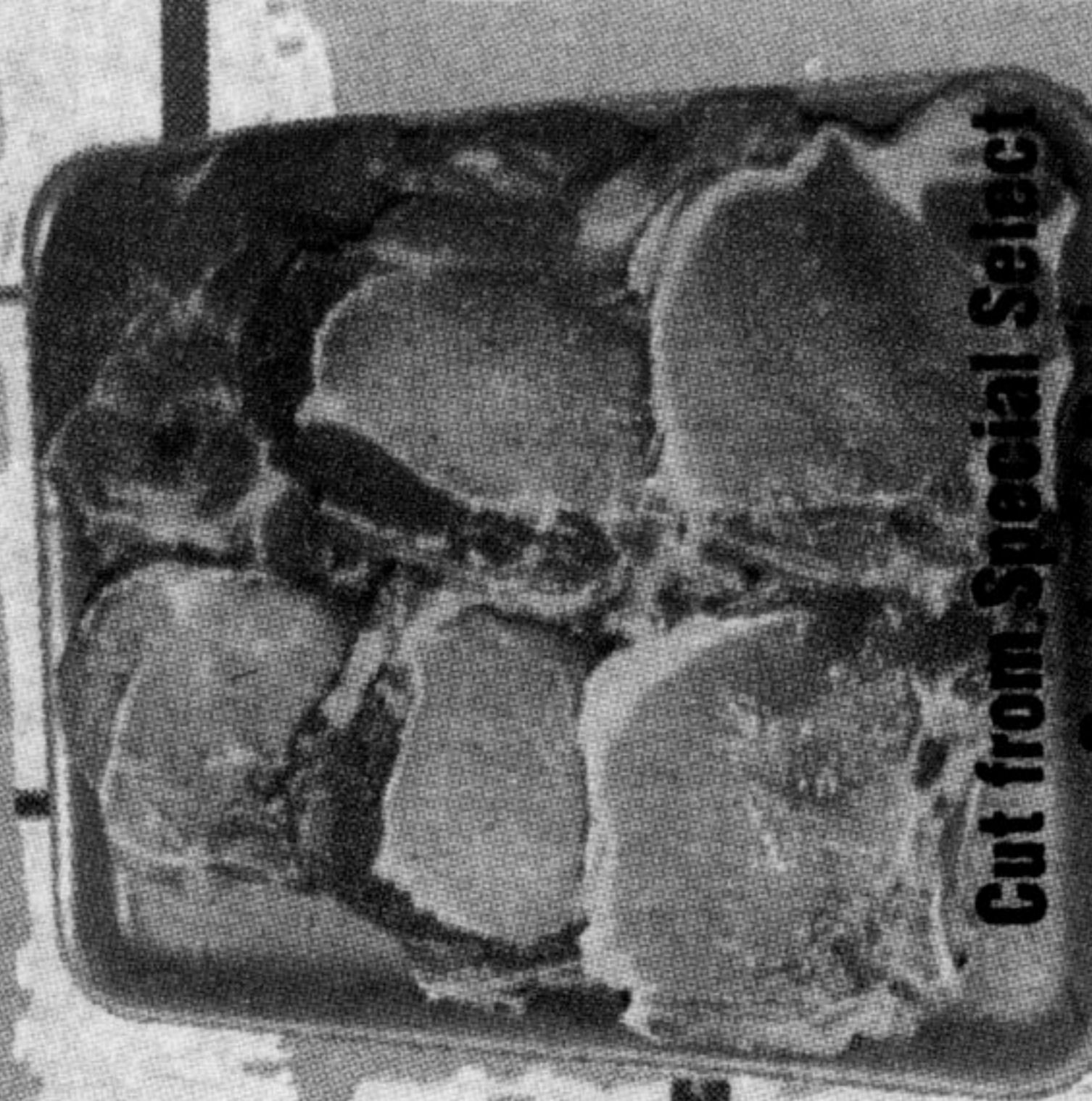


REG OR LIGHT
CAYLEA SOUR CREAM
99¢ 500 ml

350-400 g
Mr Christie Chunks Ahoy, Fudgee-O's, Coffee Breaks **1.99**
 Pkg of 8's
Wonder Hot Dog or Hamburger Buns **99¢**



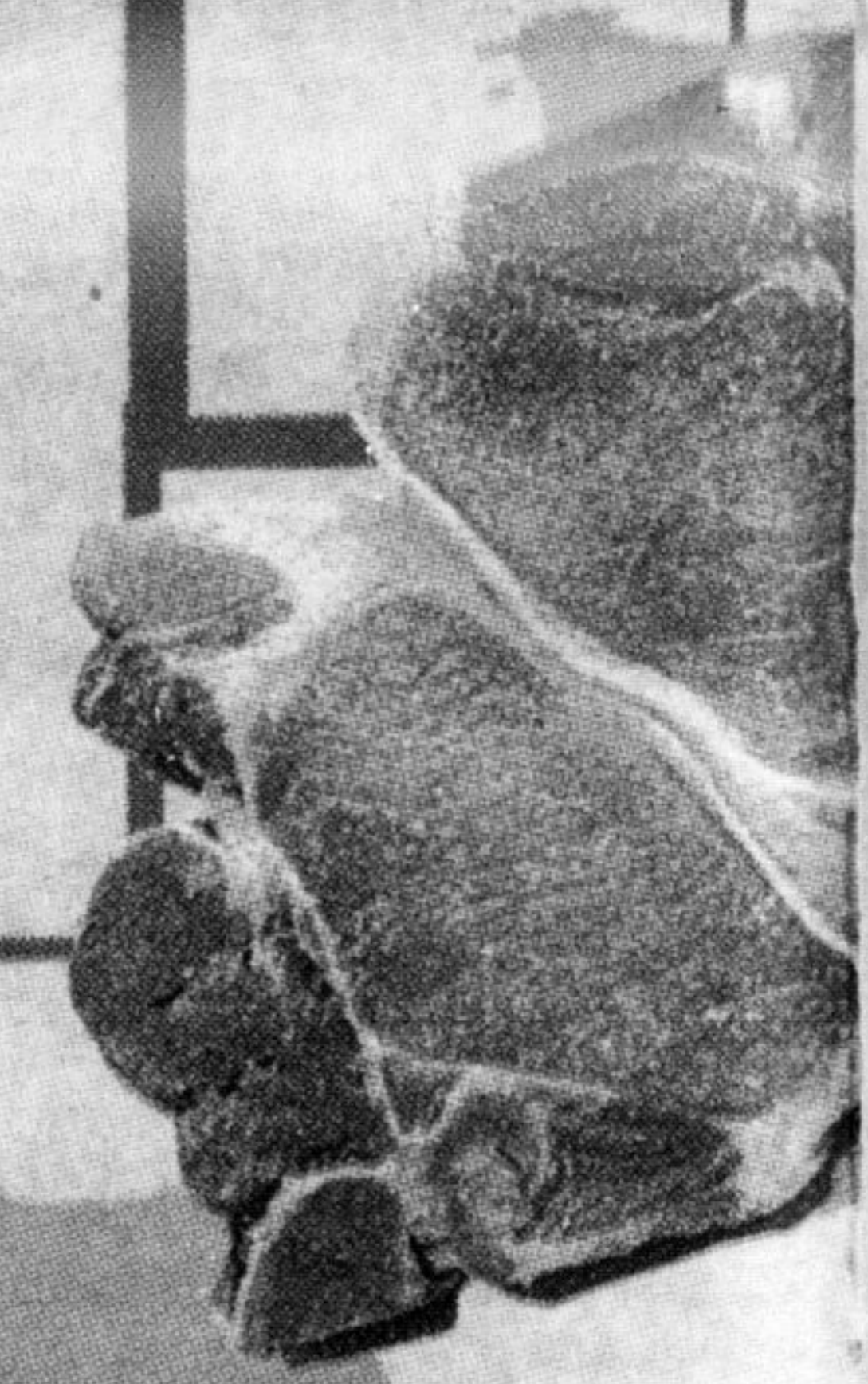
24 x 500ml
Our Very Own Spring Water **6.99**



Cut from Special Select Grade of Pork
FAMILY PACK PORK CHOPS
2.49 lb.

Hot, Mild, Garlic Italian Sausage . . . **2.29 lb.**
Octoberfest Sausages . **3.49 lb.**

Breaded Pork Cutlets . . . **2.99 lb.**



J.M. Schnieders, 450 g pkg. All Varieties