

Beverage sends message about dangers of alcohol and boating

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 ages are fun to make and enjoyable to drink, said Linda Dayler, the community program developer for the Trauma Prevention Council.

"It was really fun," said Laura Bekeris, who won the competition with partner Mike Berube. "You got to meet a lot of other people."

The grade 12 Bishop Reding students' drink, Muskoka Sunset, was similar to a smoothie, she said.

The list of ingredients included vanilla ice cream, strawberry banana yogurt, cranberry juice, regular orange juice, strawberry banana orange juice, club soda and water. It was presented in a tall Muskoka glass with a chunk of strawberry and banana in it.

Mr. Berube tried to copy an alcoholic drink that

used an orange juice combination, she said. The pair then added cranberry juice to make it look like a sunset. Ice cream was added because it should go in everything, Ms Bekeris said.

For the presentation, the two set up a bar and a deck. The judges sat in a Muskoka chair sipping on the drink and smelling the cedar chips which gave it an "outdoorsy" feel, she said. "It was really relaxing."

The pair chose a message that told people not to drink and boat.

"Mike is a fisherman and I am a lifeguard. We wanted to come up with a safety message regarding the water."

Ms Bekeris said they created the drink over the course of two weekends.

"I'm doing okay, but I wish I didn't have diabetes. The people at CDA make it easier."



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