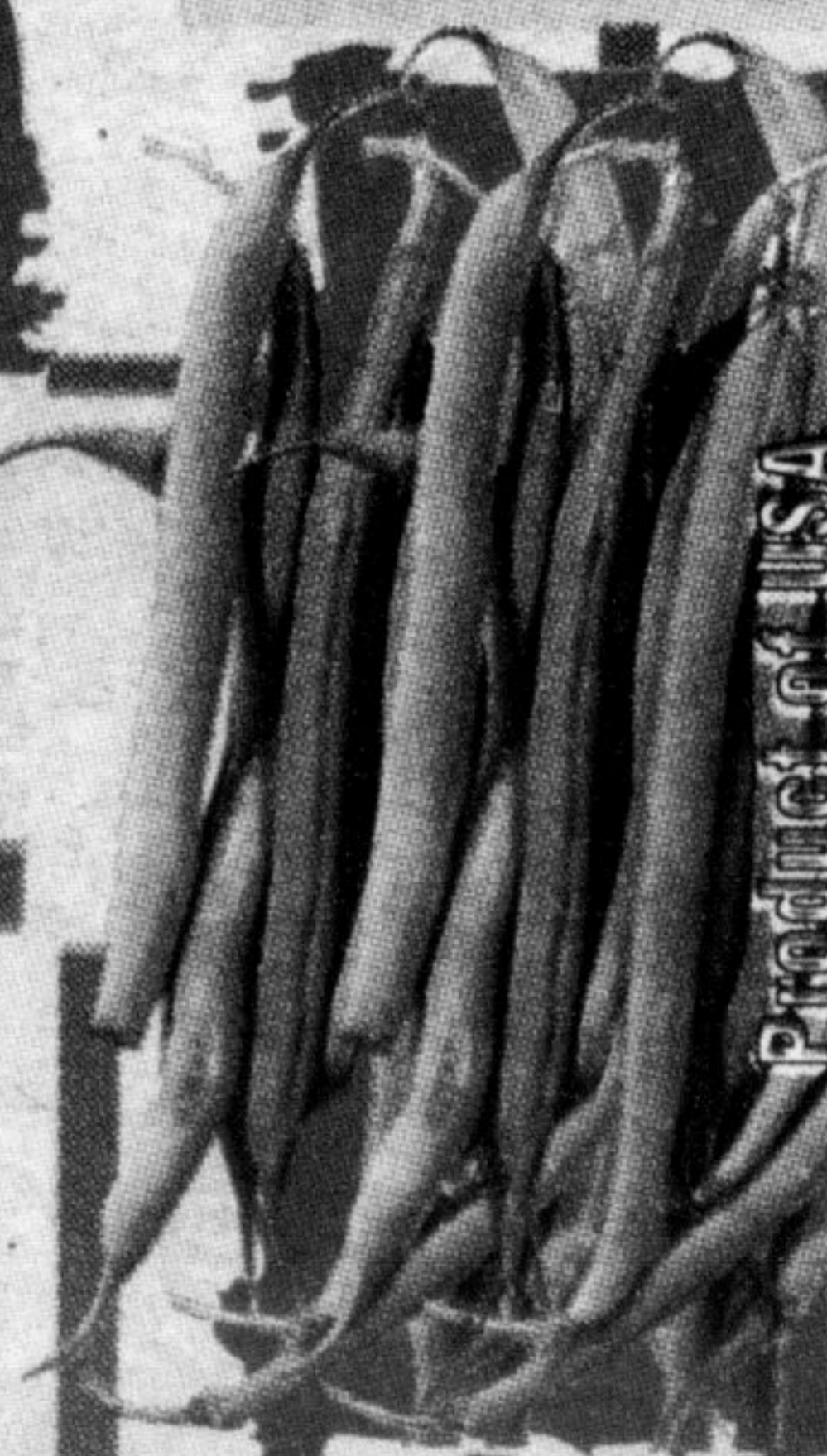


Product of Argentina
Bosc, D'Anjou, Packham, Triumph PEARS . **99¢** lb.



Product of USA
FRESH-TENDER HAND PICKED GREEN BEANS
99¢ lb.

Product of Ontario
LARGE HOT HOUSE TOMATOES
99¢ lb.

Product of USA
Fresh Green Onions . **2/99¢**
 Product of USA
Super Sweet Vadalia Onions . . **79¢** lb.



Product of USA
LARGE BAKING OR FOIL WRAPPED POTATOES
49¢ lb.

GARDEN CENTRE
Potted Roses **6 99** 8" pot
 Fresh Hanging Baskets Arriving Daily
10 99 8" pot

DELI



National Cheese, MILD, MEDIUM, OLD
Cheddar **1 15** 100 gr
 National Cheese
Grated Parmesan . **1 89** 100 gr
 Mastro
Prosciutto Cotto **99¢** 100 gr

Reg. of with Marshmallows 450/400g
Post Alpha Bits . . **2 49**
 Assorted Varieties, 425-450g
Post Fruit & Fibre Breakfast Cereal **2 49**



SHREDDIES, MAPLE CRUNCH, GOLDEN HONEY SHREDDIES
2 49 620/600 g

Assorted Varieties, 120-132g
Lipton Noodles & 4/4 00 Sauces
 Reg. Decafinated, Half Decaf, Dark or Light Roast 200 g
Maxwell House Instant Coffee **3 79**
 Assorted Varieties, 455 ml
Heinz BBQ Sauce **99¢**



KRAFT MACARONI & CHEESE DINNER
3/1 99 225 g

Steaks . . . **3 99** lb.
 Cut from Canada Triple A Beef
Eye of the Round Roast . . **3 99** lb.



Cut from Canada Triple A Beef
BONELESS RUMP ROAST
\$3 69 lb.

Canada Grade A Chicken
FRESH CHICKEN DRUM STICKS
99¢ lb.

Cut from Canada Triple A Beef
Tenderized Cube Steaks . . **3 69** lb.
 Fresh Canada Grade A
Fresh Chicken Wings . . **1 99** lb.

BAKERY



Fresh Store Baked Cherry, Apple, Lemon
Danish **4 pack 1 99**
 Fresh Store Made,
Vienna Stick **99¢**
 Fresh Store Made
Onion Buns **6/1 99**
 La Rocca, (Asst. Variety)
Desert Cakes 8" **17 99**

Bittner's
French Onion Loaf **99¢** 100 gr
 J.M. Schneider
Olde Fashioned Ham **1 19** 100 gr
 Maple Lodge
Cajun Chicken Breast **1 19** 100 gr