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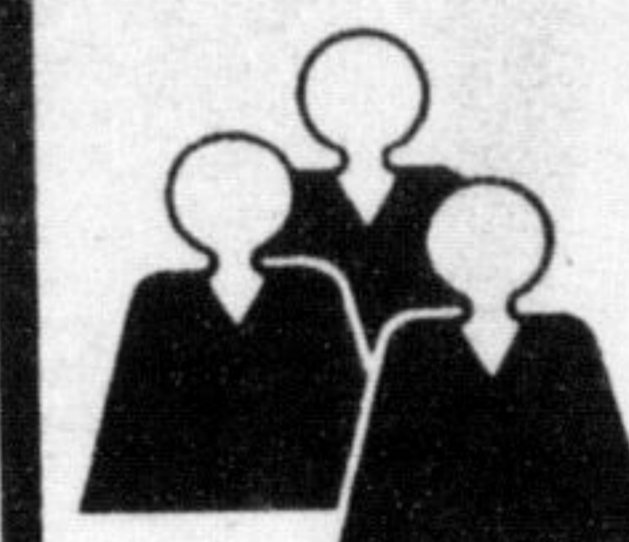
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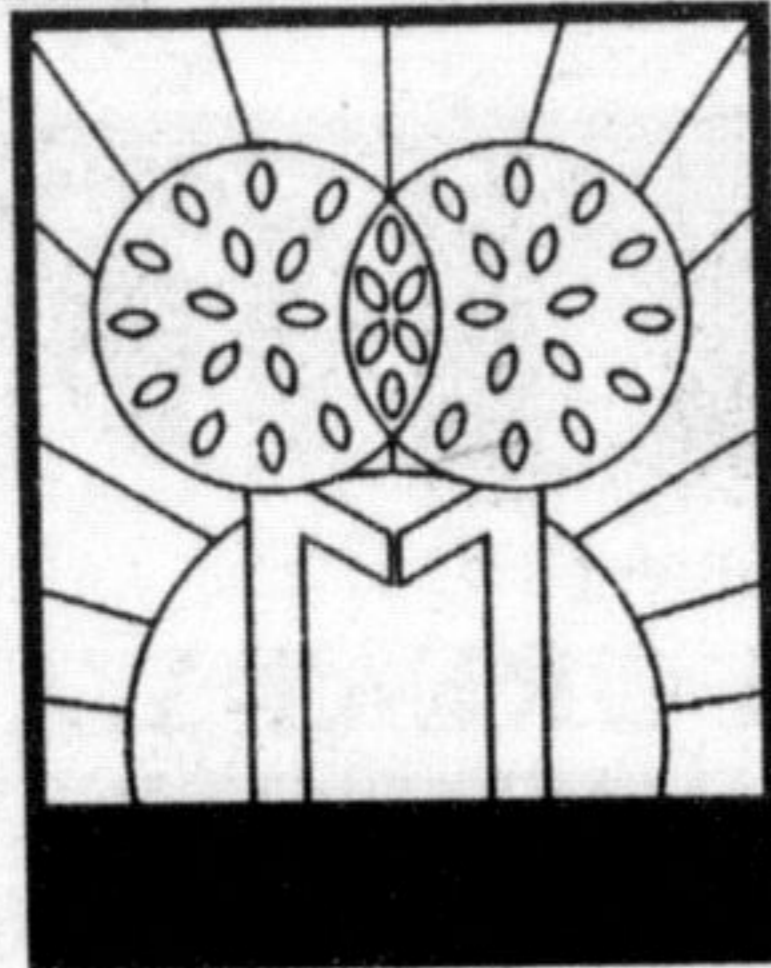
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News for SENIORS

Milton Seniors Activity Centre Current Events

by Tim Hawkins, Publicity

"Soaring into the Millenium" MAY CURRENT EVENTS

Monday, May 1: Walking is great for you! Join Teresa & Ken Lamb every Monday at 1:30pm at Seniors Centre for easy 1-1/2 - 2 hr stroll along the Bruce Trail.

Wednesday, May 3: Computer Club meets 1:30pm in Senior Centre library. Interactive Meeting. Guest, John Cookson will talk and answer questions on a wide range of computer topics. Here's your chance to get answers!

Thursday, May 4: Senior Centre holds "Seniors Cinemas" in library, every Thursday at 1:30pm. Refreshments. Admission \$1. Call 875-1681 for May feature performances.

Monday, May 8: Hearing Clinic 9am - 4pm at Senior Centre. Consultation concerning Hearing Loss & Coping with Hearing. Call 875-1681 to schedule Free appointment.

Tuesday, May 9: Seniors "Lunch Bunch" holds monthly get together at nearby eatery. Come along to sample good friends, good food and best news in town! Time: 12:00 noon. Call Senior Centre 875-1681 for May location.

Wednesday, May 10: Come along on a fab "Arts & Flowers" bus excursion-1st to new Terra Nursery at Trafalgar & Britannia Rds to see Spring flowers, then Kleinberg for lunch and guided tour of "Group of Seven" (and other) artists at McMichael Galleries and finally to Serbian Cathedral on McNevin Rd to see the marvellous paintings which adorn walls and ceiling. Cost: \$45.00. Call 875-1681 to confirm your seat today!

Wednesday, May 11: Senior Centre holds its monthly "Evening Euchre Party" starting at 7:30pm. Great socializing and fun! Keen competition! Come along and bring a friend. Prizes awarded. Cost: \$2./person

Monday, May 15: Another opportunity for all the fun and excitement of "Casino-Rama"! Lots to do, a great buffet and the chance to "grab the brass ring" and be a winner! And it's all only \$2.50 or \$5. when you bring a friend! Call Seniors Centre 875-1681 to sign up today!

Thursday, May 18: John other members to visit seniors at Heritage House in Guelph and play afternoon Euchre. Sign up at Senior Centre Reception Desk. Car Pooling to be arranged. Meet Senior Centre at 1:00pm.

Thursday, May 18: Excursion to see "St. Jacob's Farmers Market" and "Mennonite Farm Tour". Visit shops to browse or buy, perhaps take in lunch, ride back to Waterloo on Waterloo-St. Jacob's Railway. An exciting day!

Friday, May 19: Senior Centre celebrates the fine spring weather with a "Victorian Tea"! Menu includes both cucumber and salmon sandwiches, scones with jam and cream plus tea or coffee. Come along at 12 noon to socialize and celebrate Spring! (The Craft Club will exhibit a table of their latest creative efforts for your pleasure). Tickets: \$5.00/person are now available.

Thursday, May 25: Seniors "Diners Club" holds its monthly get together at a nearby eatery. Meet them for camaraderie, great food and the best of socializing! Meet at 6:00pm. Call 875-1681 for May location &/or arrange car pool.

Thursday, May 25: "Public Transportation" meeting 1:00pm at Senior Centre. Speaker, Phil Antoniow, Milton's Coordinator of Engineering Services. If you have concerns, please come. If you plan to attend, sign up in reception by May 24.

Friday, May 26: Song Spinners Choir presents "Musical Moments", its annual Spring Concert at Senior Centre starting at 7:30pm. This year they pay tribute to Gilbert & Sullivan. Don't miss this great evening and support your own Seniors Centre too! Light refreshments. Tickets: \$5.00 are now available!

"Seniors Cinemas"

May performances at the Senior Centre, Thursday, starting at 1:30pm.

- May 4 - "Stewart Little"
- May 11 - "The Sixth Sense"
- May 18 - "The Natural"
- May 25 - "Up Close & Personal"
- June 1 - "A River Runs Through It"

Spring Programs Include: Bridge, Learn to Play Bridge, Euchre, Cribbage, Bingo, Table Tennis, Snooker, Darts, Shuffleboard, T'ai Chi, Qi-Gong, Line Dancing, Clogging, Folk Art, Beadweaving, Oil Painting, Drop-in Oil Painting, Spanish, Personal life Stories/Writing Your Memoirs and Seniors Cinemas. Additional Activities Include: Library, Bus Tours, Lunch Bunch, Diners Club, Kitchen Band, Computer Club, Chess Club, Friendship Club, Soft Wood Carving Club, Song Spinners Chorus, Craft Club plus Special Events and Fundraisers.

THE ABOVE INFORMATION IS SUBJECT TO CHANGE AND LIMITATIONS.

For further details on activities at the Milton Seniors Activity Centre, Call (905) 875-1681

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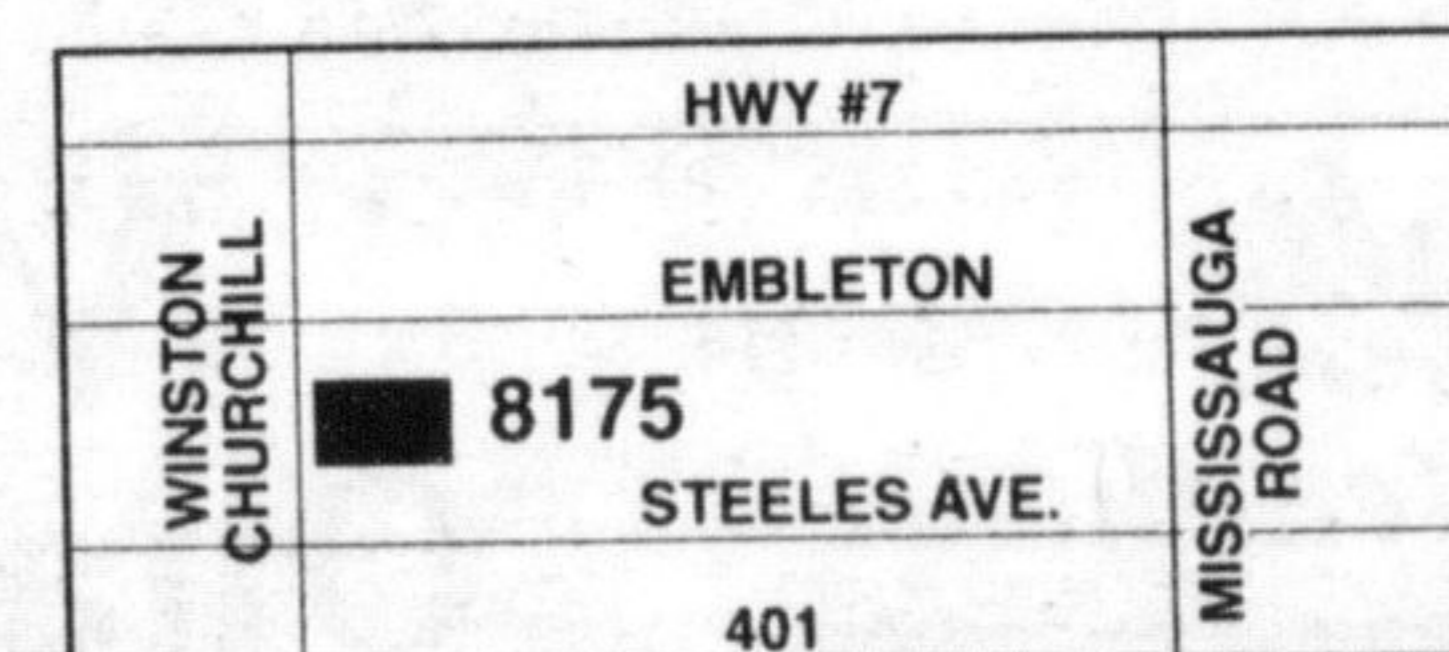
SENIOR DISCOUNT DAYS

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The Greenhouse COUNTRY MARKET

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HOURS:
 Mon.-Thurs. 9:00 am - 7:00 pm
 Friday 9:00 am - 8:00 pm
 Saturday 8:00 am - 6 pm
 Sunday 9:00 am - 6:00 pm