

**For
goodness
sake . . .**



*A good health
tip from
Milton District
Hospital*



**Mammacheck
Seminar**

Did you know 80% of all breast cancers are discovered by women themselves. Attend the Mammacheck, a free breast self-examination workshop on Wednesday, May 3rd, 2000 from 1:30 to 3:00 pm Upstairs at Loblaws (75 Nipissing Road) in Milton. Learn now to perform your own breast self examination and how to recognize the common characteristics of breast lumps. Advanced registration required. Call 338-4379 to reserve a seat.

**"For goodness sake"
is brought to you courtesy of**



**Halton Healthcare
S E R V I C E S**

and

The Canadian Champion

*Keep
an eye out
for our
Business
section in
Tuesday's
edition of
The
Champion.
This
section
runs
every
second
Tuesday.*

Road Safety Challenge to kick off tomorrow at Steeles Ave. fire hall

For the second year in a row, Milton is gearing up to nail down driver safety by participating in the Road Safety Challenge.

The week-long event pits Ontario communities against each other to find out which can record the fewest collisions throughout the designated week.

The challenge will kick off tomorrow with a continental breakfast at the Steeles Avenue fire hall and will run until May 7.

Last year was Milton's debut in the competition. But the town still managed to rack up a 20 per cent reduction in collisions.

But since the number of accidents rose over the course of the year, there's plenty more work to be done, said Road Safety Committee chair Jan Mowbray. "The funeral parlours will get us eventually. But we want to make sure it's not as a result of an accident."

To help get her message across, Ms Mowbray brought a host of professionals with a stake in road safety with her to town council last week. They included Halton Police Chief Ean Algar and the Region's Medical Officer of Health Dr. Bob Nosal.

The object of the Road Safety Challenge is to raise awareness and promote safety on the roads, eradicating "the lane changers, the tailgaters and the road rage it engenders," said Ms Mowbray.

Children are at risk through an almost epidemic non-use or misuse of child safety seats, said Ms Mowbray.

She said the failure rate for proper use of the seats is 75 per cent nation-wide, 85 per cent throughout Ontario and a whopping 93 per cent of people in Milton who took the child safety seat clinic last year failed.

Road Safety Challenge Week will focus on issues such as aggressive driving, children's safety, truck safety, seat belt use and drinking and driving.

Parents will benefit from a Child Safety Seat Clinic at the Steeles Avenue fire hall between 9 a.m. and 1 p.m. tomorrow.

Appointments are necessary and interested people can call Denise Punt at the Co-operators at 681-7711.

People can also watch the roll-over simulator that shows what happens when children and adults aren't properly restrained.

Throughout the event, children can visit the Safety Bug.

Also, everyone is invited to the Ultimate Mix contest held at Milton Mall May 4 at 4:45 p.m.

Throughout April high school students from Milton, Georgetown and Acton have been busy concocting a non-alcoholic drink.

The two winning teams from each school will be at the mall mixing their drinks for the chance to win cash. Judges pick the winner based on presentation and taste.

Teens are also invited to the Road Rodeo from 11 a.m. to 1 p.m. at the south side of the Milton Mall.

Teens from seven area high schools are invited to take a written exam, with the top male and female from each school going on to compete in the road test. Spectators are invited.

Throughout the week, Halton Regional Police will hold seat belt blitzes, RIDE programs and truck safety checks. The citizen-operated radar message board will operate at four locations.

Children's reading fest set for May 7

A world of imagination will open up at Milton's fifth annual literary festival for children called I Love to Read.

The event, which promotes reading among children, will take place May 7 from noon to 5 p.m. at Milton District High School.

Admission costs \$1 for children and \$5 for adults. For that price, attendees can take in readings from up to eight Canadian authors, illustrators and storytellers. The idea is to celebrate Canadian literary talent as well as unveil the magic of the imagination to children.

Featured at the event will be Toronto storyteller Bob Barton, who may be expected to thrill kids with his tales of adventures in the high Arctic and excitement-filled South Pacific.

Burlington resident Pauline Grondin will also be on hand to keep the ancient art of storytelling alive. She's known to capture the fancy of young listeners with the aid of a special story spinner skirt, which carries surprises in every pocket. She will be accompanied in her performance by Leroy, a child-sized puppet.

Elora author Jean Little has lived a real life storybook existence. Legally blind, she grew up to become one of Canada's most prolific children's authors. Her most recent novel is Willow and Twig.

Toronto author Robin Muller will give old stories a modern twist when he takes the spotlight. Mr. Muller has won a Governor General Illustration award for the Magic Paintbrush, and has most recently created the children's book the Angel Tree.

An old hand at literary festivals is author/illustrator Werner Zimmermann. He's known for bringing words to vibrant life through drawing, singing and dramatization.

Port Perry illustrator Kim Fernandes has discovered a new vein of creativity by tossing aside her paints and paintbrushes for the more unusual art of Fimo, an acrylic modeling clay. Kids will be able learn more about it by attending her clay modeling workshop at the event. Also arriving from Port Perry will be illustrator Brenda Clark. She began sketching as a child and is now known as the illustrator for the well-known Franklin the turtle books.

Rounding out the festival will be Hilary Bain, editor of the popular kids magazine Chickadee. Ms Bain will conduct a workshop to teach kids how to publish their own newsletter or magazine.

Book signings, face painting and numerous displays and activities will take place at the event. Readings launch at 1 p.m.

For more information, call 875-INFO.

MILTON LADIES HOCKEY

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**Hope to see you next year at an 'expanded'
Granite Ridge.**