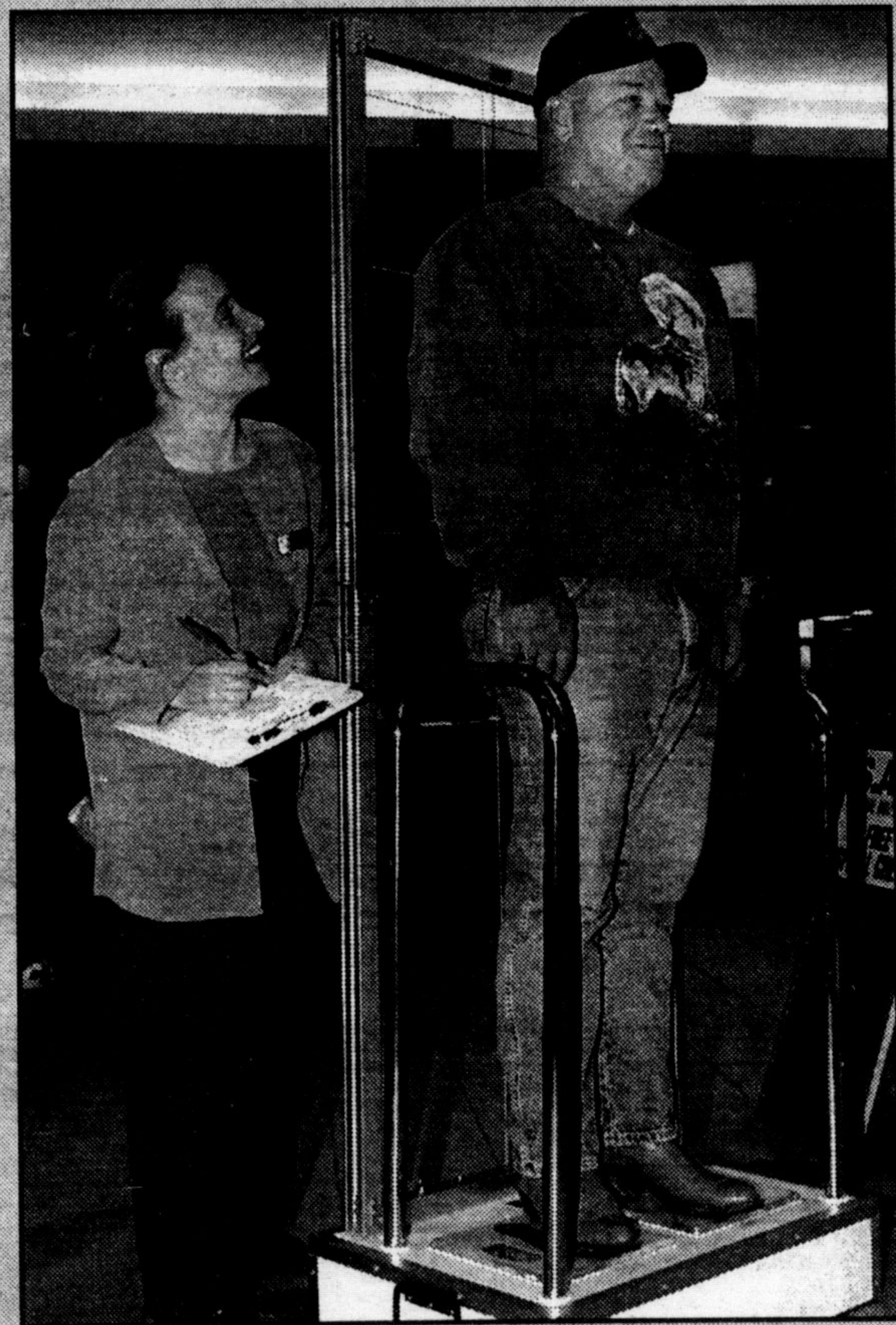




Champion COMMUNITY Page



Passport to good health

Clockwise from top left, Travis Gerrit, 8, shows off his big lung capacity by blowing up a balloon, while Alex Fuller of Connect Care displays a waterproof button that can summon help in times of trouble. Daniel Hanson opens wide to have his teeth checked by a fibre optic camera held by dentist Paula Cassin, and Mel Janson stands tall during a posture check conducted by Dr. Heather Jones of the Milton Family Chiropractic Centre. These were just some of the stops at the Wellness Fair held at Milton Mall over the weekend. Free passports and draw prizes were available at the 11th annual event.

Photos by GRAHAM PAINE



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COGECO 14 Programming Schedule — April 11th, 2000 - April 17th, 2000

Tuesday, April 11th		Wednesday, April 12th		Thursday, April 13th		Sunday, April 16th		Monday, April 17th	
10am, 11am, Noon	Plugged In! Encore	10am, 11am, Noon	Plugged In! Encore	10am, 11am, Noon	Plugged In! Encore	4pm, 5pm, 6pm	Plugged In! Week In Review	10am, 11am, Noon	Plugged In! Encore
5:30, 6:30, 7:30pm	Plugged In! Seniors Showcase	5:30, 6:30, 7:30pm	Plugged In! Cable in the Classroom	5:30, 6:30, 7:30pm	Plugged In! The Local Scene	4:30pm	The Local Scene	5:30, 6:30, 7:30pm	Plugged In!
6:00pm	Seniors Showcase	6:00pm	Cable in the Classroom	6:00pm	The Local Scene	5:30pm	Seniors Showcase	6:00pm	Living on the Edge
7:00pm	The Issue Is...	7:00pm	Swap Talk - Live!	7:00pm	The Issue is...			7:00pm	Money Week
8:00pm	2000 Hockey Heritage Awards	8:00pm	Canadian Unity Roundtable	8:00pm	Hands Across The World			8:00pm	SportsZONE Live

Feature this week: "Seniors Showcase" Produced by Halton Seniors for Seniors! Tues. 6pm & Sun. 5:30pm.