

QUALITY GREENS

FINE FOOD

• WE DELIVER

- Seniors 5% Discount Mon-Wed
- Ask us about our fresh Cheese, Meat, Vegetable & Fruit Trays
- Catering by Rosa's Kitchen
- Coming Soon

SOUTHERN STYLE FRIED CHICKEN

- Sick, no time - Call in your order.

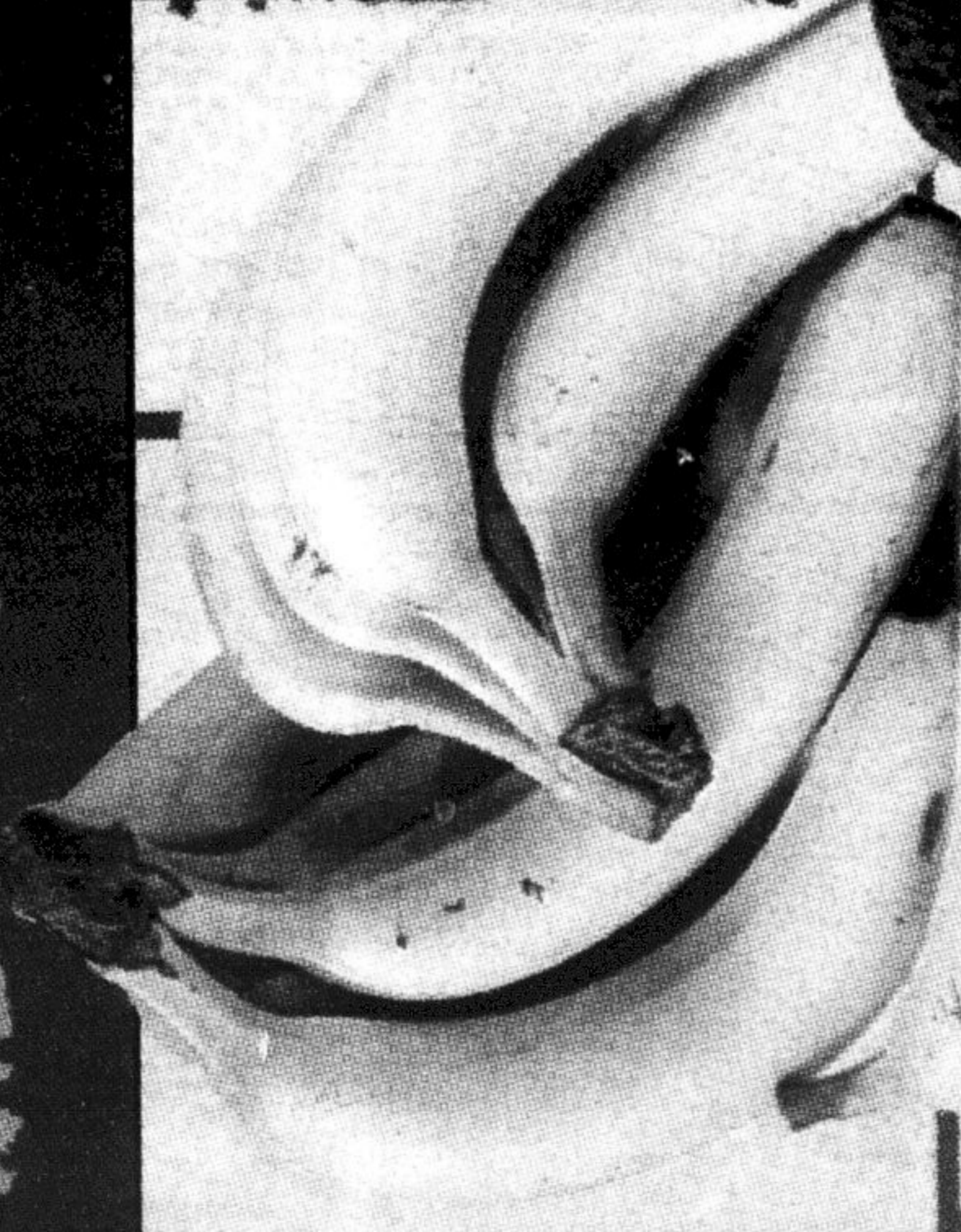
876-4496

Prices in effect from Tues. April 4,
Until Monday April 10, 2000

**WE RESERVE THE RIGHT
TO LIMIT QUANTITIES**

HOURS:

MON. - WED. 8:00 A.M. to 8:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.



From The Tropics
Sweet Bananas 33¢ lb.

Product of USA
Large Broccoli 99¢ ea.



Case of 9 x 3 x 250ml
Del Monte Fruit Juices 4.99



Fresh Canada
Grade A Chicken
Chicken Breast 1.99 lb.



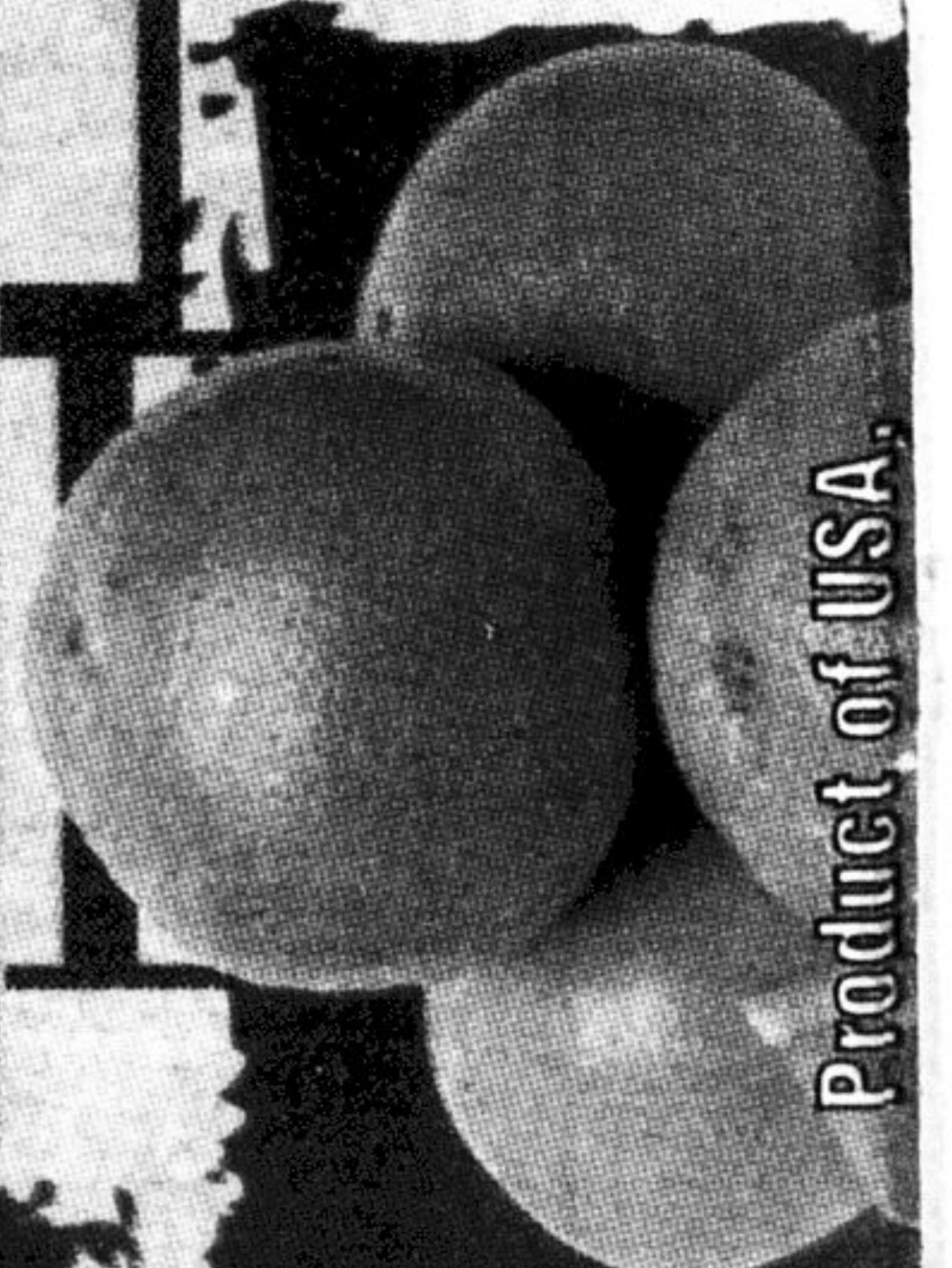
Product of Ontario
3 LB. BAG MAGINTOSH, IDA RED, EMPIRE APPLES 1.99 3 lb. bag

Product of Tunisia,
200g

Sweet Dates 1.49 pkg

Product of Mexico

Sweet Seedless Watermelon 99¢ lb.



Product of USA

Andy-Boy Rapini . . . 1.99 bunch

White, Whole Wheat,
Cinnamon, 400 g

Baker's Bread Mix . 1.69

Assorted Varieties, Reg
or Decaf, 300/250g

Melita Ground Coffee . 3.99

Assorted Flavours,
Reg or Light, 170-190g

Pringles Potato Chips 1.69

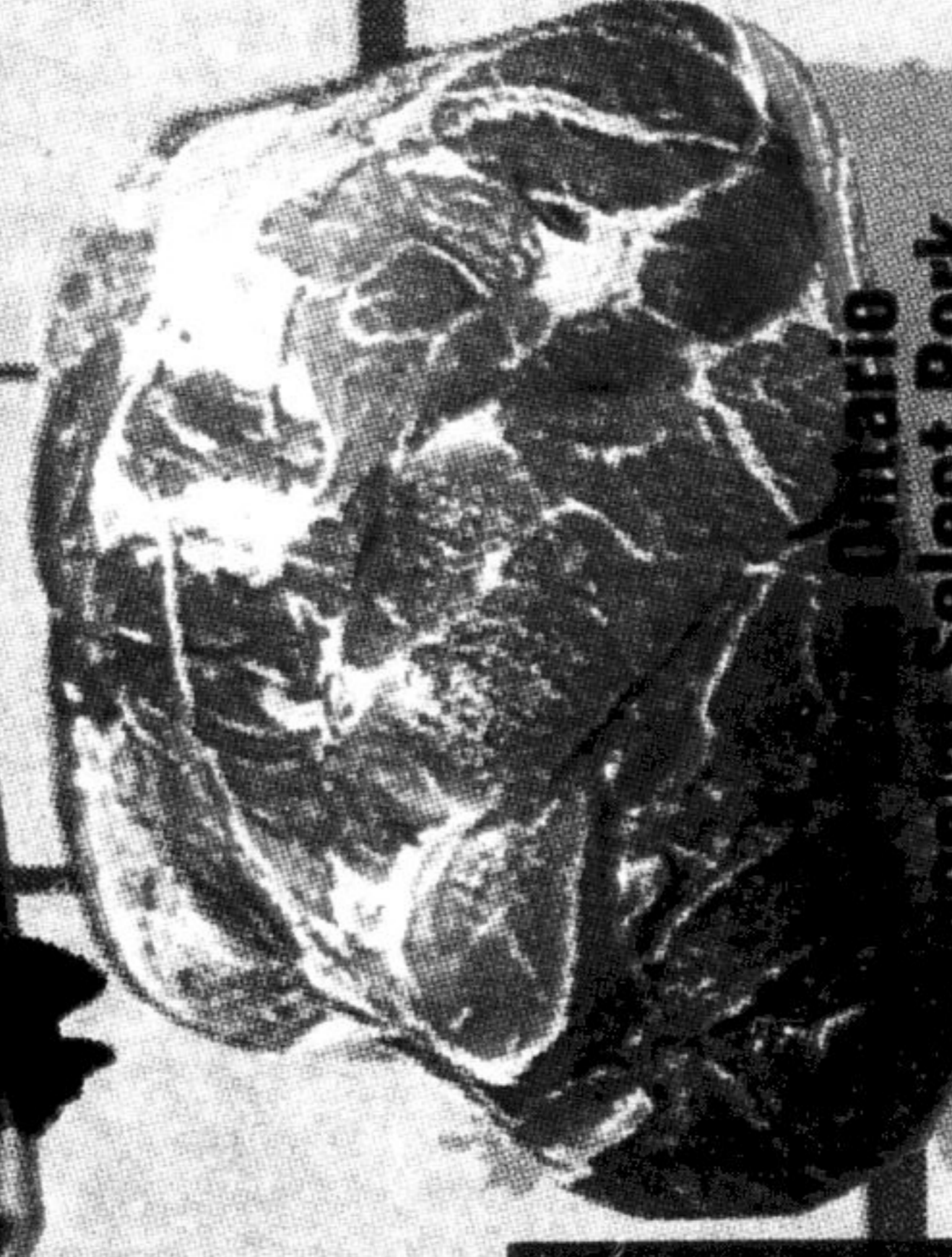


Green Giant
Assorted Varieties,
Reg or Less Sugar

CANNED VEGETABLES 59¢ 341/398 ml

1.4 Kg

Minute Rice 4.99
Assorted Flavours, 500 ml



Special Select Pork
FRESH LEG OF PORK ROAST

SHANK OR BUTT END \$1.99 lb.

Cut from Canada
Triple A Beef

Boneless

Cross Rib Roast 2.99

Made Fresh from 100%

Pure Ontario Pork

Breakfast Sausage . 2.29 lb.



Cut from Ontario
Special Select Pork
Family Pack Pork