Milton skating duo claim medals at COSIC

By STEVE LeBLANC

The Champion

Milton Skating Club finished its season in medal-winning fashion earlier this month at the Central Ontario Sectional Interclub Championships (COSIC) in Toronto.

They sent nine members to the weekend showcase — two of whom came away with hardware.

Ashley Cupples, who at eight years old was their youngest representative, became the local school's first ever golden girl at this level.

Working her routine to near perfection, she upstaged more than a dozen other top contenders in the Pre-Preliminary Ladies Freeskate.

Elements she used in the winning performance included an axle, double salchow and a double toe loop.

"Ashley skated extremely well, very strongly," remarked coach Nancy McDonell.

Added Ashley, "I was pretty happy (to have won).

"I thought the double jumps were my biggest improvement this year. I worked real hard to learn them."

Cara strikes silver

Meanwhile, Cara McGilloway also made a trip to the podium.

The 16-year-old — who's got much more competitive experience under her belt, with multiple trips to regional and provincial championships — took the runner-up spot in Silver Artistic.

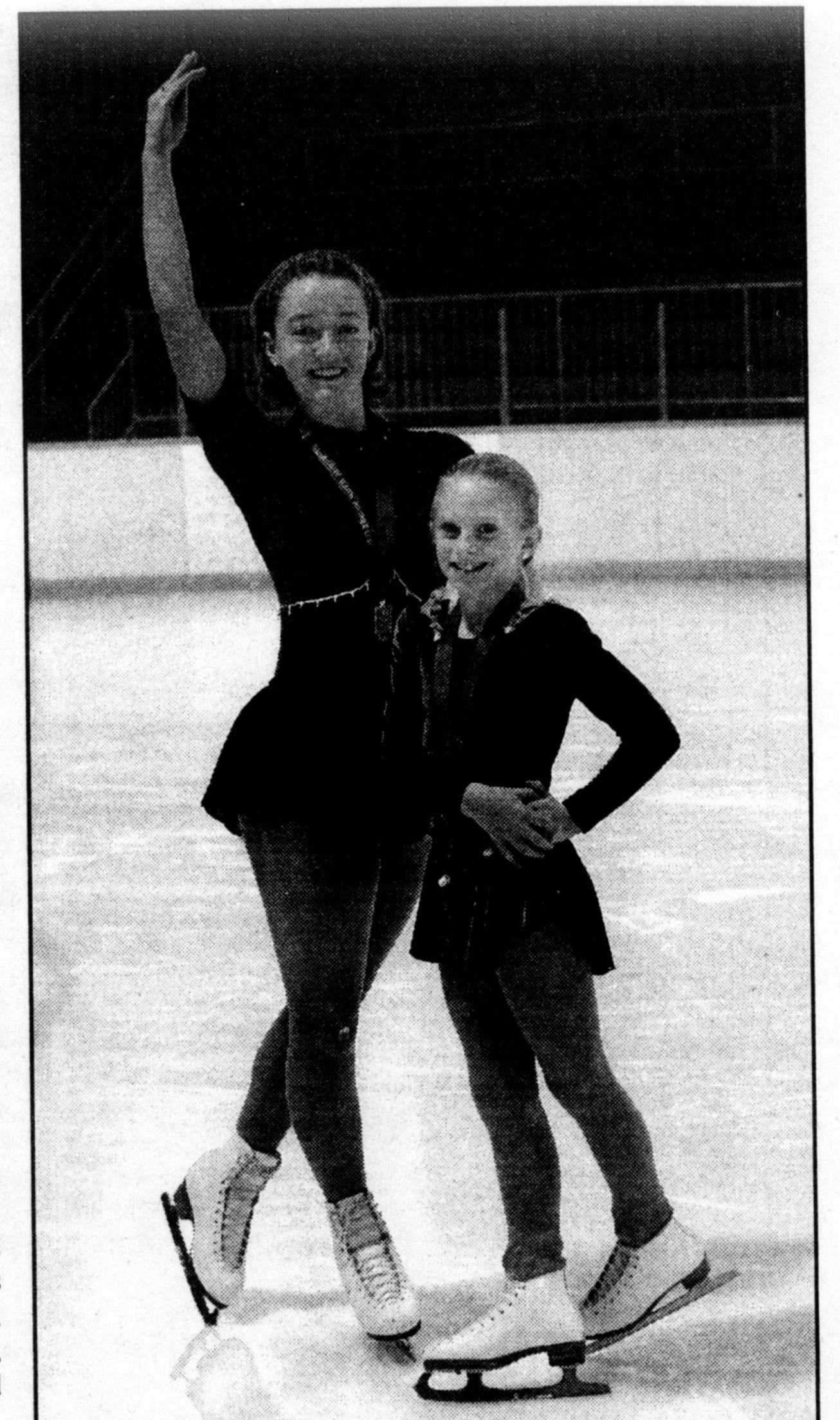
Her 'Eye Of The Storm' portrayal was both dramatic and impressive, according to McDonell.

Cara's two-minute presentation placed her second in a gifted field of about a dozen skaters.

"I feel good about my performance," said Cara. "I thought it came together quite well."

The Milton Skating Club also garnered a team title this year — claiming the Interclub's Challenge Cup last month in Brampton.

Among the other skaters who helped secure this prize and earn themselves berths to COSIC were Megan Ames, Monique Lizon, Alana Petrie, Lisa Petrie, Tiffany Richmond, Allison Sereda and Alex Tabuchi.



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Photo by GRAHAM PAINE

Milton Skating Club's Cara

McGilloway (left) and Ashley Cupples

-- with the medals they captured

recently at the Central Ontario

Sectional Interclub Championships in

Toronto. Ashley garnered gold in

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