

# QUALITY GREENS

FINE FOOD

**• WE DELIVER**

- Seniors 5% Discount Mon-Wed
  - Ask us about our fresh Cheese, Meat, Vegetable & Fruit Trays
  - Catering by Rosa's Kitchen
  - Coming Soon
- SOUTHERN STYLE FRIED CHICKEN**
- Sick, no time - Call in your order.
- 876-4496**



Product of USA,  
Jumbo (Dole)  
**Romaine Lettuce**  
**89¢** ea.

Product of USA  
Fresh, Large  
**Cauliflower**  
**99¢** ea.



**Gold Seal Pink Salmon**  
**99¢** 213 g



Product of P.E.I.  
**LINK**  
**POTATOES**  
**1 99**  
10 lb. bag



Product of Argentina #1  
**Red or Green**  
**Bartlett** **00¢**

Product of Mexico  
**Quality's Finest Tender Asparagus** **99¢** bunch  
Product of USA (Florida)  
**Peaches Cream** **1 49**  
Corn ..... **1 99** pkg 3



**SUNLIGHT LAUNDRY DETERGENT**  
Reg or Ultra  
**6 99** 12/6 litre



Assorted Varieties  
350-400 g  
**Peak Frean** **1 99**  
**Cookies** ...

Weston, 675 g  
**Country Harvest Bread** ..... **1 39**  
Dempsters, 675 g  
**Texas Toast** ..... **99¢**  
1.4 Kg  
**Minute Rice** ..... **3 99**



**Cheerios**



Cut from Canada Triple A Beef  
**Boneless Outside Round Steak** **2 99**  
Roast **2 99** lb.



Cut from Canada Triple A Beef  
**Eye of The Round Roast** ..... **3 99** lb.

Cut from Canada Triple A Beef (Cap Removed)  
**BONELESS SIRLOIN TIP ROAST**  
**\$3 79** lb.

Fresh Canada Grade A, Bone-In  
**Fresh Turkey**

Prices in effect from Tues. March 21, Until Monday March 27, 2000

**WE RESERVE THE RIGHT TO LIMIT QUANTITIES**

**HOURS:**  
MON. - WED. 8:00 A.M. to 8:00 P.M.  
THURS. - FRI. 8:00 A.M. to 9:00 P.M.  
SAT. 8:00 A.M. to 7:00 P.M.  
SUN. 10:00 A.M. to 6:00 P.M.