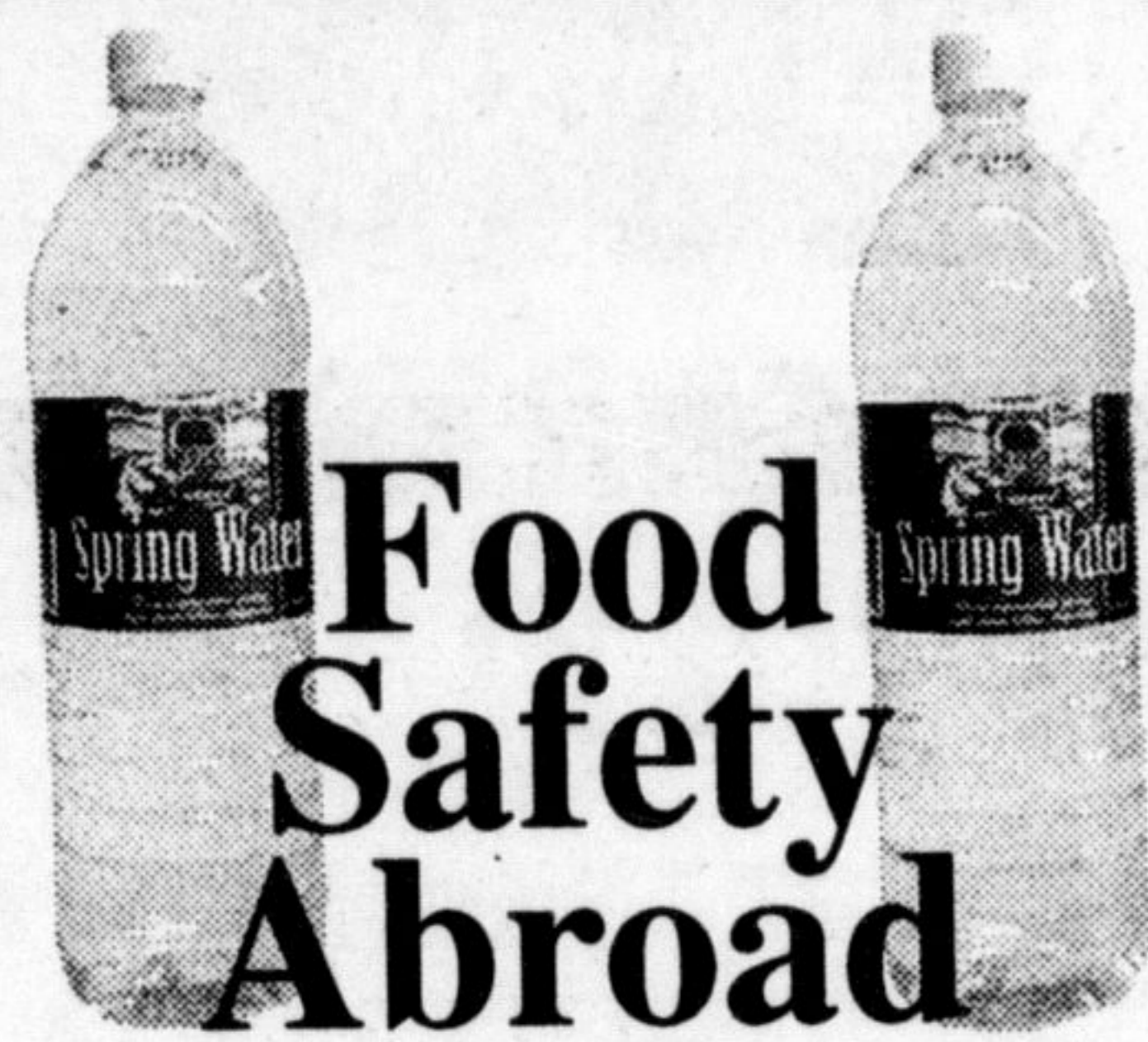


For
goodness
sake . . .



A good health
tip from
Milton District
Hospital



**Food
Safety
Abroad**

When vacationing in a country where chlorinated water is not available, drink canned/bottled carbonated beverages and water. Do not eat uncooked meat, fish, shellfish or prawns. Fresh vegetables must be cooked and eaten piping hot. Raw fruits must be peeled after washing with "safe" or purified water. Always make coffee and tea from bottled water and use bottled water to brush your teeth. Eat only pasteurized milk products.

"For goodness sake"
is brought to you courtesy of



Halton Healthcare
S.E.R.V.I.C.E.S

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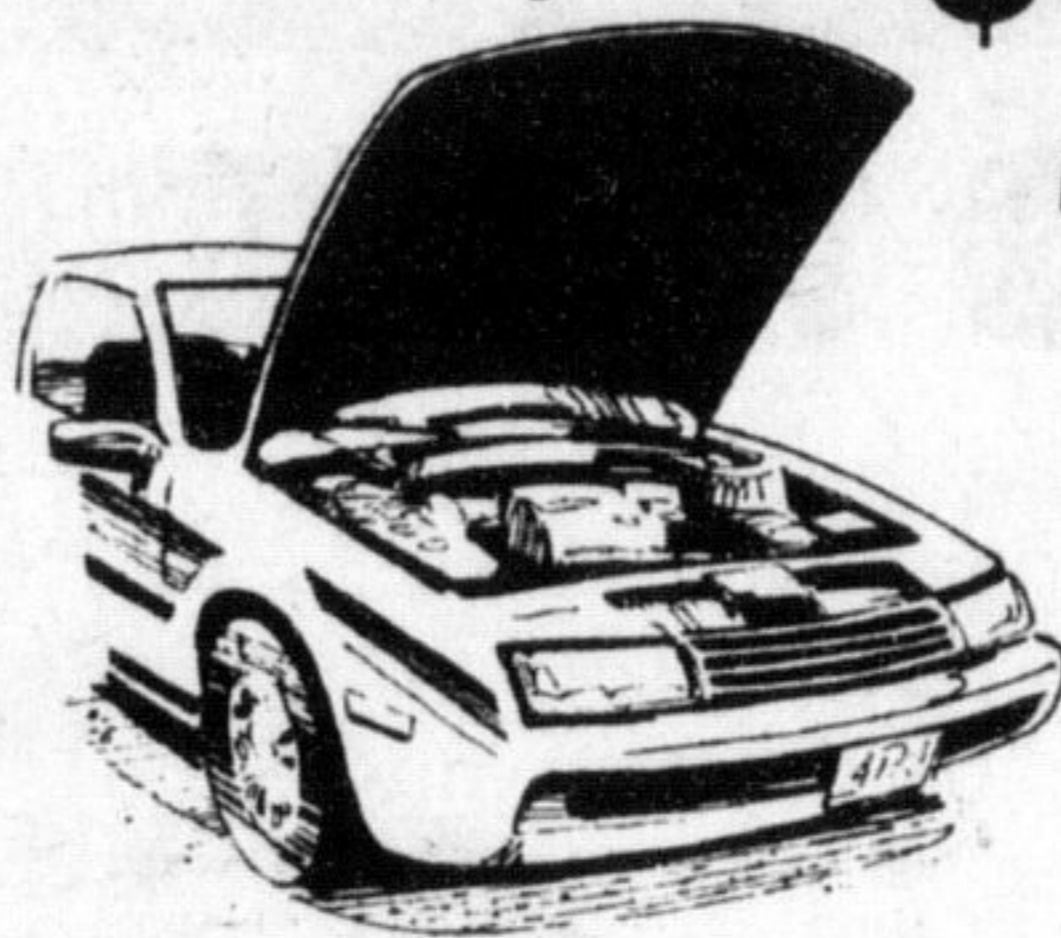
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Photo by GRAHAM PAINE

Terra Nurseries manager Bob McCannell (left) and owner Jim Peppone read over their plans for a new garden super centre at Trafalgar and Britannia Roads.

Terra set to open new garden centre

By IRENE GENTLE
The Champion

Spring is in the air. And this year, the change of season will herald the opening of Terra Nurseries, a spectacular garden centre with about 70,000 square feet of greenhouse space and the same amount of outdoor arbour displays.

"This is huge. This is a world-class facility," said Terra manager Bob McCannell. "I think when the customers come, they'll return many times."

Currently, the site is about 75 per cent through its construction phase and knee-deep in mud from the late-winter thaw.

But in about two weeks, a vast gardening super centre will be in full bloom at the intersection of Britannia and Trafalgar Roads.

As the town teeters on the verge of a population boom and the popularity of gardening continues to skyrocket, the time is right for a Milton centre, said Terra owner Jim Peppone.

The Milton centre is the third nursery built by the Peppone family, which consists of a wife and four sons, all partners in the business. Other Terra centres can be found in Waterdown and Burlington.

But the Milton location has a lock on the latest and best designs for a top-of-the-line site offering everything from spring flowers and hanging baskets to Christmas trees.

And it has been planned down to the finest detail. "This is about the 12th garden centre in 40 years that we've

• see TERRA on page 11



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Healthy Eating Fair 2000**

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10:00 a.m. - 2:00 p.m.

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- Lynn Roblin, co-author of "GREAT FOOD FAST!" at 1:00 p.m.
- Lois Ferguson author of "Eating for Energy and Ecstasy" at Noon
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