

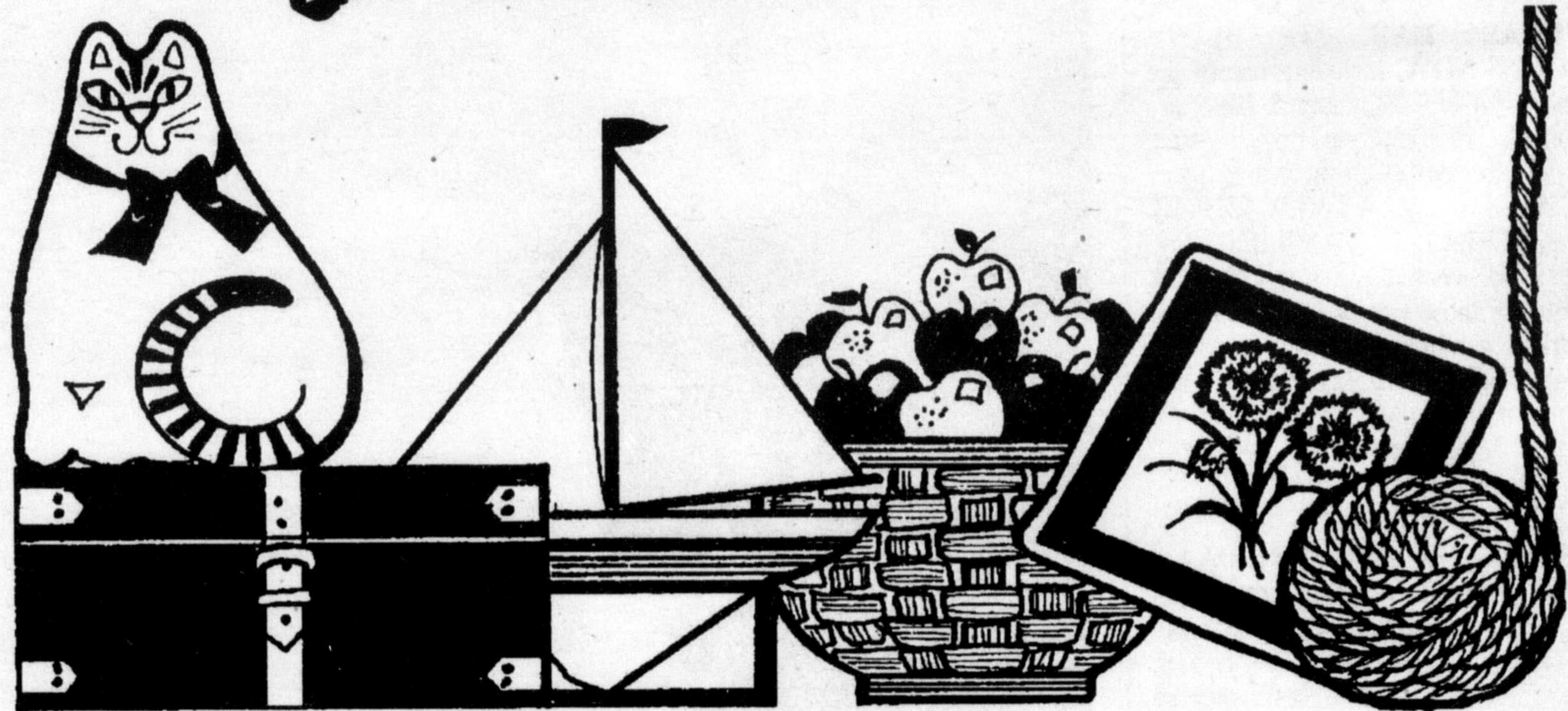
February is Hobby Month

Milton Jiu-Jitsu

Milton Jiu-Jitsu was started 26 years ago by Bob Krastz, in partnership with the Milton Parks and Recreation Department, at Milton High School. Milton Jiu-Jitsu moved to its present site at 310 Main Street 23 years ago.

It is still operated by Bob Krastz, a 6th degree Black Belt in Jiu-Jitsu, and his daughter Darlene, who is a 4 time female world Jiu-Jitsu champion and a 4th degree Black Belt. Bob, Darlene and Bob's wife Donna, (who handles the business end of the club), operate the club as a friendly family place, and they try to make everyone feel as though they are part of their family.

Jiu-Jitsu is the martial art that spawned other martial arts. Jiu-Jitsu has punching, kicking and blocking techniques, as well as throwing and grappling techniques. It teaches the joint locking techniques of Aikido. Bob Krastz, who was one of the pioneers of Sport Jiu-Jitsu, has coached the Canadian team for many years, and now has some of the Canadian Champions teaching Sport Jiu-Jitsu at the club.



Beer Cans at Hogshead

Hogshead Brew offers a beer canning machine. This allows our customers to can their beer instead of putting it in plastic bottles. For those customers still wishing to use their own bottles this option is still available.

Being able to can your beer means no more bottles to bring in and sanitize each time, you just recycle the cans in your blue box. Canning takes 20-30 min. per batch; a batch is just over 6 cases of 355 ml cans (52L.) and costs approx. \$17.00 per case. There are small batches also available; these are 2 3/4 cases of cans (23L.). The cans also allow the beer to stay fresher longer than the plastic bottles previously allowed. The cans can be put into 6-pack rings for easy carrying and storing or they can be left individual in cases.

Customers can also use the canning machine for their coolers. Hogshead has over 170 beer recipes to choose from; they range from lite beers to stout style beers. Whether cans or bottles; beer, wine or coolers, let Hogshead look after your beverage making needs.

Model railroads are flexible

Model railroading is probably the world's most flexible hobby. With equipment available in many scales, everyone can find room for a model train layout; be it tiny Z scale in a brief case up to large G scale in the garden.

There are products available to suit every budget, every level of personal mobility and degree of modeling experience.

A model railroad can be as simple as a train going around an oval of track or a perfectly detailed recreation of a snapshot in time of the real thing.

As a peaceful solitary pastime or an activity for the whole family to enjoy together, model railroading uses modeling and crafting techniques common to many hobbies.

So, if you love trains and want a hobby that suits your own needs and resources, come see us at Hemlock Junction and we'll put you on the right track.

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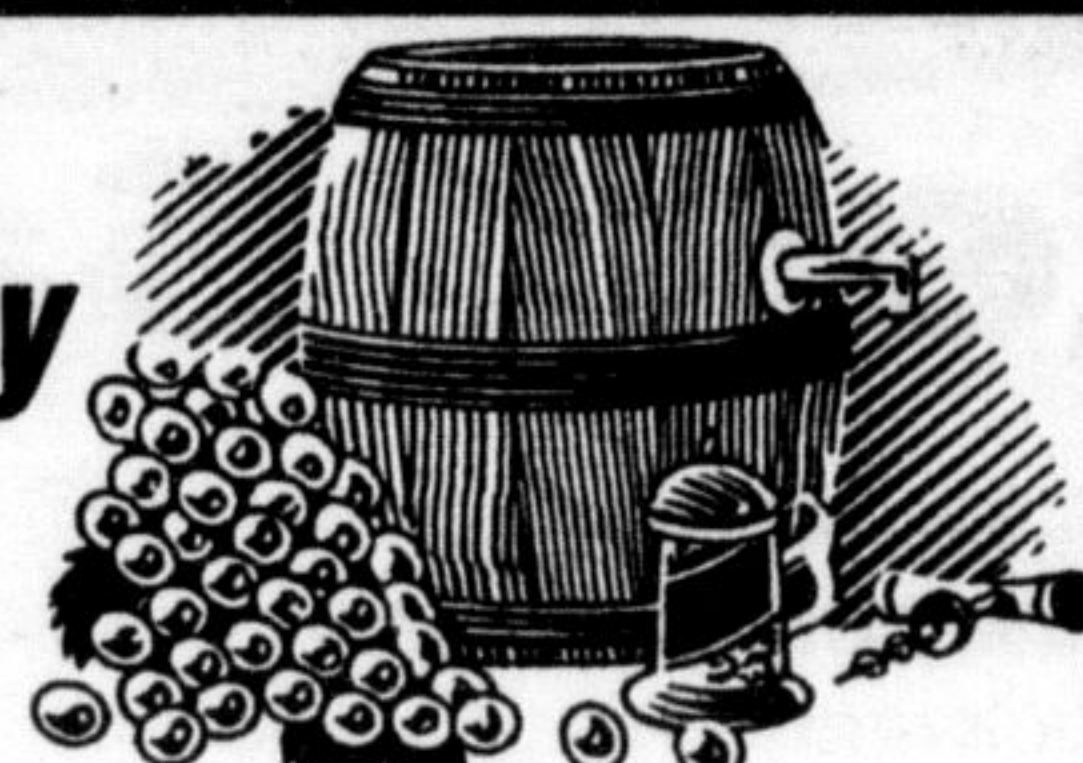
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