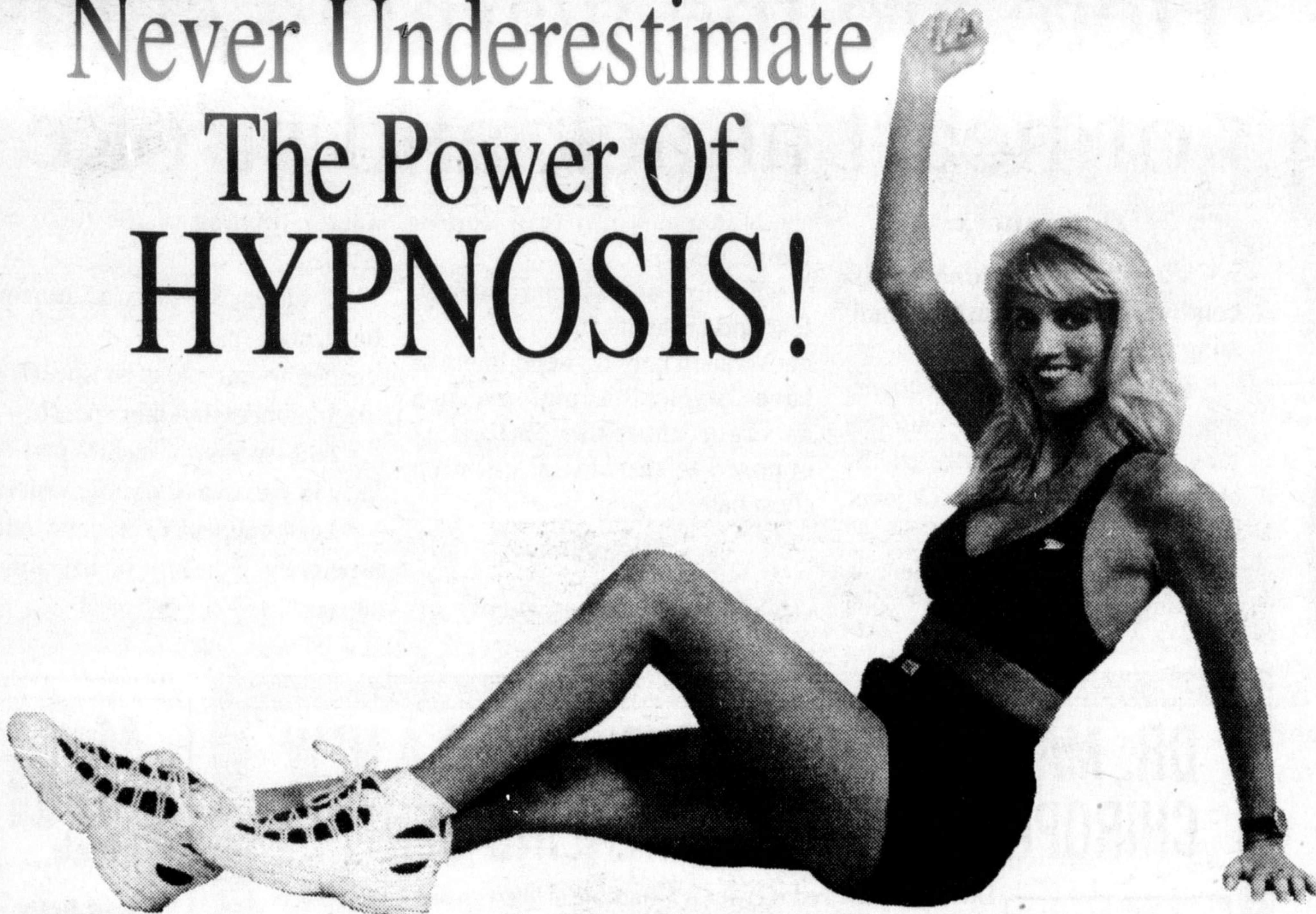


Never Underestimate The Power Of HYPNOSIS!



**Just how powerful is hypnosis?
Read what these folks have to say. Then you be the judge...**

CALL NOW 337-3700

Success Times Two!



"I lost 23 pounds and kicked my smoking habit. I quit smoking after the first session. Done! It was easy.

The weight loss was easy too. No stress. No fuss. I still have treats. Not because I feel bad. Just for a treat! Someone recently said, "You have terrific legs." I didn't get that before. My husband's lost weight too.

I read in the newspaper about folks who got success with hypnosis. I was a wreck at the time. I had every diet book on my shelf. Nothing worked. I was taking aspirin every day. I was drinking too much. All this stopped. **PMS symptoms vanished.** I say to myself, this is what life's supposed to be!

I was unsure about hypnosis. I didn't want a hypnotist to take control of me. During the sessions I got control back. What I got from hypnosis was worth ten times what I paid!

I met a lot of other folks who were losing weight like me. I have recommended hypnosis to several of my friends. I recommend it to anyone."

*Theresa Carter,
Medical Receptionist*

**POSITIVE CHANGES
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"I walked out a non-smoker!"

"I smoked for 32 years. My husband had been badgering me to quit for years. I tried patches, gum, cold turkey. I didn't have the willpower. Hypnosis was my last resort. I was amazed at how easily I quit with



hypnosis. I walked in the door a smoker and out the door an hour later a non-smoker. I had no urge or desire for cigarettes. I realized my entire cigarette addiction was in my head!

Every aspect of my program was upbeat and positive. I look and feel vibrant. I have not had an asthma attack. I handle stress without even thinking about cigarettes. I am extremely satisfied with my results."

*Sandy Green,
Administrative Assistant*

"I Have Control Over Food!"

"I used to be a dieting expert. I could lose my weight and then regain it practically over night. Diets made me feel out of control. With hypnosis I have control over food. What a relief to know I will never have to diet again!"

*Pat Seyller,
Costume Shop Manager*

Food Cravings Extinguished!

"In six short months I lost 37 pounds. Hypnosis made my weight loss effortless.



I was the "big guy" my entire life. I was moody and miserable. I'd open Oreo's and eat half the bag. I tried diets. I couldn't stick with it. I was skeptical of hypnosis. I kept thinking of old movies. I was impressed from the moment I walked in.

After my first session, I noticed that I wasn't hungry. Hypnosis extinguished my food cravings. I lost 5 lbs. the first week. 16 lbs. the first month. I went from squeezing into a size 42 to a trim 38. My doctor encouraged me to continue with my hypnosis program.

It's been fun to watch the success of other folks. It looks like they're melting under their clothes! I think my weight loss is permanent. My new eating habits are easy. I think anyone who has a weight

problem needs to look at hypnosis seriously. I'm confident hypnosis can work for anyone.

*Bob Trader,
Trainer*

Dentist Recommends

"I was dissatisfied with the way I looked and felt. I worried about my health. I had some familiarity with hypnosis and knew it was powerful. The hypnosis ads about weight loss intrigued me. I came for an evaluation. I was hypnotized and lost 26 lbs. in 5 1/2 months. Hypnosis made weight loss remarkably easy. I never felt deprived. Never felt hungry. It happened automatically.

I was notorious for gaining weight on vacation. Since joining I have spent four weeks traveling. I continued to lose weight. I think hypnosis is a tremendously powerful way to change habits without feeling that something is imposed on you. I strongly recommend hypnosis to anyone who wants to lose weight, lower stress, or change a habit, like smoking. Take it from me, hypnosis gives you control over your behaviors."

*Madison R. Price,
Doctor of Dentistry*

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Quitting Smoking "Easy as Pie!"

"I was smoking over 2 packs a day for 23 years. I tried everything to quit. I couldn't handle the mental cravings. So I'd start back to smoking.



Quitting smoking was a piece of cake after I got hypnotized. I don't want cigarettes. It doesn't bother me to be around smokers. Thanks to hypnosis my children won't be brought up around smokers.

Quitting smoking with hypnosis was easy as pie. I recommend hypnosis to anyone who wants to quit smoking without withdrawal. With hypnosis you sit back, relax, and let it happen."

*Chuck Davis,
Maintenance Superintendent*

"I lost 10 inches around my waist!"

"I began looking for help when I reached 198 lbs. I tried everything to lose weight, including Phen-Fen. Nothing worked. My size was devastating to me. Everyone had some crazy diet for me to try. They all failed. The day I went to my evaluation I cried in the office. I was ashamed of how I looked. With hypnosis I lost 30 lbs. in 6 months. The rewards are tremendous. I lost 10 inches around my waist. I have more energy. I sleep better. Anyone battling weight knows how heavy those pounds weigh on the inside. Thanks to the caring hypnosis staff I am a new person."

*Maxine Barnett,
Waitress*

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Hypnosis Takes Place of Willpower



"When I went to navy boot camp I started smoking a pipe. It lasted 3 years. I met a ship-builder who smoked pipe tobacco cigars. That's when I started cigars. Most folks smoke 4 or 5 a day. I was smoking 4 or 5 packs a day!

I tried the patches. The gum tasted awful. I tried subliminal messages. I heard about hypnosis on the radio. Hypnosis did the trick. I have been a non-smoker more than 6 months. Hypnosis took the place of willpower. I've saved more than \$2500 since I quit smoking. That makes it well worth it! I am constantly telling other folks to give hypnosis a try. I say go for it!"

*Steve McVey,
Ironworker*

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Two-Year Success!

"Thanks to hypnosis I have been a non-smoker for two years! I stopped instantly. It was the easiest thing I've ever done.

I had smoked all my life up to 11/2 packs a day. My attempts to quit were a joke at work. With hypnosis I lost all desire for cigarettes. The struggle was over. I can breathe. My teeth are white. Stains are gone from my fingers. I smell good! I know I will never go back.

I work in the emergency room. Every day I see people who are dying of cancer or have no voice box from smoking. I recommend hypnosis to anyone who asks me about quitting. The easiest way to go is hypnosis!"

*Susan Cooper,
X-Ray Technician*

"No Regrets!"

"Several member of my church congregation found success with hypnosis. Although I had preconceived ideas about hypnosis, I decided to attend an initial evaluation. I have not regretted my decision! Clothes that were too tight now fit. Thanks to hypnosis I have reached a level of self-confidence I never thought attainable."

*Barbara H. Moore,
Reading Specialist*

"Real Power!"

"I started chewing tobacco at 16. I was chewing up to 3 packs a day. It was my crutch. With hypnosis I haven't chewed in more than 3 months. At first I thought hypnosis was a bunch of hocus-pocus. After being hypnotized I realized there was something to it. Hypnosis brings out the real power to make quitting easy. My life's better thanks to hypnosis."

*Eugene Epperly,
Marine superintendent*

**WHY SUFFER NEEDLESSLY
WHEN LOSING WEIGHT AND
STOPPING SMOKING CAN BE
THIS EASY?**

Don't deny yourself the thin body, good health and self-confidence that the power of hypnosis can give you. Winning is beginning. Call 337-3700 to schedule your FREE HYPNOSIS SCREENING. It's fun and informative. There's no obligation and we never pressure anyone.

At **Positive Changes** we let our results speak for themselves. And our exclusive double guarantee is the best in the business..

NO-RISK GUARANTEE

If at your first program session you do not feel you attained hypnosis we will refund 100% of your money before you leave the building. No questions asked. You risk nothing.

***WE-STAY-WITH-IT
GUARANTEE***

We evaluate your needs, then determine a fee. Once the fee is paid there are no additional charges, regardless of how many sessions you may need to attain your results. We stay with it until you are happy.

Don't waste one more minute being overweight or destroying your health with nicotine. Your happiness is too important. Call us at 337-3700. It won't cost you one penny to find out more.

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IMPORTANT: Our programs will be tailored to meet your individual needs. Therefore, we cannot make fee assessments over the telephone.

