

From The Tropics
Golden
Extra Large
Sweet
Juicy
Pineapples **4⁹⁹** ea.

Product of USA, Indian River
JUMBO RED
GRAPEFRUITS
3/1⁹⁹

Product of USA
Sweet
Anise **1⁴⁹** ea.
 Product of USA
Sweet
Red
Bartlett
Pears ... **99¢** lb.

Product of USA
FRESH BUNCH
CARROTS
99¢ bunch

Product of USA
Large
Sweet
Honeydew **1⁹⁹** ea.
Melons
 Product of USA
Red or
White
Onions . **79¢** lb.

WNIZ
 McCains, Asst. Varieties,
 355 ml
Frozen Fruit
Punches ... **69¢**
 McCain,
 Assorted Cuts, 1 Kg
French
Fries **1⁶⁹**

OUR VERY OWN
BATHROOM TISSUE
 2 PLY
 WHITE **1⁷⁷**
 8 roll

Gold Seal
CHUNK LIGHT TUNA
 IN WATER **99¢** 170 g

Assorted Flavours
 110-128 g
Fruit
Roll-Ups **1⁹⁹**
 Pop Secret, Reg or Light,
 Assorted Varieties
 300/255 g
Microwave **1⁵⁹**
Pop Corn ...
 Fancy Feast,
 Assorted Flavours, 85g
Canned **2/89¢**
Cat Food

WESTON
 100% WHOLE WHEAT FLOUR
WONDER BREAD
99¢ 675 G

OUR VERY OWN,
 1 Litre
Antibacterial **1⁷⁹**
Dish Soap ..
 Betty Crocker,
 440/496 g
 Assorted Varieties,
Brownie or **1⁹⁹**
Cookie Mix .
 Humpty Dumpty
 Assorted Flavours, 170 g
Potato **99¢**
Chips

Shank . . . **1⁹⁹** lb.
 J.M. Schnieders
Olde Fashioned
Smoked
Half
Hams **4²⁹** lb.

Ontario Select Grade of Pork
Peameal Style
Bacon
 Centre Cut by the piece
2⁹⁹ lb. **3⁴⁹** lb.

Cut from Canada Triple A Beef
Boneless
Top Sirloin Steak
 (Cap Removed)
3⁹⁹ lb.

Fresh
Pork
Hocks . **99¢** lb.
 J.M. Schnieders
 Skinless,
 Dutch Treat,
 Red Hots
 450 g pkg.
Wieners . **2⁴⁹** pkg

FROM THE SEA
Fresh
Atlantic Salmon **\$4⁹⁹** lb.
Steak or Roasts
Fresh
Sole Fillets **\$6⁹⁹** lb.
 ALL FISH SUBJECT TO AVAILABILITY

DELI

National Cheese
Grated Parmegiano Reggiano **2⁸⁵** 100 gr
 National Cheese
Grated Grana Padano . . **2³⁰** 100 gr
 National Cheese
Mild & Medium Gouda . . **1⁸⁹** 100 gr
 Mastro
Capicollo (Sweet or Hot) . . . **1¹⁰** 100 gr

Mastro
Genoa Salami (Sweet or Hot) **1³⁹** 100 gr
 J.M. Schneider, Jumbo, Light, Bag
Summer Sausage **1³⁹** 100 gr
 Cuddy
Classic Herb Turkey Breast **1⁶⁵** 100 gr
In-store Roast Beef **1⁵⁹** 100 gr
 Bittner
Honey Maple Ham **1¹⁰** 100 gr

BAKERY
Butter Croissant **4/99¢**
Old Fashioned Bread **1⁴⁹**
Strawberry Cheese Danish 4 pck **1⁹⁹**