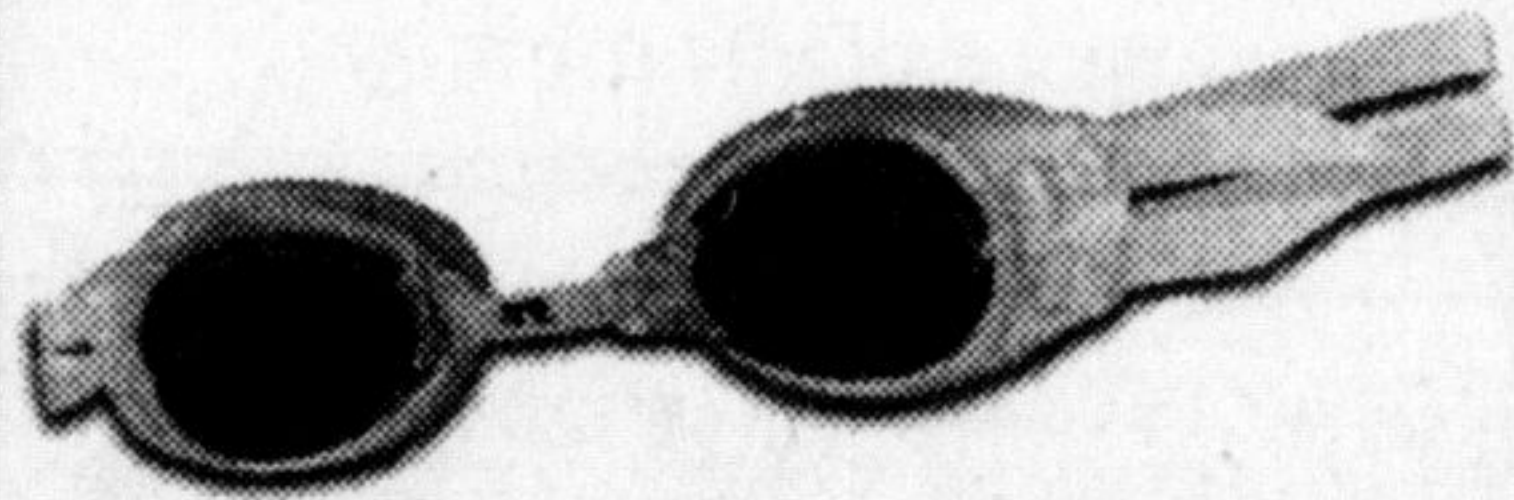


For  
goodness  
sake . . .



A good health  
tip from  
Milton District  
Hospital



## Lookout!

Ice hockey and racquet sports account for the majority of all eye injuries. But a war game can be just as tragic if the gelatin pellet fired from one of the play guns hits a player in the eye. While all sports carry a risk of serious eye injury or blindness, with proper protection, virtually all sports related eye injuries are preventable. Make eye safety a priority. Please use recommended protective eye equipment such as safety glasses, goggles, helmets and face masks for your sport - whatever your game.

"For goodness sake"  
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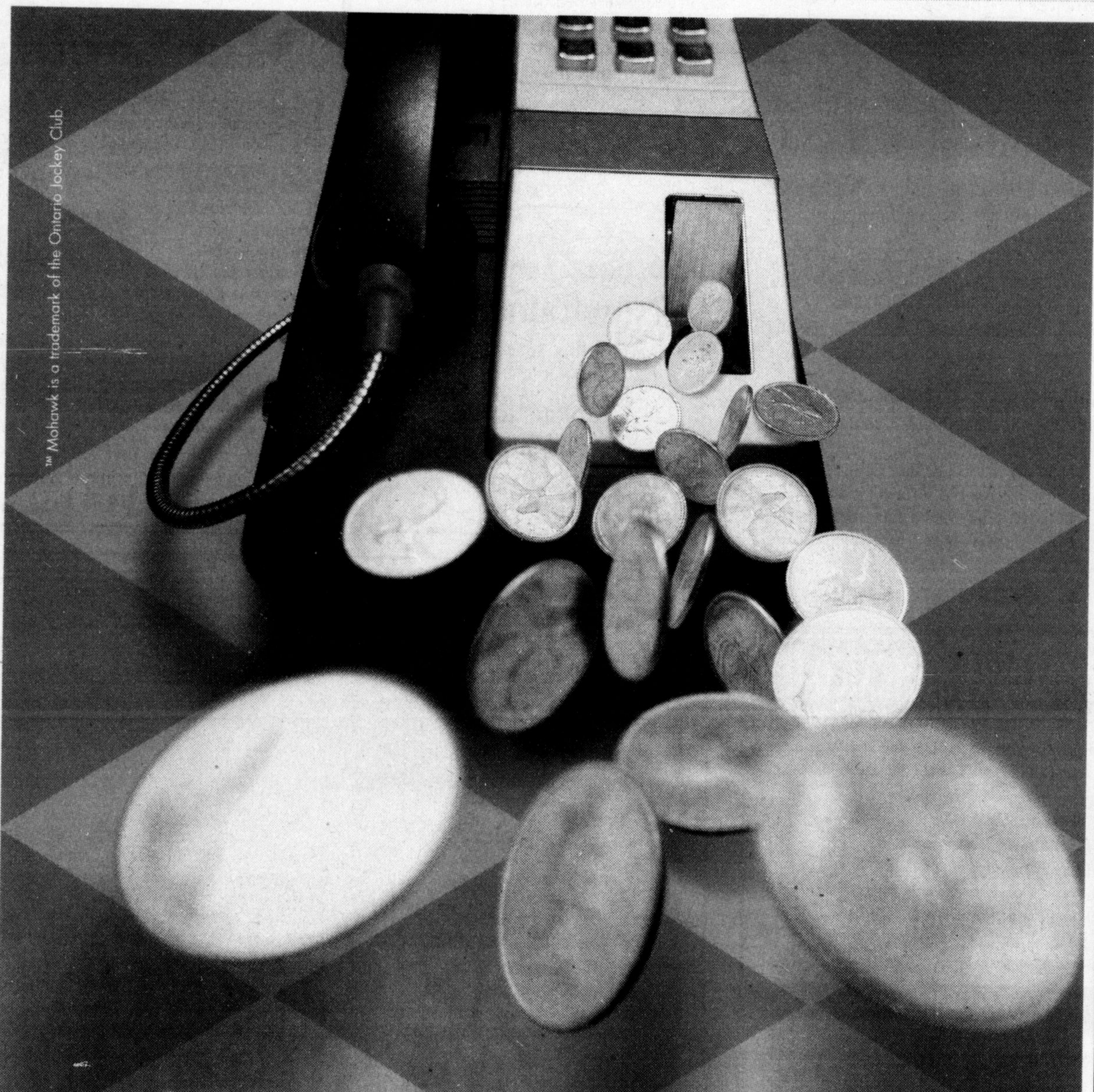
**The Canadian Champion**



## School's milking milestone

Martin Street School students (from left) Amy Wilson, Kris Auger, Kim Auger and Kelsey Auger display an award they recently received for their 10-year participation in the school milk program. The honour came from the Halton Dairy Producers and the Town of Milton.

Photo by GRAHAM PAINE



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