

How hypnosis helped me say... "So Long Size 16... Hello Size 8"



Marnie before 51 Lb. weight loss with Hypnosis

My name is Marnie Fertal. I'm a full-time student. I lost 51 pounds in six short months. I kept my weight off for over 3 1/2 years. The story you are about to read is true and factual. It happened to me.

By Marnie Fertal

I lost 51 pounds without dieting. It was easy. My dress size plunged from a size 16 to a petite size 8 and it was effortless. If someone had told me this was possible five years ago, I wouldn't have believed them.

Out of Control

I was overweight my entire life. In my house junk food was everywhere. The shelves were lined with cookies, chips and snack cakes. I told myself the weight was in my genes. Look at the rest of my family. They're fat too.

One day I realized I was out of control. I wanted to lose weight but couldn't. I felt helpless. I craved. I binged. I got depressed. The more I tried to diet the more I thought about food.

I wanted to be a model. Even took modeling classes. Learned the postures. How to walk and talk. My body betrayed me. I was miserable about my weight. It broke my heart to be around those skinny girls. I felt like an outcast. I found

excuses to miss class. I dropped out.

I was on an endless dieting roller coaster. One stupid diet after another. Take a little off. Put more back on. I starved on shakes. Gained weight with diet pills. Pain, suffering, misery. I went out less and less. I sat home, lonely and afraid. I looked at my family and saw no end in sight. Being overweight hurt.

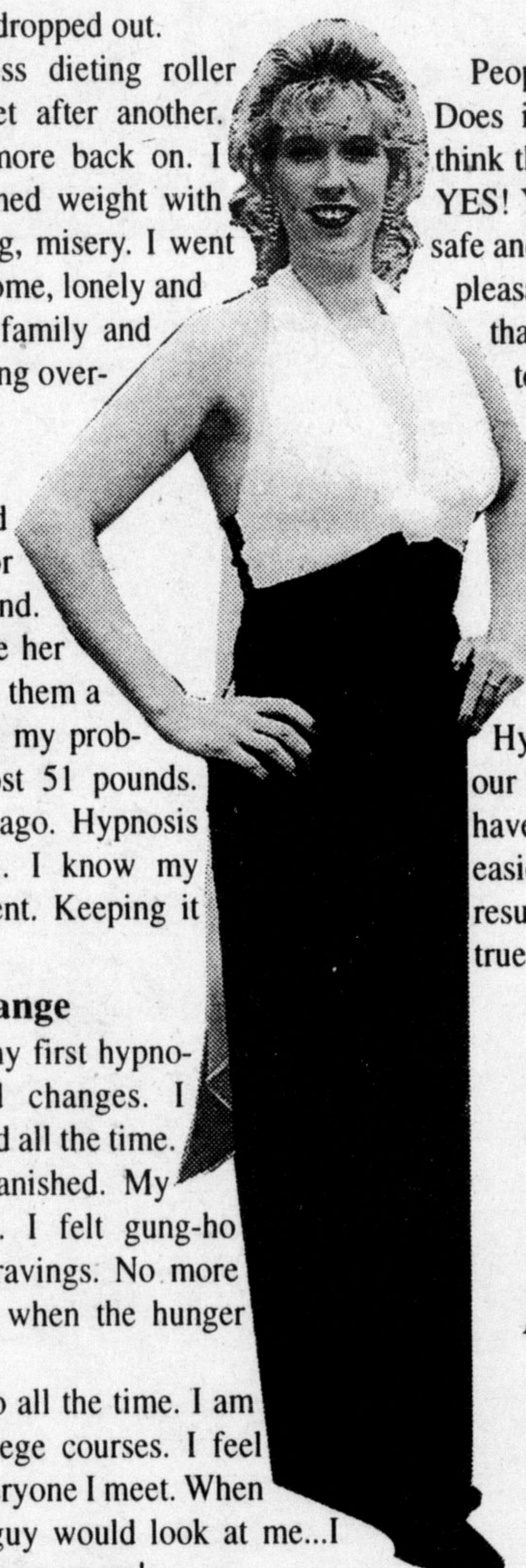
Stop the Pain

My mother heard about hypnosis for weight loss from a friend. She said hypnosis made her weight loss easy. I gave them a call, went in, discussed my problem, signed up and lost 51 pounds. That was 3 1/2 years ago. Hypnosis gave me back control. I know my weight loss is permanent. Keeping it off is effortless.

Instant Change

Immediately after my first hypnosis session I noticed changes. I stopped thinking of food all the time. My cravings totally vanished. My self-confidence soared. I felt gung-ho about life. No more cravings. No more binges. I was amazed when the hunger pangs vanished.

Now I am on the go all the time. I am getting A's in my college courses. I feel comfortable around everyone I meet. When I was overweight no guy would look at me...I don't have that problem anymore!



What a Discovery

People ask me what hypnosis is like. Does it work? Many folks tell me they think they can't be hypnotized. I tell them, YES! You can be hypnotized. Hypnosis is safe and natural. Like being awake during a pleasant dream. I joke with my brother that hypnosis is the lazy person's way to weight loss. It's relaxing and fun.

Yes, Yes, Yes, it works. I'm living proof that hypnosis gets real and genuine weight loss results.

The Miracle

Don't think I'm an isolated case either. My Dad lost 33 pounds. My brother lost 65 pounds. Hypnosis was 100% responsible for our weight loss success. So there you have it. Three people, 149 pounds. It was easier than we thought possible. Our results with hypnosis are a dream come true.

"When I was overweight no guy would look at me. I don't have that problem anymore!"

Marnie Fertal after losing 51 lbs. with hypnosis

Dreams Came True

Hypnosis made my weight loss success possible. They gave me confidence, better health and a slim, attractive body. They helped my dad and brother too. That's why I believe hypnosis is the easiest way to lose weight and keep it off. It cost much less than expensive diet programs and I didn't have to fuss with weighing, measuring or counting. What a relief to know I will never have to diet again.

Free Screening

I recommend hypnosis without reservation. It worked for me and I'm convinced it can work for anyone who wants lasting weight loss. You can find out how hypnosis can benefit you and it won't cost one red cent. Pick up the phone and call right now. Schedule your free hypnotic screening. It's fun and informative. Takes about twenty minutes.

From the first phone call I felt reassured. Everyone was friendly and helpful. There is no pressure to buy anything. If the hypnotic evaluator doesn't feel their program will benefit you, she will tell you so.

Call Now Without Risk

I believe in hypnosis because it gave me my life back. That's why I'm sharing my story with you. Do what I did. Call and schedule your free hypnosis screening. What have you got to lose, but a lot of weight! Call now. You can tell them Marnie sent you.

15 MORE REASONS TO CALL FOR YOUR FREE HYPNOSIS SCREENING...

Father & Daughter Recommend

"I've been in the hypnosis program for 4 1/2 weeks. I have already lost 12 lbs. It's effortless. My daughter is also in the program. We both recommend hypnosis to anyone!"

Frank Rachubka, Retired Air Force

Tremendous Difference

"I finally understand why 'diets' are not the permanent way to weight loss. Hypnosis has made a tremendous difference in my life. I have recommended it to numerous friends."

Donna K. Kincaid Realtor

"I've taken off over 55 Lbs."

"I've tried many ways to lose weight. I always felt hungry and would soon give up. Since being hypnotized I've lost over 55 Lbs. I eat less and am fully satisfied. I went from a

size 46 waist to a 38. My blood pressure is now normal. I am thrilled to be at my goal weight of 180 Lbs.

Raymond P. Marion Retired

"14 pounds in 17 days"

"I lost 14 pounds in 17 days with hypnosis. I dropped 38 pounds to date. I never feel deprived. With hypnosis my cravings for bread and sugar vanished."

Tera Jo Haynie Import Coordinator

Do it! Do it!

"I have gotten a whole lot of benefit from hypnosis. I'm losing weight effortlessly. I no longer have cravings and I feel satisfied. To anyone reading this, I say, Do it! Do it! They helped me. I'm sure, they can help you."

Elaine Jennings Bakery Packer

Brighter Future

"Hypnosis has enabled me to stop smoking while reducing stress in my life. Skeptical at first, the fact remains that hypnosis has been effective and complete."

John R. Miles Corp. President

"No more Yo-Yo"

"I lost 32 lbs. in 2 1/2 months. I had tried every diet known to man. I was on the yo-yo syndrome for years. With hypnosis it is a positive change. The only word I would add is permanent. For the first time in my life I can honestly say I have made life-long changes. It is easy and natural."

Jodelle Munroe Homemaker/Waitress

Smoking Urge Vanished Instantly

"I was a heavy smoker for 36 years. After my first hypnosis session, I have yet to light up or even think of smoking. I have no urge to smoke. The staff was completely attentive to my needs. I highly recommend this program."

Anthony Maben, Sr. Merchant Seaman

Skeptical to Believer!

"I was skeptical at first. I had tried to lose weight before. Nothing worked. With hypnosis I lost 45 pounds. Hypnosis made weight loss fun. If you are a skeptic like me, be open minded. Your free screening will speak for itself. For life-long weight loss success, choose hypnosis."

Glenda Seawel Retail Banking

"Saved My Life"

"It may sound a bit dramatic to say that hypnosis saved my life, but this is what I believe. After smoking for 25 years, I can now say I am a true non-smoker. Thank you for giving me my life back."

Linda Mandeville Administrative Assistant

"Do it now!"

"Hypnosis forever ended my panic feelings and my smoking habit. I stopped thinking about cigarettes. I feel sorry for people who are still smoking. Especially knowing it's this easy to quit. I recommend hypnosis to everyone. I say do it now!"

Judy P. Darling Retired

Double Whammy!

"I stopped smoking and lost 47 lbs. in two months. I am very pleased and recommend hypnosis to everyone."

Bennie Woods Aviation Maint.

Expectations Met

"I heard the ad about hypnosis on the radio and said some day I'll try it. That day came and all my expectations were fulfilled. I am a non-smoker. Thanks again!"

H.W. "Bee" Laidlaw USN Retired

"Hypnosis is the Key"

"I have never eaten so well or enjoyed it so much. I have lost 43 lbs. and know I will reach my ideal weight in the coming year. Hypnosis is the key to a life long healthy lifestyle."

Kathleen Guthrie Homemaker

Health Benefits Galore

"I'm very pleased. I used to be borderline with my blood pressure. Now it is perfect. I have better health than I have in years. I lost 44 lbs."

Barbara Mann Dir. Community Involvement Food Bank SEVA

Stopped a 52-Year Habit

"When I left I was a non-smoker...Oh, I almost forgot, I also lost 12 lbs.! I strongly recommend hypnosis for ending any bad habit."

Ralph Blyth Self-employed

Energy Galore

"I have so much more energy. It is a great feeling to know that I can take so much control over my life. I have lost over 20 lbs.!"

Cindy Bright Homemaker

At (Your Practice) Hypnosis you will enjoy the best hypnosis service available at the lowest possible cost. And our exclusive no-hassle double guarantee assures your satisfaction!

Here's How...

Private Sessions All hypnotists are Board certified

Initial Hypnotic Screening is FREE of charge

Professional Facilities

No Hotel Rooms

"35 Lbs. Melt Away"

"Hypnosis made my weight loss simple and easy. It completely changed the way I look at food. I dropped 35 pounds in three months! My dress size dropped from a 16 to a shapely size 10. I feel great.

I couldn't be happier with my hypnosis program. I'm glad I didn't let skepticism stand in the way of my happiness. My program was worth every penny. I suggest hypnosis to everyone.

I am confident that my weight loss is permanent. Hypnosis makes it that easy."

Jiffy Childress, Dental Hygienist



OUR EXCLUSIVE DOUBLE GUARANTEE

NO-RISK GUARANTEE

If you fail to attain hypnosis at your first session we will refund your money in full. No questions asked. Your satisfaction is 100% guaranteed. You risk nothing.

WE-STAY-WITH-IT GUARANTEE

We evaluate your needs, then determine a fee. Once the fee is paid there are absolutely no more charges, regardless of how many sessions you may need to attain your desired results. We stay with it until you are happy.

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(123 Maurice Dr., Oakville)

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Registered Massage Therapist on staff

IMPORTANT: Our programs will be tailored to meet your individual needs. Therefore, we cannot make fee assessments over the telephone.