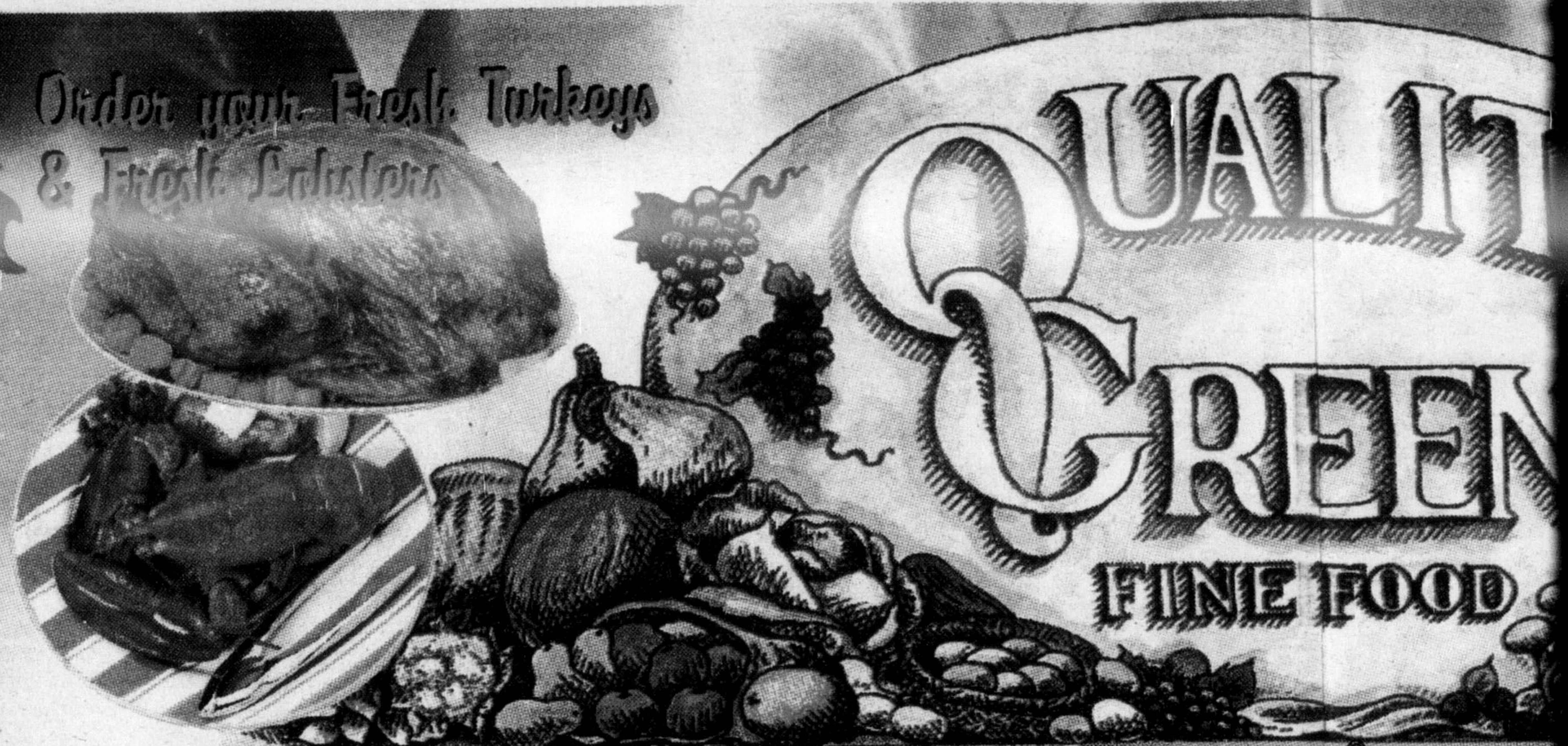


Canada Grade A Chicken

BONELESS CHICKEN BREASTS

3⁴⁹
lb.

Order your Fresh Turkeys & Fresh Substitutes



DECK YOUR HOLIDAYS WITH THESE FAVORITES

Canada Grade A Chicken
Chicken Leg Quarters Back Attached. **79¢** lb.

Cut from Canada Triple A Beef
Boneless Beef Striploin Grilling Steaks **5⁹⁹** lb.

Cut from Canada Triple A Beef
Boneless Blade or Cross Rib Pot Roasts **2⁷⁹** lb.

Cut from Canada Triple A Beef
Boneless Blade or Cross Rib Simmering Steaks **2⁸⁹** lb.

Cut from Ontario Select Pork
Fresh Pork Leg Roast Whole or Half. **1⁶⁹** lb.

Cut from Ontario Select Pork
Fresh Pork Leg Schnitzel Reg or Breaded **3²⁹** lb.

Black Forest Style Boneless Hams Whole or Half **2⁹⁹** lb.

Sweet Pickled
Peameal Style Bacon **3⁹⁹** lb.

Pure Pork
Breakfast Sausage **1⁹⁹** lb.

Ontario Lamb
Fresh Ontario Lamb Leg Roasts **6⁹⁹** lb.

Reg, Fine, Extra Fine, Assorted Varieties

MAXWELL HOUSE OR **NABOB**
COFFEE **2⁵⁰** 300g



HEINZ, FANCY TOMATO JUICE



99¢ 1.36 Litre

Green Giant, Assorted Varieties
Frozen Vegetables 1 Kg **1⁹⁹**

Assorted Varieties
Bugels Snacks 170 g **99¢**

Breakfast Cereal
Kellogg's Bran Flakes .. 475 g **99¢**

Red Rose or Tetley
Tea Bags 72's **2⁹⁹**

Pillsbury
Crescent Dinner Rolls .. 335 g **99¢**

Apple, Apple Crumb, Pumpkin
Mrs Smith's Pies 1.05 Kg **3⁹⁹**

Welch's
Grape Juice 341 ml **99¢**

Assorted Varieties
Stuff N Such Stuffings.. 120 g **99¢**

Assorted Varieties
Franco-American Gravies . 284 ml

Reg or Extra Spicy
Motts Clamato Juice . 1.89 Litre

V-8 Juice..... 1.89 Litre

Reg, Light, Low Fat
Kraft Miracle Whip..... 1 Litre

Assorted Varieties, Reg or Calorie Whipped
Kraft Salad Dressings... 250 ml

Polish with Garlic, No Garlic
Bicks Pickles..... 1 Litre

Reg, Light, Salt Free
Twin pack of 2x227g or single tub 454g
Becel Margarine.....

Peek Freans
Cookies 350-400g

Bakery

Butter Top Bread . **1⁴⁹**

Cinnamon Raisin Rolls 4/**1⁹⁹**

Butter Croissant 8/**1⁹⁹**

NEW!

Fresh Original Super Caramel Crunch or Brownie Chocolate Cheese Cake



17⁹⁹ 8"

Prices in effect from Tues. December 14, Until Monday December 20, 1999
WE RESERVE THE RIGHT TO LIMIT QUANTITIES

MON. - WED. THURS. -