# goodness sake...



A good health Milton District Hospital

# START SIPPING...

Are you drinking the recommended 64 fluid ounces of water a day? Water has extraordinary protective and cleansing effects. Studies have found frequent water consumption can reduce the risk of certain cancers and may prevent the development of kidney stones. So don't wait until you're thirsty to drink up. Plan to drink your water quota daily and start sipping.



"For goodness sake" is brought to you courtesy of



and The Canadian Champion

# Pair preparing for world competition



Photo by GRAHAM PAINE

Dancer Cian Gavin shows off the trophy he won in recent competition.

• from IRISH on page 2

"We usually have three classes a week, and then we practice at home for about an hour a night," she said. "You have to have good timing and lots of stamina and ener-

Participating in Irish dancing has taken Victoria all over the map including Ireland, Vancouver, Chicago and Florida.

In February, 2000, Victoria and Cian will be heading to Ireland for the All-Ireland competition. Then they'll return for the Worlds held Easter weekend. Finally, they'll jet off to San Francisco in July to hoof it in the Nationals.

The trips are paid for by the families, who often get help from the dance school's fundraising team. Sending Milton representatives overseas can even be a community project, thanks to the cashraising efforts of businesses such as the Hops 'N' Malt and Waltzing Weasel, said Ms DeBattista.

And \$3,000 was recently raised thanks to a raffle for four Riverdance tickets, donated by an anonymous well-wisher.

Victoria confessed to doing a doubletake when it was her name the judges announced for the top spot at the Eastern

But confidence could be Cian's middle name. Despite strapping on his first pair of dancing shoes less than two short years ago, the Milton boy placed first in the age nine and under category at the Easterns. Now he is ready to take other competitions by storm.

"I think I have a good chance and I think I am going to win," he said.

And to do that, he really needs to remember one thing. "Feet turned out."

Other local dancers who placed at the Easterns include Fiona Lowe, Patricia Finnigan, Aoife Gavin and Kathryn DeBattista.

## 235 GUELPH STREET 873-1999 WELLETT STEET STATES ST Daily 7:05 & 9:05 p.m. Sat. & Sun. 1:50 & 3:30 p.m. PG POKEMON Daily 6:45 & 8:45 p.m. Sat. & Sun. 2:00 & 3:50 p.m. THE BONE COLLECTOR AA Daily 9:00 p.m. Terror -Torture THE WORLD IS NOT ENOUGH AA : Daily 6:55 & 9:20 p.m. Sat. & Sun. 1:30 & 4:00 p.m.

Expropriations Act, R.S.O. 1990, c. E.26

# NOTICE OF APPLICATION FOR APPROVAL TO EXPROPRIATE LAND

IN THE MATTER OF an application by The Regional Municipality of Halton for approval to expropriate lands described in Schedule "A" hereto, being in the Town of Milton, in the Regional Municipality of Halton for the purpose of widening and reconstructing Trafalgar Road from Highway 407 to south of Britannia Road.

NOTICE IS HEREBY GIVEN that application has been made for approval to expropriate the land described as follows in Schedule "A" hereto:

Any owner of lands in respect of which notice is given who desires an inquiry into whether the taking of such land is fair, sound and reasonably necessary in the achievement of the objectives of the expropriating authority shall so notify the approving authority in writing.

- in the case of a registered owner, served personally or by registered mail within thirty (30) days after the registered owner is served with the notice, or, when the registered owner is served by publication, within thirty (30) days after the first publication of the notice;
- in the case of an owner who is not a registered owner, within thirty (30) days after the first publication of the notice.

The approving authority is:

The Council of the Regional Municipality of Halton, 1151 Bronte Road, Oakville, Ontario L6M 3L1.

The expropriating authority is:

The Regional Municipality of Halton, c/o Joan Eaglesham, Regional Clerk, 1151 Bronte Road, Oakville, Ontario L6M 3L1.

Joan A. Eaglesham Regional Clerk

This notice first published on the 19th day of November, 1999.

For further information, please contact: Don Williams Manager of Realty Services Region of Halton 1151 Bronte Road Oakville, Ontario L6M 3L1

Fax: (905) 825-8838

E-mail: williamsd@region.halton.on.ca

### To phone the Region of Halton from:

Aldershot Georgetown

(905) 639-4540 (905) 878-8113

(519) 853-0501 Burlington, Oakville, Milton (905) 825-6000

#### SCHEDULE "A"

All and singular the lands in the Town of Milton, in the Regional Municipality of Halton, being composed of parts of those lands described as Parts of Plans deposited in the Registry Office for the Land Titles Division of Halton (No. 20), more particularly described as follows:

Part of Lot(s)	Concession(s)	Part(s)	Plan	Pin(s)(LT)
12 and 13	2(NDS)	1-3	20R-12956	24929-0031
				24930-0067
				24930-0068
2	7(NS)	1-3	20R-12957	24932-0032
				24932-0035
4	8(NS)	1 and 2	20R-12958	24931-0124
1	7(NS)	2 and 3	20R-12959	24931-0083
				24931-0115
3	7 and 8(NS)	1-4	20R-12960	24931-0028
				24931-0027
				24931-0026
				24932-0084
1	7(NS)	1	20R-13315	24932-0045



#### ADVERTORIAL BEER CANS

Hogshead Brew offers a beer canning machine. What this allows is a customer to can their beer instead of putting it in plastic bottles. For those customers still wishing to use their own bottles this option is still available. Being able to can your beer means no more bottles to bring in and sanitize each time, you just recycle the cans in your blue box. Canning takes 20-30 min. per batch; a batch is just over 6 cases of 355 ml cans (52L.) and costs approx. \$17.00 per case. There are small batches also available; these are 2 3/4 cases of cans (23L.). The cans also allow the beer to stay fresher longer than the plastic bottles previously allowed. The cans can be put into 6-pack rings for easy carrying and storing or they can be left individual in cases. A customer can also use the canning machine for their coolers. Hogshead has over 170 beer recipes to choose from; they range from lite beers to stout style beers. Whether cans or bottles, beer, wine or coolers let Hogshead look after your beverage making needs.

Please watch for our next column appearing Friday, Dec. 10th.



Darren Goertzen



HOGSHEAD **BREW CLUB** 

100 Nipissing Rd. Unit #11, Milton

878-2646

goertzen@globalserve.net