



Product of USA
BRUSSEL SPROUTS
99¢ lb.

BERTOLLI CLASSICO
OLIVE OIL
99¢ 3 Litre

Cut from Ont. Special Select Pork
RIB & TENDERLOIN ENDS PORK ROAST
 3 LB. AVERAGE
1 99 lb.

Kellogg's
CORN CORN FLAKES
2/5 00 750 g

KRAFT
CHEDDAR CHEESE
 MILD, MED., OLD, MARBLE, MOZZARELLA, REG OR LIGHT
4 99 620 g \$5²⁹ OLD

NABOB COFFEE
 Reg, Fine, Extra Fine Grind
2 99 300 g

Produce

Product of USA Andy-Boy Broccoli 99¢ bunch	Product of USA Cello Spinich 10 oz. pkg 99¢
Product of USA Fresh NEW CROP Walnuts 1 99 lb.	Florida Indikan River (Size 48) NEW CROP Red Grapefruit 5/1 99
Product of Ontario 3 lb. Bag MacIntosh Apples 1 69 bag	Product of P.E.I. Baking Potatoes .. 49¢ lb.
Product of Canada Sweet Royal Gala Apples 99¢ lb.	Sweet Large Navel Oranges (Size 56) .. 99¢ lb.

Bakery

Old Fashioned Bread 1 59
Low Fat Potato Bread 1 59
Cinnamon Raisin Roll 4/1 99

Kellogg's, Breakfast Cereal Honey Crunch 525 g	2 99
Kellogg's, Breakfast Cereal Just Right 475 g	2 99
Assorted Flavours, Reg or Calorie Wise Kraft Salad Dressings . 250 ml	2/2 99
Cottonelle, 2 ply Bathroom Tissue 8 roll	1 99
Kraft, Cream, Chunky, X Creamy Peanut Butter 1 Kg	3 49
Aylmer, Reg, Plum, Diced, Crushed Tomatoes 796 ml	99¢
Minute Maid, Reg, Home Squeezed, Calcium Fresh Orange Juice 1.89 L	2 49
Wonder, White or Brown Texas Toast 675 g	99¢
Dempster's, Assorted Varieties Multi Grain Breads 675 g	1 49
Kraft, Assorted Flavours Pure Jams 500 ml	3 49
Nescafe Instant Coffee 200 g	3 99

Meat

Cut from Ont. Special Select Pork Centre Cut Pork Loin Chops 2 69 lb.	Cut from Ont. Special Select Pork From the leg Fresh Pork Schnitzel 3 49 lb.
Cut from Canada Triple A Beef Cross Rib or Blade Roasts Boneless 2 69 lb.	Cut from Canada Triple A Beef Prime Rib Steaks Cap off 5 49 lb.
Cut from Canada Triple A Beef Sliced Beef Short Ribs 2 49 lb.	King-Krab Brand Leg or Flake Style Imitation Crab 340g 2 99 pkg
Fresh Chicken Legs (No Backs Attached) . 99¢ lb.	Schneiders, Assorted Varieties Bacon 500g 3 49

Deli

Creamy Havarti ... 100g 99¢	Mastro, Sweet, Hot Casalingo Salami 100g 1 29
Canadian, Grated Parmesan .. 100g 1 69	Links Tylober, Beerwurst, Jagwurst, Garlic Bologna, Spiced Ham SAUSAGE . 100g 88¢
Columbo Prosciutto .. 100g 1 79	Rosa's Salad Bar Tortellini Roma 100g 1 10
Links Black Forest Ham 100g 99¢	
Cuddy, Cooked Turkey Breast .. 100g 99¢	

Prices in effect from Tues. November 9, Until Monday November 15, 1999
 WE RESERVE THE RIGHT TO LIMIT QUANTITIES

HOURS:
 MON. - WED. 8:00 A.M. to 8:00 P.M. SAT. 8:00 A.M. to 7:00 P.M.
 THURS. - FRI. 8:00 A.M. to 9:00 P.M. SUN. 10:00 A.M. to 6:00 P.M.