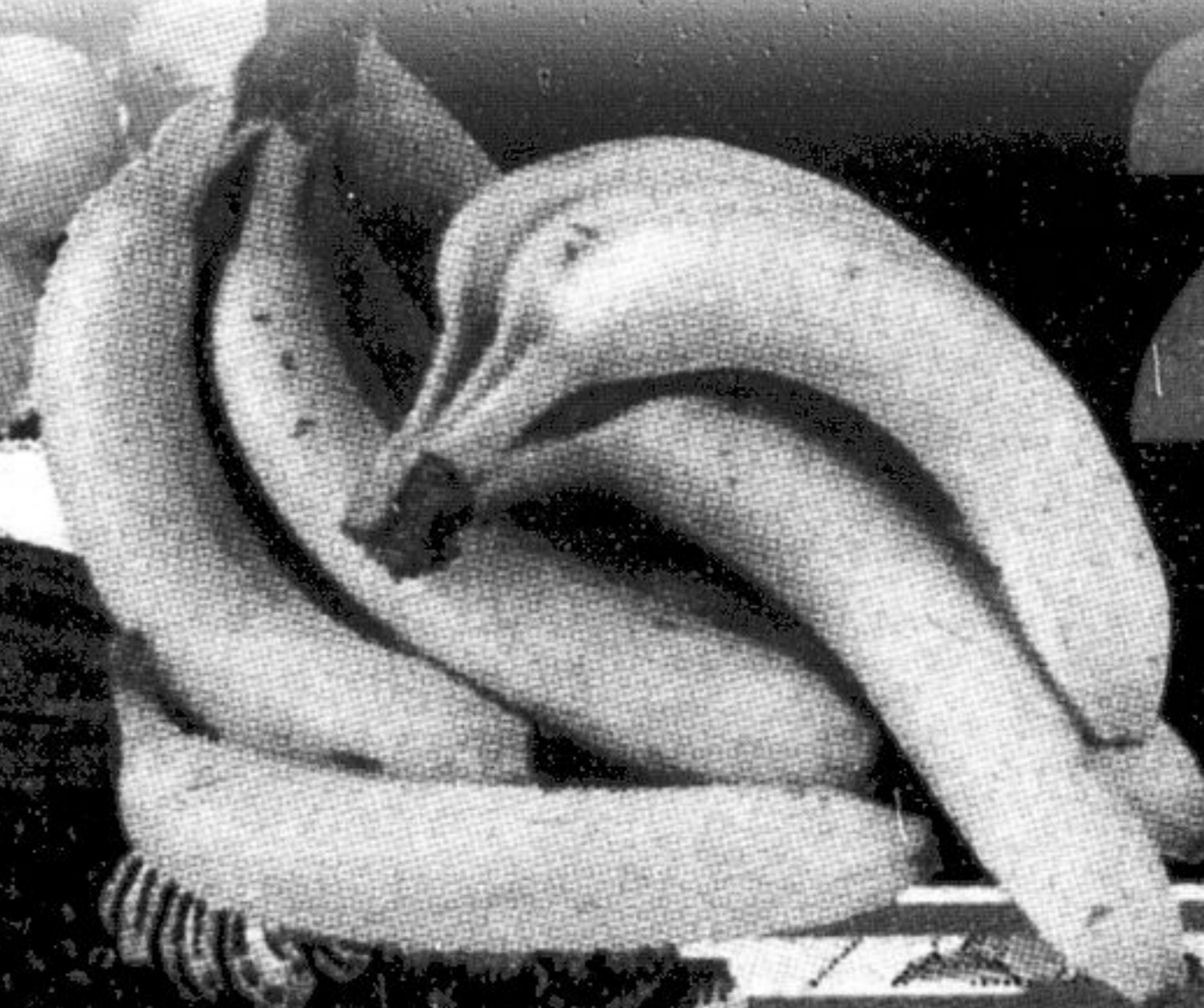


Product of Ontario
CAULIFLOWER
99¢ ea.



QUALITY GREENS
FINE FOOD

Product of The Tropics
BANANAS
29¢ lb.



Product of Ontario
NEW WHITE POTATOES
\$1.49
Super Special 10 lb. bag

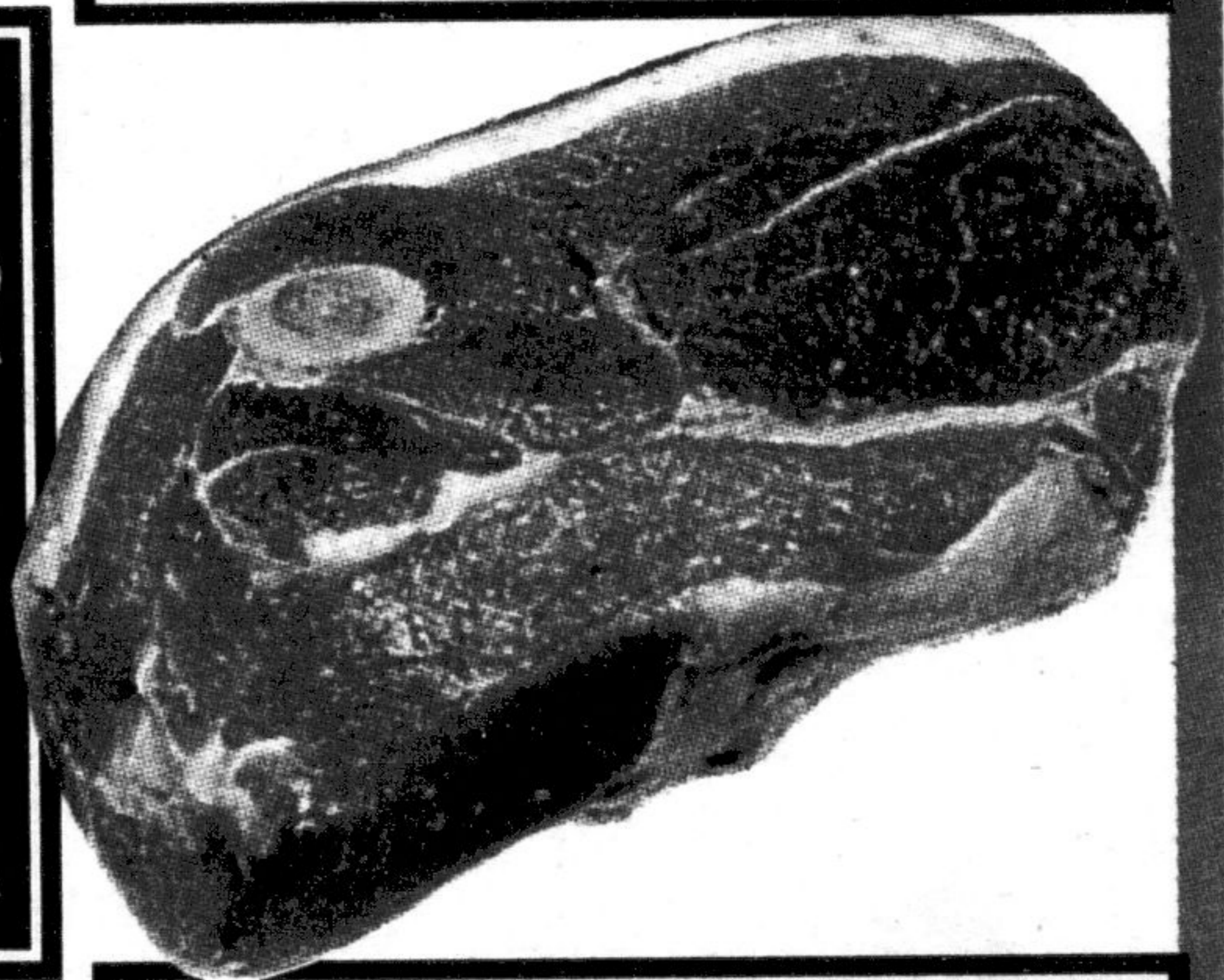


Cut from Can. Triple A Beef
LEAN GROUND BEEF
\$1.99 lb.
Super Special

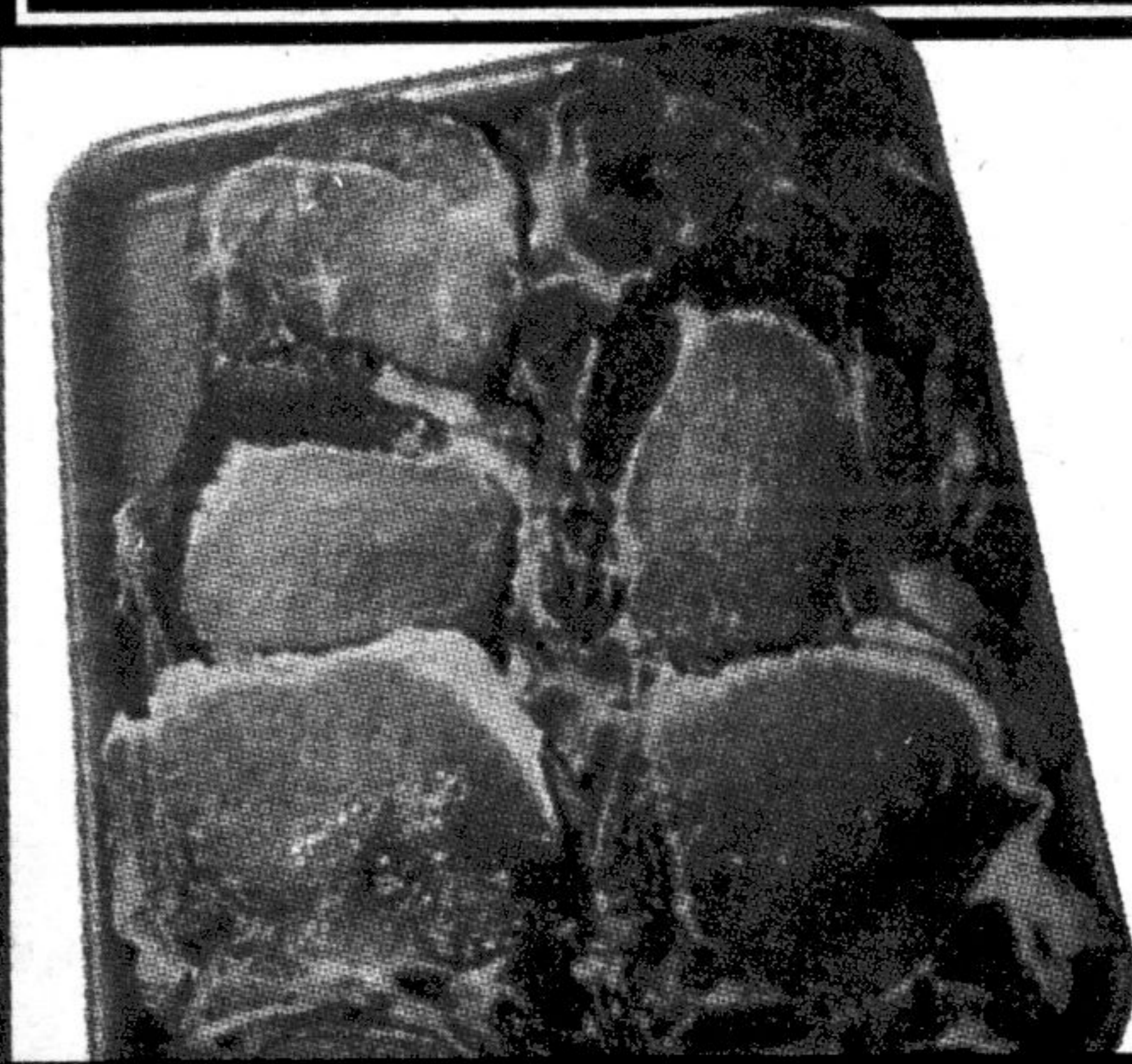
KELLOGG'S RAISIN BRAN, CORN FLAKES, RICE KRISPIES
3/6.00
Super Special 475/525 /350g



Cut from a Special Select grade of Ontario Pork
PICNIC SHOULDER ROASTS
99¢ lb.
Super Special



PRIMO, ASSORTED VARIETIES SPAGHETTI SAUCE 680ml **99¢**
Assorted Cuts PRIMO PASTA
79¢ 900g
Super Special

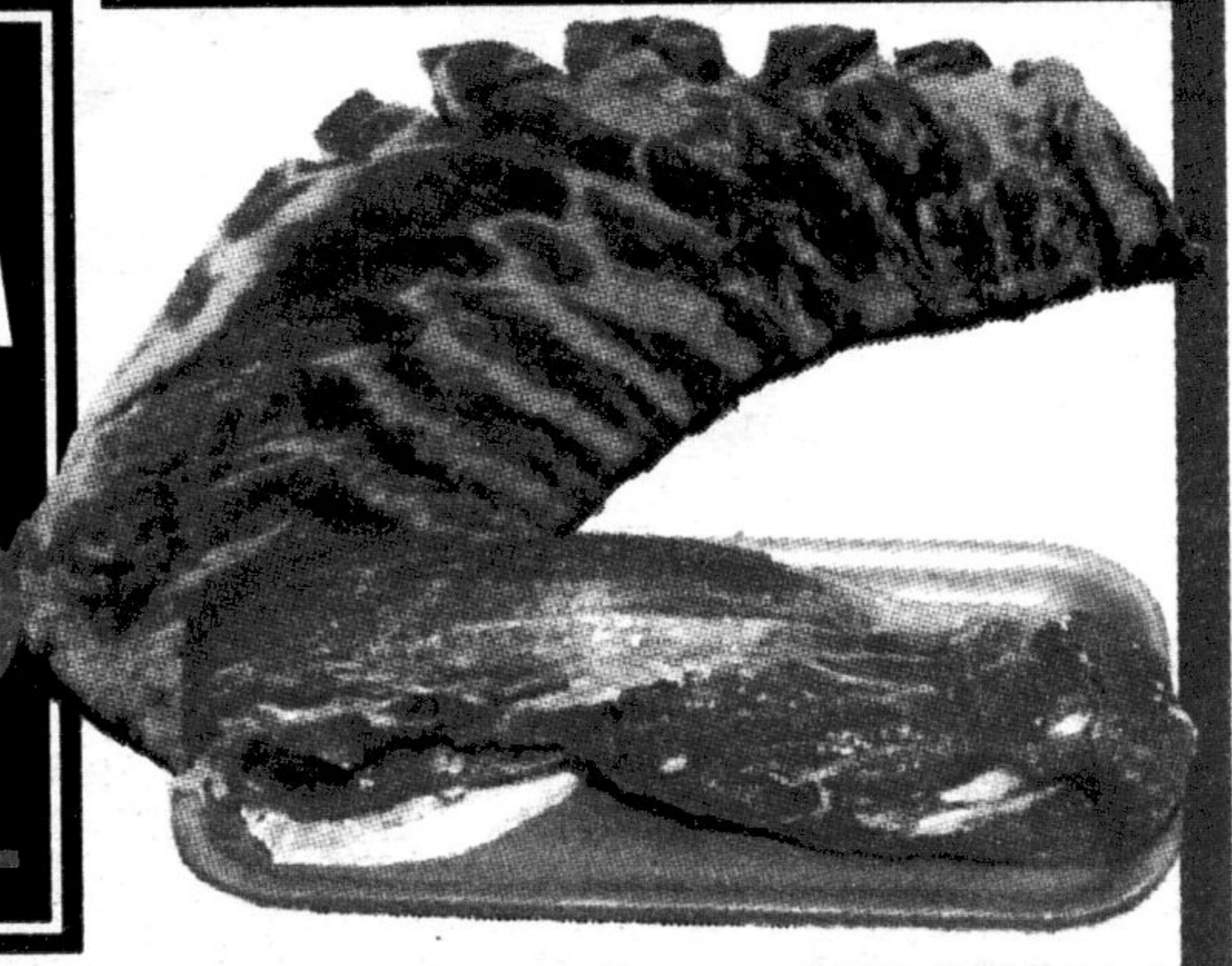


Cut from a Special Select grade of Ontario Pork
FAMILY PACK PORK CHOPS
\$1.99 lb.
Super Special

SWANSON, ASSORTED VARIETIES FROZEN DINNERS
\$1.99
Super Special



Cut from a Special Select grade of Ontario Pork
PORK TENDERLOIN or EXTRA MEATY BABY BACK RIBS
\$4.99 lb.
Super Special



ASSORTED VARIETIES PEEK FREEN COOKIES
\$1.99
Super Special 350-400g



Cut from a Special Select grade of Ontario Pork
BONELESS LOIN PORK CHOPS
\$4.49 lb.
Super Special

Prices in effect from Tues. October 12, Until Monday October 18, 1999
WE RESERVE THE RIGHT TO LIMIT QUANTITIES

HOURS:
MON. - WED. 8:00 A.M. to 8:00 P.M. SAT. 8:00 A.M. to 7:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M. SUN. 10:00 A.M. to 6:00 P.M.