

Product of Ontario  
Waxed  
**TURNIPS**  
**39¢**  
lb.

**QUALITY GREENS**  
FINE FOOD

Morrison's, Whole or Halves  
Boneless, Smoked,  
Black Forest Style  
**HAMS**  
**\$2.99**  
lb.  
Super Special

Sealtest, Reg or Light  
**Parlour Ice Cream**  
**\$2.99**  
2 liter  
Super Special



Five Roses, All Purpose  
**Flour**  
**\$5.77**  
10 kg  
Super Special

Cut from Can. Triple A Beef, Aged 21 days  
**CHEF STYLE**

**Prime Rib Oven Roast**

**\$5.49**  
lb.  
Super Special

Reg or Diet, Assorted Flavours  
**Coke**  
**Canada Dry**

**\$2.99**  
12x  
355 ml  
Super Special



**GROCERY FEATURES**

Dairyland, Reg, Light, Fat Free <b>Sour Cream</b> ..... 500 ml <b>1.49</b>	Assorted Varieties <b>Stuff N Such</b>
Dairyland, 35% <b>Whipping Cream</b> 250 ml <b>99¢</b>	<b>Stuffing</b> ..... 120 g <b>99¢</b>
Green Giant, Assorted Varieties <b>Frozen Vegetables</b> . 1 kg <b>1.99</b>	Post, Assorted Varieties <b>Fruit &amp; Fibre</b> .. 425-450 g <b>2/5.00</b>
Reg, Fine, Extra Fine grinds <b>Nabob Coffee</b> ..... 300 gr <b>2.99</b>	Post, Reg or with Almonds <b>Honey Bunches &amp; Oats</b> ..... 450 g <b>2/5.00</b>
Mrs. Smith <b>Pumpkin Pie</b> ..... 373 gr <b>1.99</b>	Del Monte, Sliced, Crushed, Bits, Spears <b>Pineapple</b> ..... 298 ml <b>99¢</b>
Minute Maid, Assorted Varieties <b>Frozen Orange Juice</b> .... 355 ml <b>99¢</b>	E. D. Smith, Pure <b>Pumpkin Pie Filling</b> ..... 796 ml <b>1.88</b>
Franco-American, Assorted Varieties <b>Gravy Mixes</b> .. 284 ml <b>79¢</b>	Philadelphia, Reg or Light <b>Cream Cheese</b> .. 250 gr <b>1.99</b>
E.D. Smith, Assorted Varieties <b>Pie Fillings</b> ..... 540 ml <b>2.99</b>	Pillsbury <b>Crescent Rolls</b> ... 235 gr <b>99¢</b>
Reg or Extra Spicy <b>Motts Clamato Juice</b> . 1.89 L <b>2.99</b>	

**QUALITY DELI**

NATIONAL CHEESE <b>Canadian Grated Parmesan</b> ... <b>1.78</b> 100 g	LINKS <b>Roasted Beef</b> ..... <b>88¢</b> 100 g
NATIONAL CHEESE <b>Imported Edam Balls</b> ..... <b>1.59</b> 100 g	LINKS <b>Corned Beef</b> ..... <b>88¢</b> 100 g
J.M. SCHNEIDERS <b>Olde Fashioned Ham</b> . <b>1.19</b> 100 g	MASTRO <b>Fresh Pasta</b> ..... <b>2.29</b> 250-350 g
J.M. SCHNEIDERS REGULAR, LIGHT, BAGGED <b>Summer Sausage</b> . <b>1.59</b> 100 g	SALADS FROM ROSA'S KITCHEN <b>Chick Peas Deluxe</b> <b>88¢</b> 100 g
CUDDY <b>Smoked Chicken Breast</b> . <b>99¢</b> 100 g	SALADS FROM ROSA'S KITCHEN <b>Potato Salad</b> .... <b>88¢</b> 100 g