

Grade A Frozen

Turkeys

20 lb. Average

\$1.39
lb.

Centre Cut
Pork Chops
\$2.49
lb.

SAVE MORE

FAMILY MARKET

From the Tropics

Bananas

29¢
lb.

Watch for our Monday/Tuesday Specials

Connoisseur
Boneless
Black Forest Hams

\$1.99
lb.

Pork
Picnic Roasts
99¢
lb.

Pork
Side Ribs

\$1.89
lb.

Eye
of Round
\$2.99
lb.

Product of Ontario
Mutso, Empire,
Red & Golden Delicious

Apples

\$1.99
3 lb. bag

Product of Ontario
Canada #1 White

Cauliflower

99¢
ea.

ECONOMY PACK
PORK
CHOPS
\$1.99
lb.

OUTSIDE
ROUND
ROASTS
\$2.39
lb.

PRODUCT OF ONTARIO
CELERY
STALKS
79¢
ea.

PRODUCT OF ONTARIO
CARROTS
2/99¢
2 lb. bag

NEILSON
REG./SKIM
CHOCOLATE
MILK
99¢
1 L

POST CEREAL
HONEYCOMB
FRUITY
PEBBLES
\$1.99
400 g / 375 g

ASSORTED
BRIGHT
CHEESE
\$4.99
500 g bar

ASSORTED
COUNTRY HARVEST
BREAD
\$1.29
675 g

E.D. SMITH, ASST.
TRIPLE
FRUIT JAMS
\$1.99
500 ml

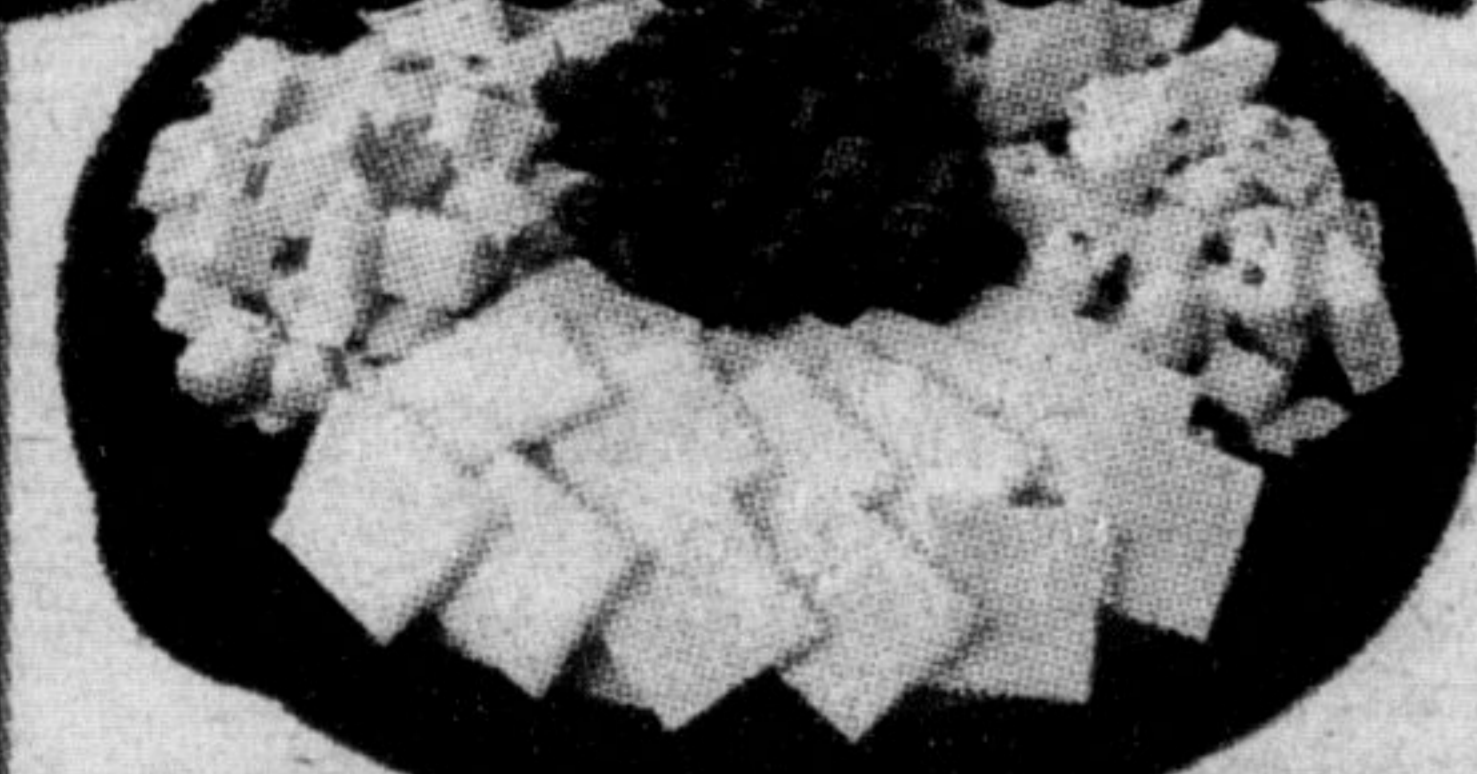
NEILSON
100% PURE
ORANGE
JUICE
\$1.59
2 L

CARNATION
EVAPORATED
MILK
89¢
385 ml

SUNCROP, FROZEN
ORANGE JUICE
69¢
341 ml

CHRISTIE BROWN
DREAM PUFFS
\$1.89
300 g

Deli Counter



COOKED
ROAST BEEF
69¢
100 g

MONTREAL
SMOKED MEAT
69¢
100 g

COOKED
HAM
39¢
100 g

ITALIAN/FRENCH
BREAD
79¢
ea.

APPLE/CHERRY
STRUDEL
\$1.29
ea.

LARGE
KAISERS
5/99¢

Bakery Fresh



5% Seniors
Discount

Every Wednesday
DELIVERY SERVICE
AVAILABLE

End of Season
Clearance **\$2.49**
Asst. varieties Top Soil, Peat Moss

Specials in effect Tuesday, September 28 until Sunday, October 3, '99, or while quantities last
• No RAINCHECKS • We reserve the right to limit quantities

327 BRONTE ST. MILTON

MasterCard INTERAC AVAILABLE

HOURS

Mon. - Fri. 7-9
Saturday 7-7
Sunday 8-7
878-7720 or 878-7464