

Couple cultivate crops in competition

Kristen Brodhaecker tills the soil while husband and coach Mark keeps watch on the straightness of the furrow during the Halton Plowing Match Wednesday. The event was held on Fifth Line, just north of No. 5 Sideroad.

Photo by GRAHAM PAINE

Free, Introductory Evening with PAUL CESTNICK, Nutritional Microscopist & Lecturer

The Healer Within

If staying healthy is a challenge for you and your family, don't miss this powerful presentation.

You will learn about:

Weight Loss- This new technology will help you to overcome a number of health issues which often prevent you from losing those unwanted pounds.

Parasites- These uninvited guests take the best of your nutrition, leaving your body with the leftovers. They contribute to chronic illness and reduce your ability to lose weight.

Free Radical Damage- Learn about these scavengers who destroy healthy blood cells with devastating impact on your health

Chronic Aches & Pains- Learn the causes and what you can do to bring relief

Tiredness & Mental Fatigue- See live blood proof of the causes and what you can do to have renewed energy and mental clarity

Natural Killer Cells- Learn how to increase your natural killer cell activity to help fight cancer, aids and other life threatening conditions. Especially helpful following chemotherapy.

Date: Tuesday, September 7th Time: 7:30 - 9:00 pm

Seating is limited so reserve your seats now! Call Brenda Stephenson 854-7227

Police looking for info

from CONNECTION on page 5

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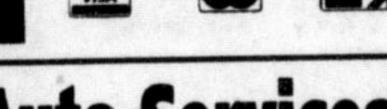
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