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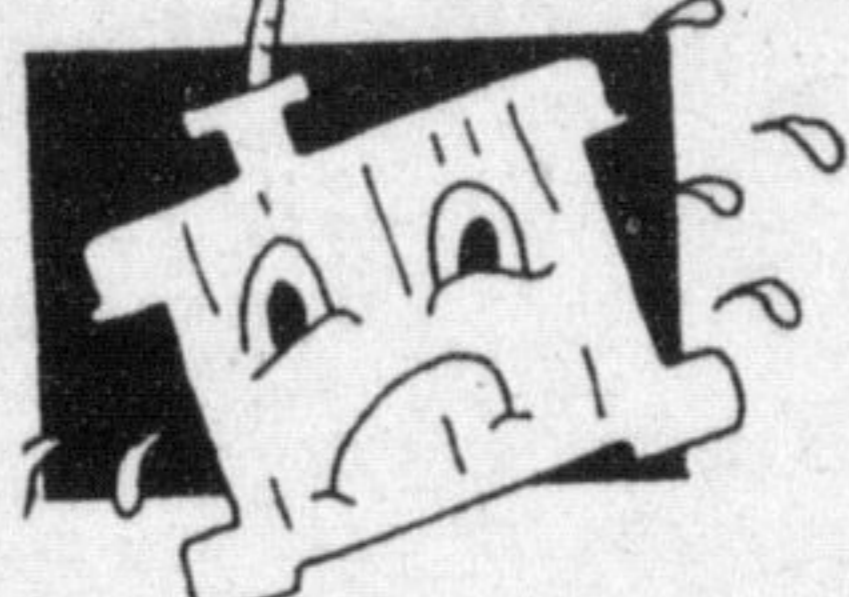
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Sign woes

• from NEIGHBOURS on page 3

Councillor Barry Lee.

"If this was a commercial area, I know we have many variances, but it is a residential area," he said.

His point proved prescient when council voted to allow a 55-foot high sign at Mohawk Raceway later in the same meeting.

That's roughly the size of a McDonalds sign.

Currently, the bylaw allows for a 31-foot sign in the area.

The sign will feature twinkling lights on the first and last letters of the word 'slots.' Approval came despite some concern that the twinkling lights could be a distraction for drivers in the Guelph Line area.

"I for one drive there a lot of times," said Mr. Gevaert. "I'd request that the twinkles be removed."

One more light won't make a difference in the area, Mr. Lee responded.

"That whole area is lit up like a light bulb," he said. "I think it's a minor thing."

The winking lights are standard for Ontario Jockey Club signs, said Mr. Iovio.

SHOPPERS DRUG MART

On page 1 of the flyer in effect from Sunday July 18, 1999 to Saturday July 24, 1999 the Royale Facial Tissues Ultra 100's are incorrectly advertised at the sale price of 69¢, they are available at their regular price.

We apologize for any inconvenience that this may cause.

Thin may be in, but teens often overdo it

By IRENE GENTLE
 The Champion

A revamped staff report aimed at getting the skinny on body image and eating disorders passed at Halton's health and social services committee despite some opposition.

It then squeezed by council. But the report that emphasized the importance of a positive body image above dieting was still too thin for Burlington Councillor Linda Schreiber.

"I'm not going to support this motion," she said. "I think everything in it has already been cornered off."

Ms Schreiber had also opposed an earlier report on body image.

Committee have too many other priorities to focus on eating disorders, she argued at the time.

Rather than concentrating exclusively on body image, the latest report combined the issue with other health department initiatives.

That gained the favour of Oakville Mayor Ann Mulvale, who said that something should be done to prevent eating disorders in today's children.

"I understand the balance Councillor Schreiber is trying to achieve," she said. "(The report) isn't perfect but we're trying to get the message across to counter what they may be hearing and what parents may be unwittingly reinforcing."

Urging self-acceptance even in heavier youth may be akin to arguing that obesity is good, objected Burlington Councillor Jack Denison.

"What are these presentations telling people?" he asked.

Youth are surrounded by messages that thin is in, countered Dr. Bob Nosal, Halton's medical officer of health.

"The other reality is, like it or not, thinness has been associated with success," he said. "This generation has been bombarded with that."

The result has been that 37 per cent of Canadian girls have started dieting by age 11.

A Peel Region study showed that 61 per cent of girls in grades seven and eight were dieting despite being of average weight for their height and



Ann Mulvale

age. Also, about five per cent of females aged 14-25 are struggling with a full blown eating disorder.

Another 10-20 per cent have symptoms of an eating disorder, according to the report.

"You can't underestimate what an issue this is in the community," said Dr. Nosal. "We have teens who are choosing to starve themselves."

That is something Sara Schleien, a student at Georgetown District High School, has seen first hand.

"I've seen girls skipping lunch to save calories," she told committee. "I've seen girls switching meals for cigarettes to keep thin."

A 200-strong caseload over the past year for the eating disorders program at Oakville Trafalgar Memorial Hospital has proved that there is a problem in Halton, said Mary Forhan, an occupational therapist at the hospital.

"This told us there's a strong need for preventative measures in our region," she said. "We're extremely overwhelmed."

Since about 40 per cent of body shape is genetically determined, it's important for youths to understand they may never achieve the ideal figure, said Ms Forhan.

The report suggested that youth be taught the basics of healthy eating and active living, including exercise.

It also recommended helping youth develop a healthy but realistic body image.

That is not the same as encouraging obesity, said Dr. Nosal.

"That not working out is good is not the message," he said.

Weekend craft show

Bronte Creek Provincial Park hosts its third annual Craft Show and Sale Sunday, July 25.

The event will run from 10 a.m. to 5 p.m. and feature a wide variety of vendors — offering everything from Victorian jewelry and woodcrafts to hand-made wool blankets. In attendance will be some local crafts people renowned for innovative designs and for the uniqueness of the crafts they produce.

Bronte Creek Provincial Park is located between Oakville and Burlington, north of the QEW at exit 109.

THE CORPORATION OF THE TOWN OF MILTON

TTY: 878-1657

878-7211

MILTON ON-LINE

<http://www.town.milton.on.ca>

NOTICE TO ALL RESIDENTS AND VEHICLE OWNERS

TAKE NOTICE THAT the Town of Milton Uniform Traffic By-law No. 1984-1, as amended, has been in effect since the 5th day of November, 1984 for the purpose of regulating traffic and parking on all roadways within the jurisdiction of the Town of Milton. This by-law is uniformly enforced within all municipalities located in the Regional Municipality of Halton (Milton, Halton Hills, Oakville and Burlington)

Halton Regional Police, the Canadian Corps of Commissionaires and Municipal Law Enforcement Officers enforce all Town of Milton's parking by-laws on all public and private properties, including the Uniform Traffic, Fire Route, Handicap Parking and Parking on Private Property By-laws.

Accordingly, to avoid infractions of parking by-laws, residents are encouraged to be cognisant of the numerous parking restrictions which are effected by the following:

- By-law 1984-1 (Uniform Traffic) the following are common infractions:**
 for example,
- parking longer than three (3) hours on any street;
 - parking on sidewalk;
 - parking on any Town street during the winter months from November 15 to April 15, between the hours of 2:00 a.m. and 7:00 a.m.
 - parking on boulevard;
 - parking within 3 meters of fire hydrant.

By-law 48-82 (Fire Route) prohibits parking in a "designated fire route".

By-law 5-84 (Handicapped) prohibits parking in a "designated handicapped parking space".

By-law 12-81 (Private Property) prohibits parking on private property without authorization.

Further information relating to these and other regulatory by-laws of the Town of Milton, may be obtained from the Clerk's Office at any time.

H. Lisi
 Town Clerk
 The Corporation of the Town of Milton

NOTICE

NOTICE IS HEREBY GIVEN pursuant to Section 300 of The Municipal Act, R.S.O. 1990, as amended, that the Council of the Corporation of the Town of Milton proposes to pass a By-law for the purpose of stopping up, closing and conveying a portion of the Eighth Line Road Allowance, generally described as the Road Allowance located in Lots 12 and 13, Concession VII (former Trafalgar); and, which said Road Allowance extends approximately 1,100 feet north of the north limit of the Canadian Pacific Railway line and 670 feet south of the north limit of the CPR rail line.

The proposed by-law may be viewed in the Clerk's Department at the Town Hall, 43 Brown Street, Milton, Ontario.

On Monday, August 9th, 1999 at 7:30 p.m. in the Council Chambers, Town Hall, Milton, the Council of the Corporation of the Town of Milton will hear, in person or by counsel, solicitor or agent, any person who claims his land will be prejudicially affected by the said By-law and who applies to be heard. Any person who wishes to be heard should, as soon as possible, make application, in writing, to:

Helen Lisi, Town Clerk
 The Corporation of the Town of Milton
 43 Brown Street
 Milton, Ontario L9T 5H2

Dated at Milton, Ontario, this 15th day of July, 1999.