

# Watermelon

**79¢**  
lb.

Product of Ontario  
Regular

# Cucumbers

**59¢**  
ea.

# Nectarines or Apricots

**1.69**  
lb.

Product of U.S.A.

# Raspberries of Blueberries

**\$2.49**  
pint

# Inside Round Roasts

**2.99**  
lb.

Cut From Canadian Triple A Beef

# Eye of the Round Roast

**3.49**  
lb.

# Sirloin Tip Roast (cap removed)

**2.99**  
lb.

Aged 21 days for a more  
**FLAVOURFUL & TENDER cut**  
of beef!

Cut From Canadian Triple A Beef

# Sirloin Tip Steak (cap removed)

**3.99**  
lb.



**Hellmann's Mayonnaise**  
1 litre

**2.99**



**Minute Maid Lemonade or Fruit Punches or Nestea Iced Tea**  
Assorted Flavours  
355ml

**49¢**



**Kool-Aid Kool Pops**  
24x37 ml

**2.59**



**Maxwell House Instant Coffee**  
Reg. Half Caffeine, Dark Roast  
200g

**3.99**



**Javex Bleach**  
Regular, Large 5 Litre

**1.99**



**Our Very Own Spring Water**  
11 litre

**2.49**



**Kraft Miracle Whip**  
Reg or Light, Low Fat 1 Litre

**2.99**



**Bertolli Extra Virgin Olive Oil**  
1 Litre

**8.99**



**McCain Pizza Pockets**  
Assorted Varieties  
400g

**2.49**



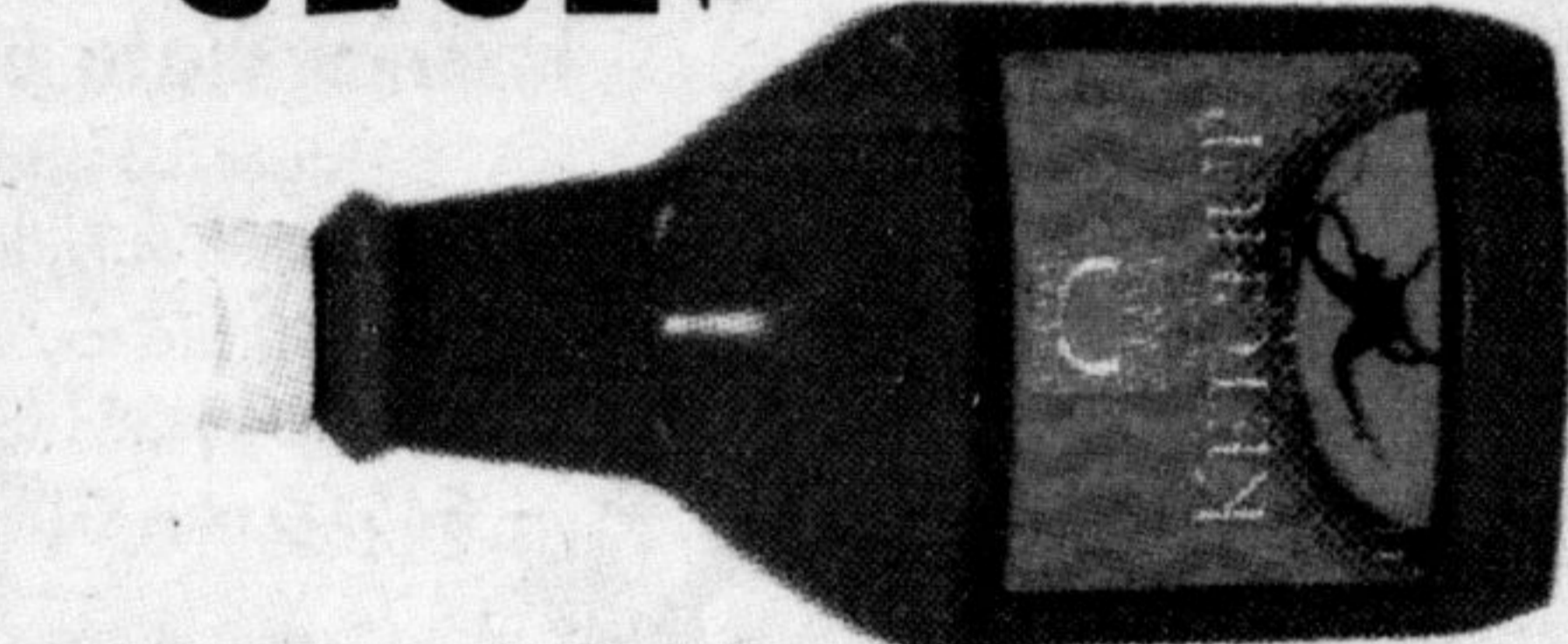
**Mott's Clamato Juice**  
Reg or Extra Spicy  
1.89 Litre

**2.99**



**Kraft Salad Dressings**  
Assorted Varieties  
Reg or Calorie Wise  
475ml

**1.99**



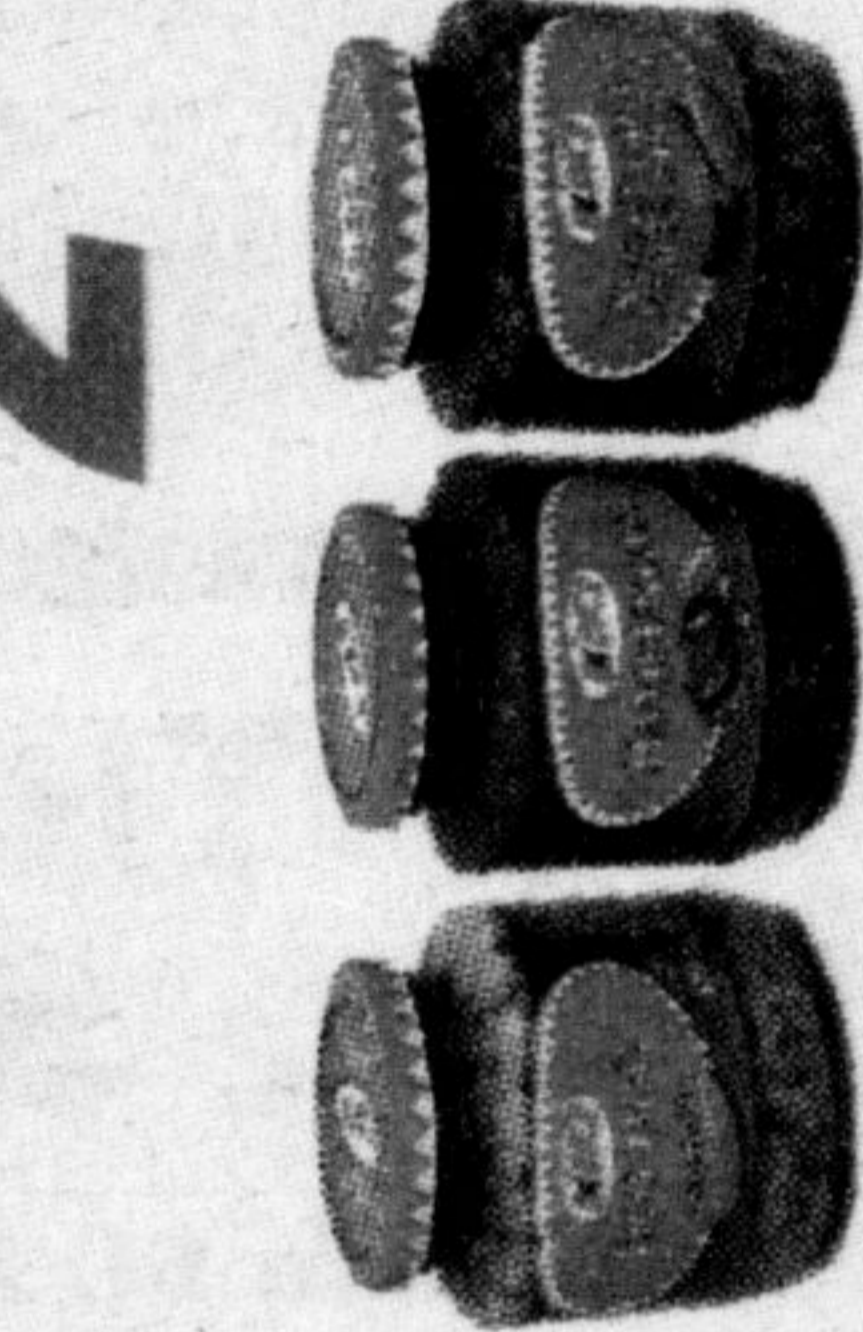
**OUR VERY OWN Ketchup**  
1 Litre

**1.79**



**OUR VERY OWN Mustard**  
500ml Squeeze Bottle

**99¢**



**OUR VERY OWN Bicks Sweet Relish**  
Reg. Hot Dog, Hamburger 375 ml

**1.29**



**Palmolive Liquid Dish Detergent**  
Reg. Antibacterial, Lemon  
950 ml

**1.99**



**Becel Margarine**  
Reg or Light  
907 gr

**3.99**

**Cheese Stick** 5/1.99  
**Chocolate Croissant** 3/2.29  
**Country Brown Bread** 1.49  
**Butter Top Bread** 1.49  
**Crusty Marble Rye Bread** 2.29  
**Egg Bread** 1.59



**Maestro Black Forest Ham** 88¢ 100g  
**Maestro Prosciutto Cotto** 99¢ 100g  
**Cuddy Cooked Chicken Breast** 99¢ 100g  
**De Groot Back Bacon** 99¢ 100g



**Maestro Fritulano Salami** 1.69 100g  
**Maestro Gasalingo Salami** 1.79 100g  
**Maestro Gasalingo Salami** 1.59 100g

**Canadian Brie** 1.69 100g  
**Canadian Camembert** 1.79 100g  
**D.J.C. D. Gloucester Stilton** 2.29 100g  
**D.J.C. Taleggio** 3.79 100g  
**Fresh from Rosa's Kitchen Fresh Herb Pastas** 88¢ 100g  
**Fresh from Rosa's Kitchen Four Bean Salad** 88¢ 100g  
**Fresh from Rosa's Kitchen Peking Noodles w/Vegetables** 3.99 100g

Quality Creant's Shop By Phone & Delivery Service! 5% SENIORS DISCOUNT! MON., TUES. & WED. (Excludes Tobacco, Specials & In-store Features) WE RESERVE THE RIGHT TO LIMIT QUANTITIES Prices in effect from Tues. June 29, Until Mon. July 5, 1999