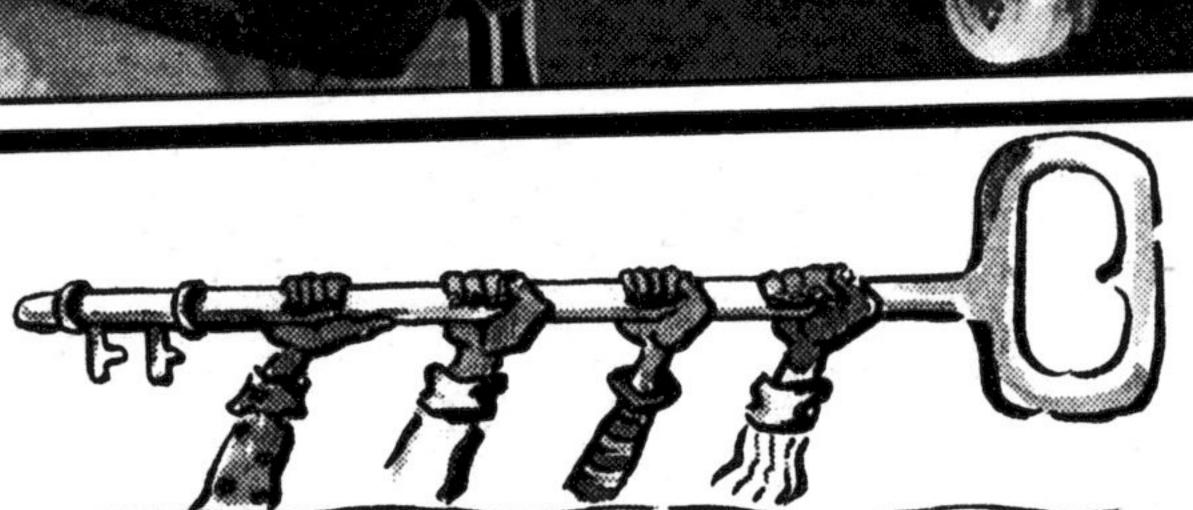
10 — The Canadian Champion, Tuesday, June 8, 1999





If you're an employer in Halton and you've hired a student this summer,

\*Summer Jobs Partnership\*

### thank you.

Please join us for a breakfast Wednesday, June 16th, 7:30 a.m. to hear David Foot, author of Boom, Bust and Echo

at Le Dome Banquet Hall, 1173 North Service Road, East, Oakville

Sponsored in part by:

Seating is limited RSVP Susy Comegna, YMCA (905) 681-1140



Working together to help students find summer employment.







Sponsored by:

Human Resources Développement des Development Canada ressources humaines Canada

Canadä









HALTON

The Board of Directors of the Community Care Access Centre (CCAC) of Halton

is pleased to invite you to attend an

# OPEN BOARD MEETING

June 16, 1999 4:30 p.m. to 6:00 p.m. Northwest GTA Hospital Corporation Georgetown Hospital Campus **Activity Room** One Princess Anne Drive Georgetown, ON L7G 2B8

#### HIGHLIGHTS OF AGENDA

Service Provider Forum: Dr. Dan Trant, Vice President, Northwest GTA Hospital Corporation Presentation:

Accreditation Elaine Whitmore, Director, Planning & Development

For further information, call: Linda Ferras at (905) 639-5228 ext. 8921 or if long distance dial 1-800-810-0000 Future meeting dates and locations to be announced.

# Shake, rattle and roll

Joey Van Alten, 9, tried his hand at vintage yo-yo tricks during the Halton Waldorf School's May Fair recently (above left and centre). Meanwhile Katy Unger, 9, played with the Game of Graces, one of many old-fashioned activities at the fair.

> Photos by GRAHAM PAINE

Fax your sports results to Steve LeBlanc at 878-4943.

## Complex Carbohydrates are Simple

The name may sound complicated, but they are found in the foods you've probably enjoyed all your life such as breads, cereals, pasta, rice, beans, lentils, and barley. These foods are low in fat and high in fibre - an unbeatable

combination. Plan your meals around these foods, and you'll eat less fat while getting the energy your body needs and the flavours your taste buds love.

"For goodness sake" is brought to you courtesy of



The Canadian Champion

