

Mustangs gallop back into the playoff picture by winning their last three games of the season

By **STEVE LeBLANC**
The Champion

Those who counted out Milton District High's baseball team earlier this month are probably doing a little backpedaling right about now.

That's because the Mustangs, who were going nowhere fast at one point this spring, won the last three games of the regular season and thrust themselves back into the playoff picture.

Wednesday at Brian Best Park, MD closed out regular season play by battling back to edge Oakville's Loyola Hawks 6-5 — in what would no doubt be described as a character victory and

momentum builder by all in attendance.

"A couple of those initial losses really hit the guys hard, but they adjusted and rebounded nicely," said head coach Jason McGuffie, after his team's seventh inning rally.

Cashing in Adam Finkbeiner from third for the winning run was Reese Davies, who with one out laid down a well-placed squeeze bunt to make the comeback complete.

Sharing the heroics were Michael Volpe, Nathan Perrott and Joel Jansen — each of whom recorded a hit or put the ball in play to inch the 'Stangs closer to the win.

MD's triumph was fashioned with perhaps their most well rounded effort in a couple of years.

In addition to timely hitting, the team stole seven bases — including a double theft at crunch time — and got decent pitching performances from both Finkbeiner and reliever Paul Duff.

Where MD struggled earlier in the year due to a lack of pitching depth, Duff (not a regular on the mound by any means) allowed only one run over three innings.

With runners at the corners in the seventh, he delivered a huge strikeout to stop Loyola from

padding their lead and thus set the stage for the comeback.

Also showing strongly with key hits were Brett McClure and Andrew Neilson — who belted a three-run homer two days earlier to lead the 'Stangs past Q.E. Park 5-2.

MD's late season surge has allowed for a crosstown clash this afternoon in round one of the playoffs. They'll go up against E.C. Drury at 3:30 p.m. at Brian Best.

Meanwhile, Bishop Reding — who surprised many in Halton this spring with their rapid development — finished 4-3 on the season.

Getting people to exercise is their goal

• from SPUDS on page 18

eligible to win various fitness related prizes.

"Any kind of exercise will do, even gardening," said Halet, who ran relay races for municipal employees last week at Victoria Park in conjunction with the program. "You can even break up the 30 minutes by doing something three times a day for 10 minutes each.

"The idea is just to get active, which has major advantages in terms of your heart condition, energy level and overall quality of life."

While the activity will certainly benefit the participants personally, the long-term effect of a large number of people living healthier will be a tax savings to all.

"It is clear that regular physical activity reduces the incidence of heart disease, adult onset diabetes, colon cancer, osteoporosis, hypertension, depression as well as premature death," stated Cora Craig, president of the Canadian Fitness and Lifestyles Research Institute.

Participants of the 30x4x2 Challenge have until June 15 to complete the exercise program and get their forms into the leisure services department.

Fame likely headed home

• from BIGGER on page 18

Wall, who will drive star trotter Goodtimes in Sweden on May 30, said Wellwood is expected to point Odies Fame towards the Flamboro Breeders Stake on her home track of Flamboro Downs on Sunday, June 6.

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