

Breakfast Specials Calality Irm 876-0381

Doell shows that she can go the distance

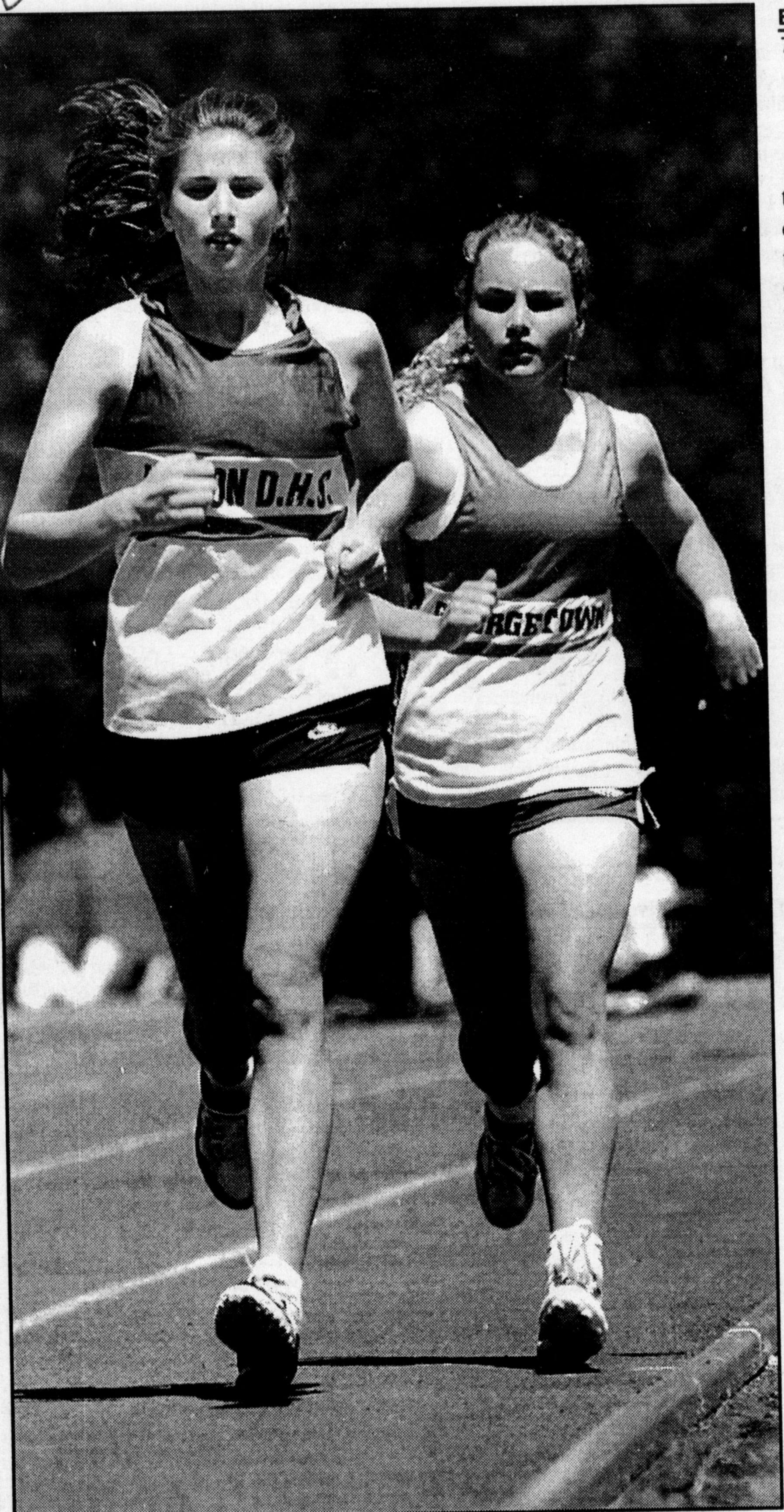


Photo by BARRIE ERSKINE

Milton District High's Carrie Meltzer (left) paces through the senior girls 3,000m as Katie White of Georgetown trails close behind at Wednesday's Halton/GHAC Championships. White eventually took the lead and won the

By STEVE LeBLANC

The Champion

ishop Reding's Michelle Doell sure knows how to make a good first impression.

Getting her high school track career off to a rousing start last week, the ninth grader triumphed in three separate races during Halton/GHAC combined Championships at Hamilton's McMaster University.

She dominated the midget girls endurance scene taking first in the 400m, 800m and 1,500m. Each of her finishes — 63.4, 2:27.1 and 5:01.2 respectively set a new school record.

The fiery freshman, one of 13 Royals who advanced to the Southern Regionals this Thursday at McMaster, will decline 400m competition for the balance of the season in order to concentrate on the two lengthier events.

Age class teammate Megan Ames was explosive in the short distance races, claiming second in both the 100m and 200m with times of 13.5 and 28.1 seconds. She also took fourth in the 80m hurdles, clocking in at 15.1s.

BR's other GHAC champ was Joel Castro, who turned back all challenges in the junior boys 200m which he completed in a blistering 23.8s. Rounding out the showcase, he placed second in the 100m (11.7) and ran the 400m in 56.6s for fifth-place honours.

John McDougall needed 9:52 to finish the grueling. 3000m and was third among junior boys while taking fourth in the senior boys long jump with a new school standard of 5:51m was Joel Brunner.

Senior Danny Ferreira was a bronze medalist in the 110m hurdles, with an 18.8s effort, while Darryl Penson was just a split second behind for fourth place.

Anna Gori delivered three top-five showings in senior girls competition. She qualified for the next round in the 100m, 100m hurdles and triple jump.

Taking fifth in junior boys triple jump was Jakub Wiktor.

The Royals also qualified a pair of 4x100 relay teams.

Penson and Matt Bagley placed third and the senior girls — comprising Gori, Jill MacSween, Natalie Mathia and Katie Pepper — took fourth.

'Stangs shine

The Milton District Mustangs qualified a total of 17 athletes for the Southern Regionals - which represents their best showing in recent years.

Leading the way were Carrie Meltzer and Craig O'Neil, who each delivered a couple of medal winning performances in senior level running.

Meltzer secured silver in the girls' 1,500m and 3,000m.

Taking second in the boys' 400m, third in the 800m and sixth in the 1,500m.

Hurling the discus to second-place marks was junior boys competitor Andrew Neilson, while taking fourth in the same event for junior girls was Christie

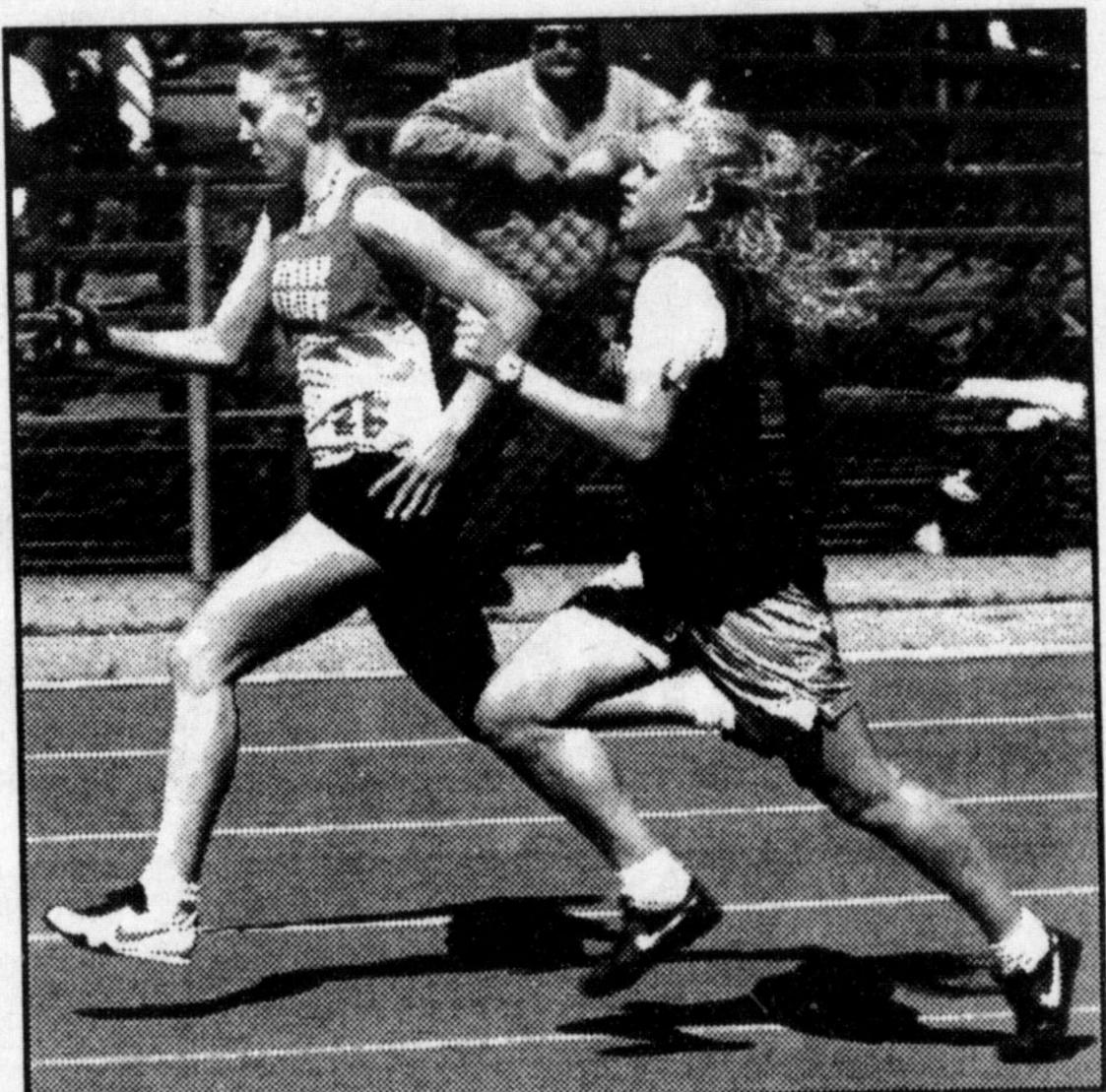


Photo by BARRIE ERSKINE

Bishop Reding's Megan Ames blows past Sarah Kokerus of M.M. Robinson en route to a second-place finish in midget girls 100m action Wednesday at McMaster University.

Robertson.

Ashley Hutchison finished third in junior girls high jump.

The Mustangs' top performances were reserved for older athletes, but their overall strong showing was due mainly to 11 different midget level participants advancing to the next round.

Steve Gorlick and Neil Lambrick were fourth in the javelin and high jump respectively while three relay teams made it by as well.

The midget girls 4x100m contingent of Danielle Holman, Sally Nicholls, Lindsey Richardson and Laura Thistle placed fourth while Melanie Casin substituted for Holman in the 4x400m race and helped her team grabbed fifth spot.

Meanwhile it was Nick Benson, Keith Bewick, Ryan Page and Josh Suter combining to take fifth in the 4x100 boys event.

Top four finishers at Thursday's Southern Regionals will go on to OFSAA, being held in Etobicoke June 3

The senior boys foursome of Brunner, Ferreira, On the bubble enson and Matt Bagley placed third and the senior

Milton's Ridley brothers dominated at the plate during games one and two of the Mid-American Conference (MAC) Tournament late last week.

Unfortunately, their efforts equaled only partial success for the Ball State University Cardinals — who as of Friday (our holiday deadline) were on the verge of elimination in the double knockout playdowns.

BSU dropped a 4-2 decision to Miami Thursday. Shayne Ridley clobbered his 16th homer of the year in the loss while twin brother Jeremy had a hit and stole one base.

Wednesday, Jeremy delivered his team-leading eighth game winning RBI of the season and lifted the Cardinals to a 4-1 round one victory over Kent State.

Shayne was also instrumental in the win, recording a single and then scoring the tying run moments later.

