

WHAT'S NEW IN MILTON?

The proper fit of a bike is important for your comfort and more importantly your safety

You should allow for sufficient unseeen clearance especially when using the bike for the rugged off road.

Ensure that there is a comfortable reach from the seat to the handle bars, for better steering control.

The seat on the bike should be high enough so that the leg is almost fully extended when pedaling. A 5-10° angle at the knee is recommended.

One of the most important items for fit on a bike according to our customers is the saddle. With the number of seats on the market today, you should have

no problem finding one that will make your bike ride enjoyable.

There are also saddles on the market that are deemed "anatomically safer" for men to ride. I call it the "VIAGRA Saddle".

The most important fit of all is that of the quality of the bike to the quality, or more importantly, the potential quality of the rider. If you feel that the rider would use and enjoy the bike more if it were of a better quality, it should seriously be considered.

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Homegrown Miltonians Rob Vanderheyden, Paul Vanderheyden and Sergio Gazolla, along with Ray Hoekzema opened Master Mechanic Professional Auto Service in December, 1998.

They enjoy being a part of the community they were born and raised in. By offering the

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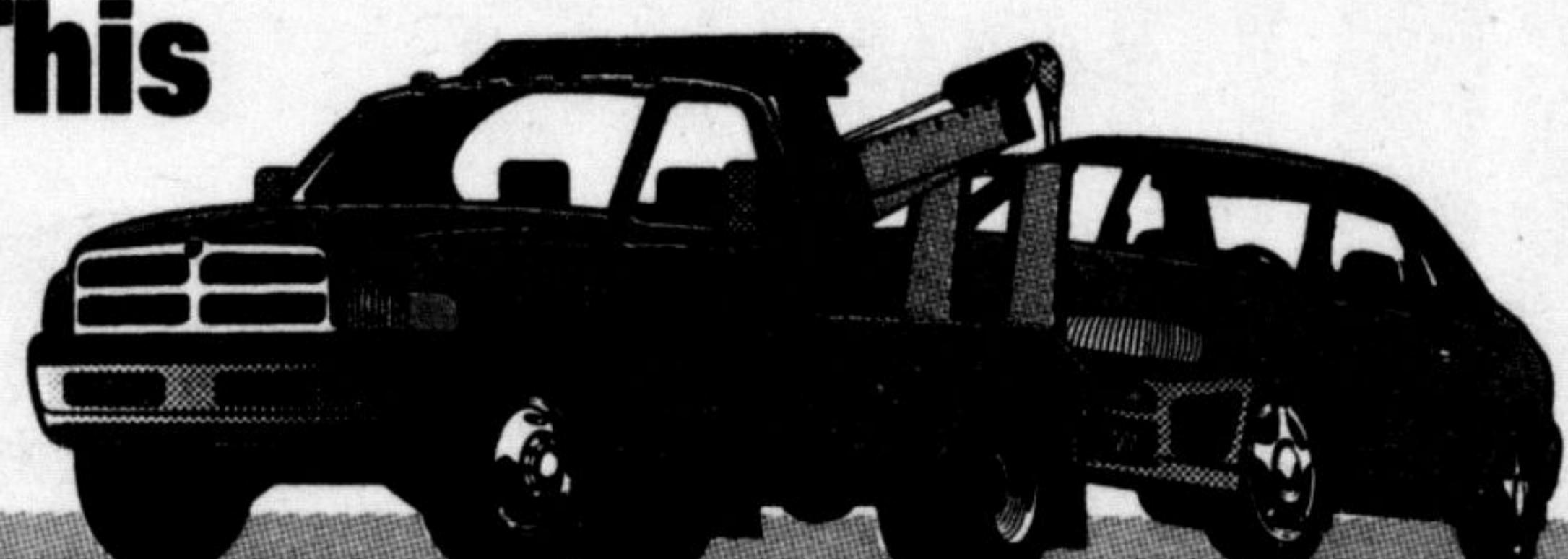
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