

# Quality GREENS

*Fine Foods*

# WELCOME

228 Main St. Milton

We are now open until 7pm Sat. 6pm Sun.

**HOURS:**  
 MON. - WED. 8:00 A.M. to 8:00 P.M.  
 THURS. - FRI. 8:00 A.M. to 9:00 P.M.  
 SAT. 8:00 A.M. to 7:00 P.M.  
 SUN. 10:00 A.M. to 6:00 P.M.

Prices in effect from  
 Tues. December 1, Until  
 Mon. December 7, 1998

## Weekly Specials



**Lancia, Assorted Cuts Pasta 79¢** 900g  
 Super Special

**Green Giant Assorted Varieties Vegetables 59¢** 398 ml  
 Super Special




**Gallo, Pure Olive Oil 9.99** 3 L  
 Super Special

*Cut Fresh From Ont. Special Select Grade of Pork!*



**Pork Side Ribs 1.59** lb.  
 Super Special



*Ground Fresh From Pure Canadian Beef*

**LEAN Ground Beef 1.69** lb.  
 Super Special

93% Fat Free

## GROCERY FEATURES

Quaker, Breakfast Cereal <b>Cap'n Crunch</b> . . . . . 350 gr	<b>2.99</b>	Facial Tissues . . . . . 100's	<b>99¢</b>
Quaker, Breakfast Cereal <b>Life</b> . . . . . 730 gr	<b>2.99</b>	Pillsbury, Assorted Varieties	
Quaker, Breakfast Cereal <b>Oat Squares</b> . . . . . 500 gr	<b>2.99</b>	<b>Chocolate Chips</b> . . . . . 510 gr	<b>2.49</b>
Quaker, Breakfast Cereal <b>Corn Bran</b> . . . . . 540 gr	<b>2.99</b>	Sunny Delight, California, Florida	
Lancia <b>Lasagna</b> . . . . . 500 gr	<b>1.79</b>	<b>Citrus Beverage</b> . . . . . 1.89 Litre	<b>1.99</b>
General Mills, Assorted Varieties <b>Hamburger Helper</b> . . . . . 200-218 gr	<b>1.69</b>	Pillsbury, Assorted Flavours	
Medaglia Doro <b>Espresso Coffee</b> . . . . . 300 gr tin	<b>3.99</b>	<b>Toaster Strudel</b> 326 gr	<b>1.99</b>
Red Rose <b>Tea Bags</b> . . . . . 72's	<b>2.99</b>	Highliner	
Medallion, Pieces & Stems <b>Mushrooms</b> . . . . . 284 ml	<b>69¢</b>	<b>Boneless Sole Fillets</b> . . . . . 400 gr	<b>4.49</b>
Royal, Floral Slate <b>Ultra</b>		Green Giant, Assorted Varieties	
Bravo, Assorted Varieties <b>Spaghetti Sauce</b> . . . . . 680 ml	<b>99¢</b>	<b>Frozen Vegetables</b> . . . . . 250 gr bag	<b>99¢</b>
		Nature Valley, Assorted Varieties	
		<b>Granola Bars</b> . . . . . 226 gr	<b>1.99</b>
		Mr. Christie	
		<b>Snack Crackers</b> . . . . . 200/250 gr	<b>1.79</b>
		Peek Frean, Assorted Varieties	
		<b>Cookies</b> . . . . . 350-400 gr	<b>1.99</b>

## QUALITY BAKERY

<b>Fancy Gourmet Desserts</b> Assorted Varieties . . . . .	<b>3.99</b> for 8 pck.	<b>Old Fashioned Bread</b>	<b>1.39</b>
Jumbo <b>Cinnamon Buns</b> . . . . .	<b>5/1.99</b>	Onion/ <b>Cheese Onion Buns</b>	<b>6/1.99</b>
Country <b>Brown Bread</b> . . . . .	<b>1.39</b>	<b>Finger Rolls</b> . . . . .	<b>12/1.99</b>