

Quality GREENS

fine food

WELCOME

228 Main St. Milton

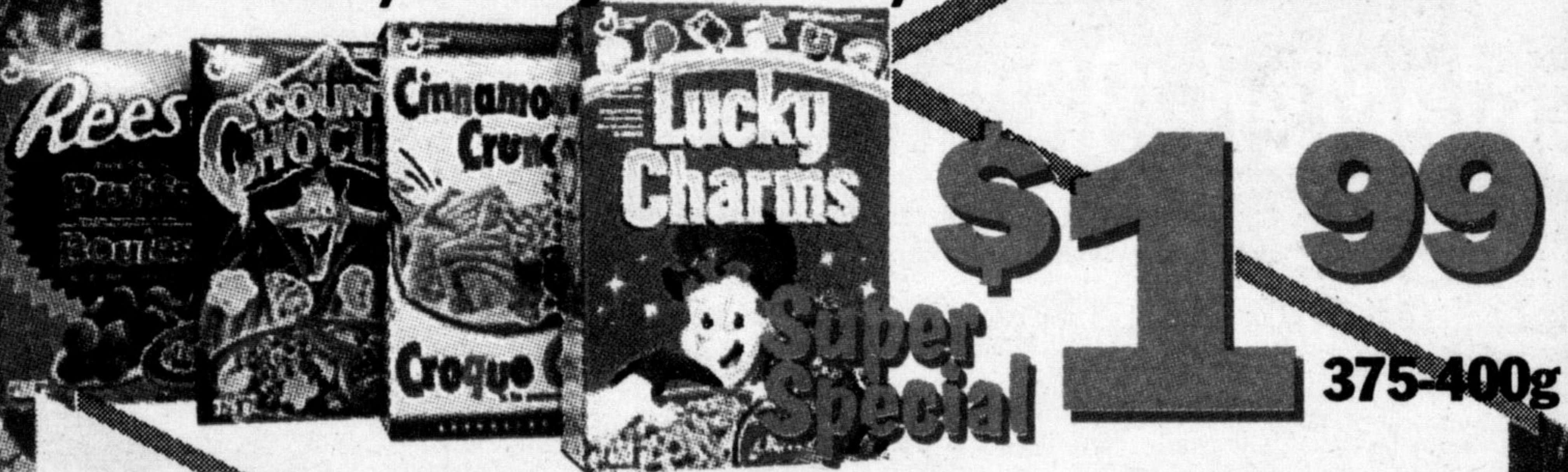
We are now open until
7pm-Sat.
5pm-Sun.

HOURS:
MON. - WED. 8:00 A.M. to 8:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.

Prices in effect from
Tues. November 17, Until
Mon. November 23, 1998

Weekly Specials

General Mills, Reese Peanut Butter Puffs, Count Chocula, Cinnamon Toast Crunch, Lucky Charms, Golden Grahams



\$1.99
375-400g
Super Special

McCain, Assorted Flavours

Fruit Juices



\$4.99
Case of 9, 3x250ml sleeves
69¢ Individual sleeves
Super Special

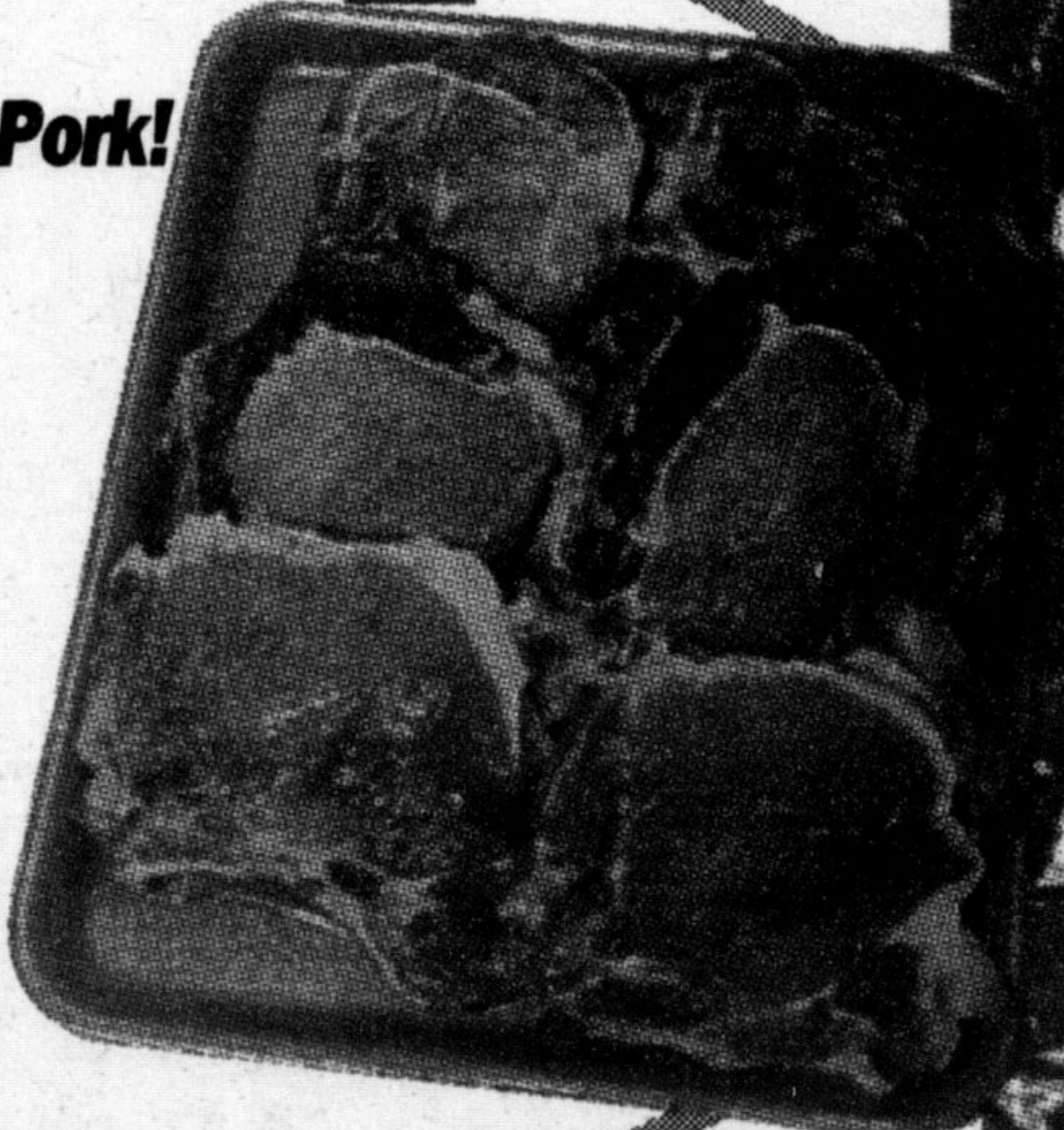


\$4.99
620 gr
Kraft Mild, Med, Old, Marble
Super Special

Cut from Ontario, Lean Special Grade of Pork!

FAMILY PACK Pork Chops

1.79
lb.
Super Special



Cut Fresh From Can. Triple A Beef, Naturally Aged for 21 Days!

STEAK HOUSE GRADE, Boneless Striploin Steaks

\$7.99
lb.
Super Special



GROCERY FEATURES

Molson, Non Alcoholic Beer Exel 6x355ml pack 2.99	Heinz, Assorted Varieties Pasta 398 ml 69¢
Philadelphia, Assorted Flavours Dips 227 gr 1.99	Minute Maid, Reg or Home Squeezed, Fresh Orange Juice 1.89 L 1.99
Janes, Italian or Swedish Meat Balls 680 gr 5.99	Citrus or Tropical Citrus Juice Five Alive 1.89 L 1.99
Janes Nacho Chicken Bites, Chicken Broccoli Nuggets, Pub Chicken Strips or Nuggets 2 lb. Box 7.99	McCain, Assorted Flavours Deep 'N Delicious Cakes 510 gr 2.69
Campbells, Assorted Varieties Chunky Soups 540 ml 1.99	OUR VERY OWN Pepperoni Frozen Pizza 700 gr 4.49
Kraft, Reg, Light, Low Fat Miracle Whip 1 Litre 2.99	OUR VERY OWN Provocative Pizza 625 gr 6.49
Heinz Ketchup 1 Litre 2.77	Rich's Coffee Rich 1 kg 1.49
Old El Paso Burrito Kit 520 gr 3.99 Fajita Kit 507 gr	McCain, Cheese, Cajun Tasti Taters 1 kg 1.99
Old El Paso Taco Shells 125 gr 1.99	Old El Paso Nachips 400 gr 1.99
Old El Paso Taco Kit 275 gr 3.49	Breton, Assorted Varieties Crackers 225 gr 1.99
Los Alamos, Mild, Med, Hot, Explosion, Black Bean Salsa 750 ml 2.69	Royale, 2 Ply, White Bathroom Tissue . 24 Rolls 5.99
Motts, Reg or Extra Spicy, 1.89 L Plastic Bottle Clamato Juice 3.29	Minute Maid, Assorted Flavours Frozen Punches . 355 ml 79¢
Heinz, With Pork, In Tomato Sauce, Boston Style, BBQ Beans	Royale Extra Paper Towels . . 2 Rolls 99¢
Re, Chili, In Sauce Kidney Beans . . 398 ml 69¢	Red Rose, Orange Pekoe Tea Bags 72's 2.99

QUALITY DELI

Deli Sliced, Hungarian, German, Cervelat, Peppercorn Salami 88¢/100gr 3.99 lb.	Maple Lodge, Smoked Chicken Breast 1.10/100gr 4.99 lb.
San Danielle, Reg, Light, Hot Mortadella . . . \$1.10/100gr 4.99 lb.	Deli Sliced Pressed Corned Beef 1.21/100gr 5.49 lb.
	Tre Stelle, Imported Swiss Cheese . . . 1.32/100gr 5.99 lb.