

NO QUALITY

(905) 876-4496

Quality Green's Shop By Phone & Delivery Service!
5% SENIORS DISCOUNT! EVERY DAY!!
 (Excludes Tobacco, Specials & In-store Features)

DID YOU KNOW THERE ARE AT LEAST 3 GRADES OF PORK?
 THE FINEST & LEANEST PORK IS GIVEN THE GRADE OF SPECIAL
 SELECT. QUALITY GREENS HAND SELECTS & SELLS ONLY
 ONTARIO SPECIAL SELECT GRADE OF PORK!

Centre Cut Boneless Pork Loin Chops . 3⁴⁹ lb.	Flank Steak Stuffed with Seasoned Ground Beef & Pork London Broil 2⁹⁹ lb.
Centre Cut, Boneless Pork Loin Roast 3⁴⁹ lb.	Beef Tenderloin . 11⁹⁹ lb.
Rib End, Boneless Pork Loin Roast 3²⁹ lb.	Cut from the Leg of Veal Veal Cutlets 5⁴⁹ lb.
Pork Butt Chops 1⁹⁹ lb.	Great for Shiskabobs & Greek Souvlaki Dishes Extra Lean Pork Cubes 3⁹⁹ lb.
Great on the BBQ! Boneless Butt Roast 2⁴⁹ lb.	Fresh Canada Gr A Chicken Boneless Breasts 4⁴⁹ lb.
Great on the BBQ! Pork Picnic Shoulder Roast 99¢ lb.	

QUALITY PRODUCE

Product of Ontario Canada #1

5 lb. Cello **Carrots** **99¢** bag

Product of Ontario, Can. #1
Large
Green Cabbage . . . **99¢** ea.

Product of USA, Super Sweet
School Size
Sunkist Oranges . . . **2⁹⁹** doz

Canada #1
Waxed Turnip **29¢** lb.

Sweet
Spanish Onions **49¢** lb.

Product of Ontario,
Extra Fancy, Bagged
Apples **1⁴⁹** 3 lb. Bag

Product of Ontario,
Assorted Varieties
Squash **49¢** lb.

Product of USA, Super Sweet
School Size
Sunkist Oranges . . . **2⁹⁹** doz

EXOTICS	
Hosui Asian Super Sweet PEARS	1⁴⁹ lb.
STAR FRUIT	2⁹⁹ EA
CACTUS PEARS	2/99¢
Whole GOLDEN PINEAPPLES	6⁹⁹ EA
PAPAYA	2⁴⁹ LB

Barbecued Pork Southern Style

- | | | | |
|-------|---------------------------|-------|-------------------------------------|
| 3/8 | pork shoulder roast | 2 3/8 | drops ground cinnamon |
| 3/8 | teaspoon celery seed | 3/8 | bay leaf, crumbled |
| 2 1/8 | tablespoons cider vinegar | 1 5/8 | dashes salt |
| 3 1/4 | tablespoons ketchup | 1 5/8 | dashes lemon pepper |
| 1 5/8 | dashes chili powder | 2 3/8 | drops hot pepper sauce, or to taste |
| 1 5/8 | dashes ground nutmeg | 3/8 | cup water |
| 3/8 | teaspoon brown sugar | | |

- * Pork roast of about 3 pounds or more. You may double the sauce recipe if cooking a large roast.
 1. In a heavy skillet, brown the roast on all sides in a small amount of oil.
 2. Place the roast in a heavy, oven-safe pan with tight fitting lid or a pan that you can seal with aluminum foil.

HOURS:

MON. - WED. 8:00 A.M. to 8:00 P.M. Sat. 8:00 A.M. to 6:00 P.M.
 THURS. - FRI. 8:00 A.M. to 9:00 P.M. SUN. 10:00 A.M. to 5:00 P.M.

Quality GREENS

Fine Food

Weekly Specials



Sweet Hot or Garlic

Italian Sausage

\$1⁹⁹ lb.

Super Special

Ontario, NEW WHITE

Potatoes

69¢ 10 Lb. Bag

Super Special

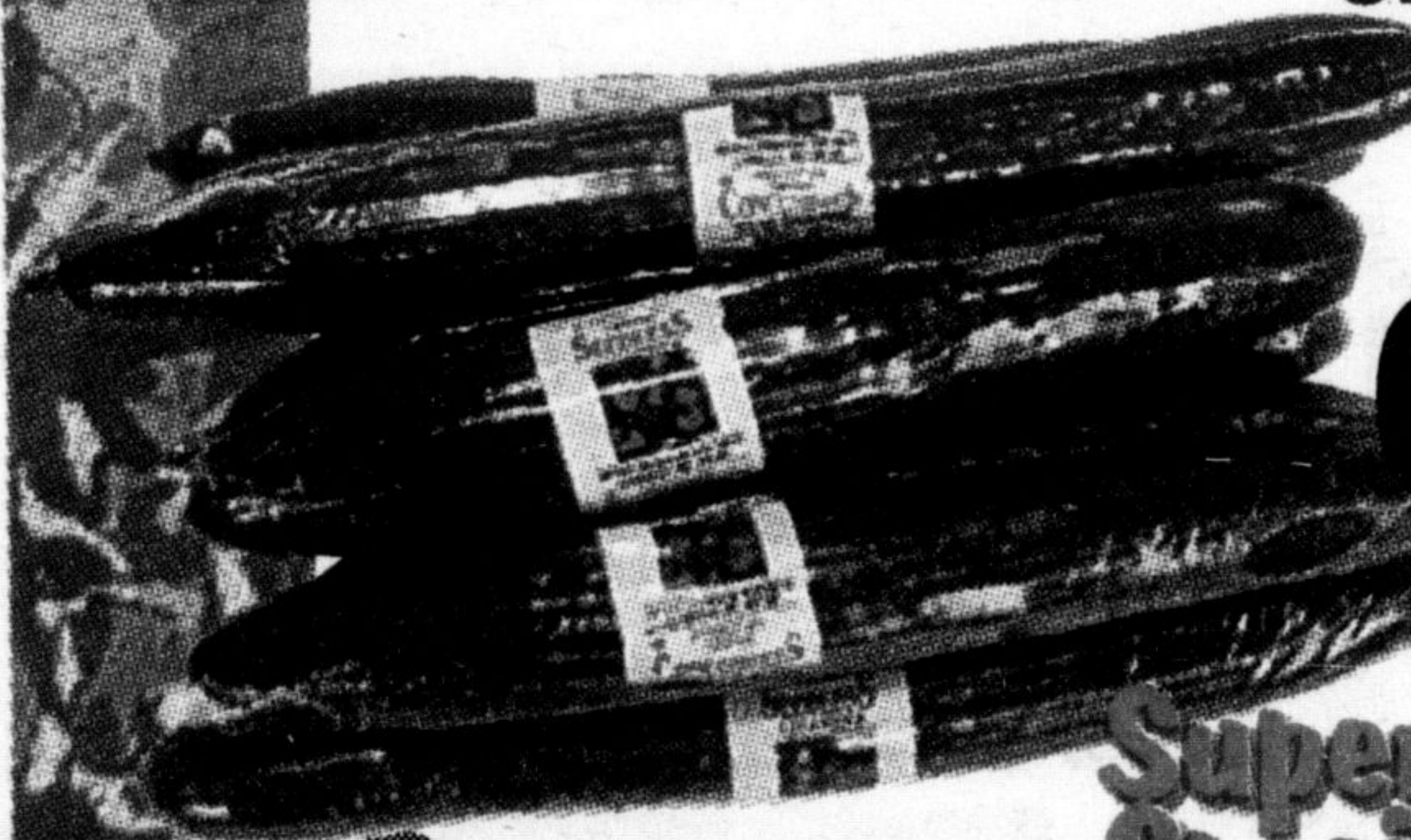


Ontario #1, Large Seedless

English Cucumbers

99¢ ea.

Super Special



Ontario #1, Green, Yellow, Flat

Beans

99¢ lb

Super Special



Product of USA or Ontario, Large

Romaine Lettuce

89¢ ea.

Super Special

