



Photo by GRAHAM PAINE

## Singing in the rain

A light morning shower last week didn't seem to bother Sharon Hilts or her five-year-old son Jake, who, rain or shine, are determined to enjoy summer to its fullest.

## Parent group offers help weekly

Calling new parents. The group which has traditionally met at the CHERISH Parent-Child Centre is now located at the Milton Community Resource Centre, 917 Nipissing Rd.

The Calling New Parents group meets every Tuesday afternoon from 1:30 to 3:30 p.m.

"The group in Milton has, in the past, been very well attended," said public health nurse Kelly Farrugia.

"Recently, however, attendance is very limited."

The goal of the group is to provide education and support to new parents.

"The informal atmosphere gives new parents a chance to connect with others who are living through the transition to parenthood," Ms Farrugia said.

"As you can imagine, most of our mothers have been working

full time in Milton and surrounding areas and have minimal supports in their own community. They are faced with the challenge of new motherhood, often times on their own or with supports who live at a distance."

A professional health nurse is available each week at the group to discuss concerns and give information on common and not so common issues in post-partum.



Milton Minor  
Hockey Association

## Registration

**1998-1999 Season  
Milton Mall  
Sat., August 8th  
9:00am to 1:00 pm**

*First time registrants must bring Birth Certificates.*

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