Active Milton woman turned 100 Wednesday

By STEVE LeBLANC

The Champion

Winifred Motteram's secret to vitality may be somewhat run of the mill, but it's certainly put her in select company.

The Milton woman turned 100 years old Wednesday at her Pine Street residence, where she lives with daughter Iris Innes and Iris' husband Bill.

Ms Motteram — who lived through two world wars in England — attributes her long life to "plain, active living."

She still enjoys relatively good health and up until two years ago, when she dislocated her shoulder, she could be found gardening in her backyard almost every day in the spring and summer.

"I began gardening many, many years ago in England. During the war we were encouraged to grow as much of our own food as possible," she recalled.

Monday afternoon she received a special birthday card from none other than Queen Elizabeth. It included a photograph of the British monarch as well as a celebration wish.

This came as a huge surprise to Ms Motteram, who lights up when asked about the card.

Ms Motteram left her native England in 1980 to live with her last surviving daughter.

Said her son-in-law Mr. Innes, "She came to stay with us after her other daughter passed away. She said she wanted to spend her last few years with us. That was 19 years ago and she's probably good for another 19 years."

In her younger days, Ms Motteram owned a wool shop that still operates in England. She was an expert knitter, amateur painter and according to Ms Innes a "loving and devoted wife and mother."

"She was always a very active person," added Ms Innes. "My grandmother lived to be 95 years old and now my mother has reached 100 years. I guess we've got pretty good genes in our family."

Ms Motteram, who's still fairly independent, has six grandchildren and two great-grandchildren — with a third on the way.

Many of these family members will be on hand for her official birthday celebration tomorrow (Saturday) from 2 to 4 p.m. at her 296 Pine Street home. Longtime friends are also welcomed to attend.



Photo by GRAHAM PAINE

Winifred Motteram (right) turned 100 years old Wednesday at her Pine Street residence. She's pictured here with daughter Iris Innes.

Religious Service Directory

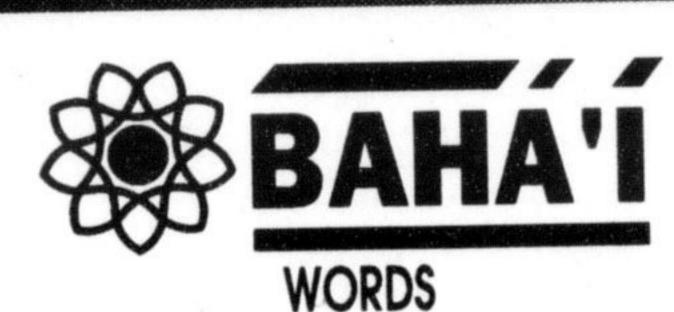
306 Ontario St. N. • 878-2022

10:00 a.m. - Breaking Bread 11:45 a.m. - Sunday School

Wednesday 7:30 p.m.

6:30 p.m. - Gospel Service

Prayer Meeting and Bible Reading "This is a faithful saying that Christ Jesus came 1 Tim.1.15 into the world to save sinners."



"Beware lest ye harm any soul, or make any heart to sorrow; lest ye wound any man with your words, be he known to you or a stranger, be he friend or foe." From the Baha'i Writings

LOCAL:
REGIONAL: 1-800-433-3284
NATIONAL:1-905-889-8168
GLOBAL:www.bahai.org
or www.onecountry.org

HOLY ROSARY PARISH

http://www.golden.net/~wts/hamilton/p-holyrosary-m.html 878-6535 (T.T.Y. 878-9044)

HOLY ROSARY CHURCH 139 Martin Street Mass at 5:30 pm Saturday

9:00 am, 10:30 am OUR LADY OF VICTORY MISSION Milton Heights

> No Mass ST. PETER MISSION 9th Line & Britannia

No Mass Rev. Earl Talbot, P.P. Celebrating our 60th Anniversary

Grace Anglican Church

317 Main St. E., Milton the Church on the Hill 878-2411 Rev. Dr. Mark McDermott

SUNDAY SERVICES

8:00 am - Holy Communion 10:00 am - Sung Eucharist (Nursery Program, Church School, & Prayers for Healing)

THURSDAY

10:45 am - Holy Communion

Wheelchair access through parking lot doors

KNOX PRESBYTERIAN **CHURCH**

170 Main Street E., Milton Minister-The Rev. Rod Lewis Diaconal Minister-Colleen Smith

Sunday Worship 10:30 a.m.

Nursery & Sunday School Vacation Bible School August 17-21, 9:00-11:30 a.m.

To pre-register call Amy 878-9873 For information call 878-6066 Parking on Mary Street

Wheelchair access and washrooms provided so that all may come and worship.

TO Participate Please Call Vicki at 878-2341



VICTORY BIBLE CHURCH

Are you bored with church and Christianity? Has church attendance made little difference in your life? Is Sunday morning service just a routine or tradition?

If your answer is yes to these questions, and you want more out of church, then I encourage you to check out our services that will excite, challenge, and equip you each week.

10:00 -11:15 A.M. — MORNING WORSHIP

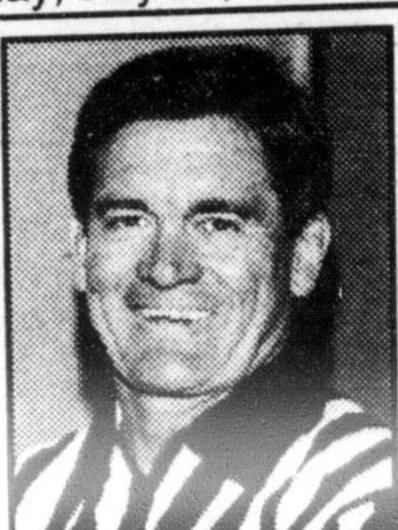
MILTON LEISURE CENTRE (BOARD ROOM) (separate services for children 9 years and under)

Ministries of Victory Bible

- Praise Ministry focusing on songs centred around the word of God and relationship with Christ.
- Preaching that equips the believer to have a deeper relationship with the Lord and fulfil God's plan in your life.
- · A Children's Ministry that will train children in the Bible so they can learn more about Jesus Christ and apply His word in their lives.
- Bible Studies that are used as a means of outreach to the community as well as growth for the believer. (Halton police study, Saturday morning study, Syl Apps study, Sunday evening study)
- · Community Outreach through weekly Bible teaching segment on Cable 14, weekly teen talk show.

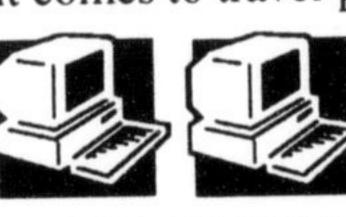
"Living A Victorious Life By The Word Of God" Pastor Charles Boyce (905) 875-2162 Email: cboyce@interhop.net





TRAVEL COMPUTER STYLE!

AS YOU READ THIS COLUMN, there has been a further upgrading of 'access of knowledge' via the WONDERFUL WORLD OF THE COMPUTER, as changes are happening in the world of technology these days almost in that amount of time! And in the 'world of travel' the changes are as significant as anywhere, with information coming at one from all avenues - ideas popping up right and left - adding more and more challenge to decision making when it comes to travel planning.





THE GOOD PART IS - this added of knowledge assists the professional travel agent in providing clients with TIME-SAVING / COST-PLEASURE ADDING INGREDIENTS when planning your travels. (Computers linked to services worldwide have always been the provider for the leading agencies to provide quality information for travellers - now this is enhanced even more!) THE ABILITY OF YOUR PROFESSIONAL TRAVEL AND CRUISE PERSON TO SERVE YOU BEST IS NOW 'BETTER THAN EVER'!

THE IMPACT OF THE CANADIAN DOLLAR value currently being low against the US buck hasn't effected travel planning a whole lot, as agencies from across the country report increased sales over this same time last year. The fact the economy appears good seems to offset the devalued 'loonie' - TRAVEL WITHIN CANADA is up, but also EUROPE, BRITAIN, and the overseas market in general is steady. So many places to go -RUSSIA is contemplating doubling its tourist business, for example; and more and more countries are devoting time and dollars to cater to the tourist trade. Lots of places to go - for the many who are now saying - LET'S DO IT!

DID YOU KNOW DEPT: THE CN TOWER, newly 'refurbished' is still one of the 'must' visits around the area and you get a spectacular view of the area! We took a look recently - wow! A good dining outing, too.

TRAVEL TIP OF THE WEEK: USING TRAVEL POINTS for your travels - call your AIR CARRIER well in advance - seats are limited in this area.

The Way To go! bod Bruce Hood Professional Travel & Cruise Officials

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