

100% QUALITY

(905) 876-4496

Quality Green's Shop By Phone & Delivery Service!
5% SENIORS DISCOUNT! EVERY DAY!!
 (Excludes Tobacco, Specials & In-store Features)

ALL OUR BEEF COMES FROM THE LOCAL MENNONITE COMMUNITY - CERTIFIED RED BRAND - CANADA TRIPLE A - AGED MINIMUM 21 DAYS

Inside Round Steak Roast . . . 2⁹⁹ lb.	Rump Roast . 2⁹⁹ lb. Fresh from the hip
Sirloin Tip Roast 2⁹⁹ lb.	Veal Cutlets or Scalopini 5⁹⁹ lb. Made with Top Sirloin Steak
Eye of the Round Roast 3⁴⁹ lb.	Beef Shiskabobs . . 4⁹⁹
Sirloin Tip Steak 3⁴⁹ lb.	Tenderized Sandwich Steak . 3⁶⁹ lb. (Flank Steak stuffed with ground beef & pork, seasoned with fresh herbs & Spices)
Inside Round Steak 2⁹⁹ lb.	London Broil 3⁹⁹

QUALITY PRODUCE

Finest Product of USA, Canada #1 Green Peppers 99¢ lb.	Finest Product of Ontario, Canada #1 Leaf or Boston Lettuce . . 79¢ ea
Finest Product from the Tropics Mangoes 69¢ ea	Finest Product of USA, Canada #1 Cello Carrots . . . 5 lb. bag 1⁴⁹
Finest Product of USA, Canada #1 Sweet Nectarines 1⁴⁹ lb.	Finest Product of Ontario Fresh Zucchini 69¢ lb.
	Finest Product of USA, Canada #1 Sweet Plums 1⁴⁹ lb.

ZucchiniBobs

- | | |
|-------------------------------------|---|
| 2 each green & gold zucchini | 1/2 tsp dried oregano |
| 2 tbsp balsamic or red wine vinegar | 1/4 tsp each dried thyme, salt and pepper |
| 1 clove garlic, minced | |
| 2 tsp Dijon mustard | 3 tsp olive oil |

Cut green and gold zucchini in half lengthwise; cut into chunks. Set aside.
 In large bowl, whisk together vinegar, garlic, mustard, oregano, thyme, salt and pepper; gradually whisk in oil. Add zucchini, tossing to coat; let stand at room temperature for up to 1 hour.
 Reserving marinade, thread zucchini colours alternately onto each of 4 long skewrs, heat; cook, turning often and brushing with marinade, for about 8 minutes or until tender crisp.
 Makes 4 servings.

HOURS:

MON. - WED. 8:00 A.M. to 8:00 P.M. Sat. 8:00 A.M. to 6:00 P.M.
 THURS. - FRI. 8:00 A.M. to 9:00 P.M. SUN. 10:00 A.M. to 5:00 P.M.

Quality GREENS

fine food

Weekly Specials



Maxwell House Instant Reg. or Half Caffeine

Coffee
\$3⁹⁹ 200g

Finest Product of Ontario

LARGE Cauliflower

99¢ ea.



Finest Product of Ontario, Can. #1 RED or WHITE

Potatoes



29¢ Lb.

Finest Product of Ontario

FRESH Broccoli

99¢ ea.



Delmonte, Assorted Flavours

Fruit Juices

99¢ single purchase



\$5⁹⁹ Case of 9 - 3 x 250 ml