

# Quality GREENS

*Fine Food*

# WELCOME

228 Main St. Milto

Let us make up your Fresh Fruit Baskets, Cheese or Fruit Trays

Prices in effect from Tues. June 16, Until Mon. June 22, 1998

## Weekly Specials

**Certified Red Brand Canada Triple A**



**Boneless Blade Steak**

**\$2.49** lb

*Super Special*

**Lean Ground Beef**

93% Fat Free

**\$1.99**

*Super Special*

**Made From 100% Pure Canadian Beef**



**Fresh Can Grade A**



**Boneless Chicken Breasts**

**\$3.69** lb

*Super Special*

**Primo, Assorted Cuts Pasta**



**89¢** 900 gr

*Super Special*

**Primo, Assorted Flavours Spaghetti Sauce**



**99¢** 680 ml

*Super Special*

## GROCERY FEATURES

Chase & Sandborn, Reg., Fine <b>Coffee</b> . . . . . 300 gr	<b>1.99</b>	Surtec <b>Garbage Bags</b> . . . 10's	<b>99¢</b>
D'Angelo <b>Vegetable Oil</b> . . . 3 L	<b>2.99</b>	Kraft, Mild, Med, Old, Mozzarella, Marble <b>Cheese Snacks</b> 210 gr	<b>2.99</b>
Primo, Assorted Varieties <b>Beans</b> . . . . . 540 ml	<b>79¢</b>	Sunkist, Orange, Grapefruit, Fuzzy Navel <b>Pure Juice</b> . . . . . 1.89 L	<b>2.99</b>
Medallion, Pieces and Stems <b>Mushrooms</b> . . . . 284 ml	<b>79¢</b>	Rennee's, Assorted Flavours, Reg or Light <b>Dressings</b> . . . . . 355 ml	<b>2.49</b>
Primo <b>Tomato Paste</b> . 156 ml	<b>2/89¢</b>	McCain Deep n' Delicious, Assorted Flavours <b>Cake</b> . . . . . 510 gr	<b>2.49</b>
Primo, Canadian, Crushed, Diced <b>Tomatoes</b> . . . . . 796 ml	<b>89¢</b>	McCain 5", Assorted Varieties <b>Frozen Pizza</b> . . 400-525 gr	<b>2.69</b>
Kellogg's <b>Corn Flakes</b> . . . . . 750 gr	<b>2.99</b>	Pasta Peretto, Assorted Varieties <b>Frozen Pasta</b> . . 454 gr	<b>1.49</b>
Kellogg's <b>Frosted Flakes</b> . . 525 gr	<b>2.99</b>	Los Alamos <b>White Tortilla Chips</b> . . 454 gr	<b>1.99</b>
Assorted Varieties <b>Hamburger Helper</b> 200-220 gr	<b>1.99</b>	Post, Breakfast Cereal, Assorted Varieties <b>Fruit &amp; Fibre</b> . 425-450 gr	<b>2.99</b>
Assorted Varieties <b>Tuna Helper</b> . 198-210 gr	<b>1.99</b>	Chocolate, Honey <b>Golden Grahams Treats</b> . . . . . 175 gr	<b>2.49</b>
Palmolive Reg or Ultra Dish, Assorted Varieties <b>Detergent</b> . . . . . 635 ml	<b>2.49</b>	Christie's, Oreo or Fudgge-O <b>Cookies</b> . . . . . 350-400 gr	<b>1.99</b>
Los Alamos, Mild, Med, Hot, Explosion <b>Salsa</b> . . . . . 750 ml	<b>2.69</b>	Kraft, Assorted Varieties, Reg or Calorie Wise <b>Salad Dressing</b> . . 250 ml	<b>1.49</b>
Mardi Gras <b>Printed Serviettes</b> . 250's	<b>2.69</b>		
Mardi Gras <b>Paper Towels</b> . 3 pack	<b>3.59</b>		

## QUALITY DELI/BAKERY

<b>Fresh BBQ Chickens</b> . . . . .	<b>4.99</b> ea
<b>Cheese Sticks</b> . . . . . 5/	<b>1.99</b>
<b>Whole Wheat Kaiser</b> . . . . . 5/	<b>1.99</b>
<b>Foccacia Rolls</b> 3/	<b>99¢</b>
<b>Butter Top Bread</b>	<b>1.49</b>
<b>Mariposa, Smoked Turkey</b> . . . . \$1.32/100 gr	<b>5.99</b> lb
<b>Cuddy Oven Roasted Chicken Breast</b> . \$1.32/100 gr	<b>5.99</b> lb
<b>Links Roast Beef</b> . . . \$1.88/100 gr	<b>3.99</b> lb
<b>Tre Stelle, Imported Medium Gouda</b> . . \$1.90/100 gr	<b>8.69</b> lb