

# Dateline

**Dateline listings are free to non-profit groups as a Champion community service**

**• from DATELINE on page 12**

portation and a buffet lunch are included. Call the centre at 875-1681 to sign up.

The **Milton and District Horticultural Society** holds its monthly meeting at the Royal Canadian Legion on Charles Street at 7:30 p.m. Guest Frank Kershaw speaks on attracting birds and butterflies to gardens. Memberships are taken. The cost is \$5 per person or \$8 per family. Everyone is welcome.

Public school Trustee Erica Andrew hosts a **community meeting** at W.I. Dick School from 7 to 9 p.m. The guest speaker is Peggy Harcourt, who discusses special education.

**Tuesday June 16**

**Help for Parents** — a parent support group — meets every Tuesday at Pinelands Presbyterian Church, 5270 New St., in Burlington at 7:30 p.m. With trained counsellors, the non-denominational group helps parents of children who are in trouble at home or school, or with the law. Call 1-800-488-5666.

**Wednesday June 17**

It's **Hot Meal Deal Day** at the Milton Seniors' Activity Centre, 500 Childs Dr., at 11:45 a.m. Seniors are invited to enjoy a hot meal and socialize.

The Milton Seniors' Activity Centre, 500 Childs Dr., hosts the **Dental Awareness Clinic**. Ellen Ross, dental hygienist with the Halton Regional Health Department, offers free information on teeth and dentures from 10 a.m. to noon.

The **Car Seat Safety Clinic** takes place at the Milton police station, 490 Childs Dr., from 3 to 7 p.m. The free event sponsored by Halton Regional Police provides car seat check-ups and information on cor-

rect car seat usage. For an appointment, call 878-5511, ext. 2406.

**Thursday June 18**

The **Community Forum on Workfare** takes place at Oakville Central Library Auditorium, 120 Navy St., at 6:30 p.m. The aim of the meeting, presented by the Halton Anti-Poverty Coalition and the Halton Social Planning Council and Volunteer Centre, is to inform social assistance recipients and non-profit agencies about the new Provincial Social Assistance Reform Act that came into effect in the region on May 1. The act means many changes to the welfare system including performing mandatory work for social assistance beneficiaries. For more information about the meeting, call 632-1975.

Oakville-Trafalgar Memorial Hospital presents a public awareness evening called **'Eating Disorders in our Society'** in the auditorium from 7 to 9 p.m. The guest speakers are Dr. Jane Gilbert, psychiatrist, Mary Forhan, occupational therapist, and Marnie Tuira, registered dietician. A \$2 donation at the door is appreciated.

The Canadian Red Cross Society holds a **blood donor clinic** at the Milton Seniors' Activity Centre, 500 Childs Dr., from 1:30 to 8 p.m.

**Chronic fatigue syndrome and M.E./fibromyalgia sufferers** meet at 1 p.m. For further details, call 876-3713.

**Halton Adolescent Support Services** invites the public to attend its 24th annual meeting at the Burlington Art Centre (Shoreline Room) at 5 p.m. To attend, call 1-800-796-4277.

The **Halton Cesarean Awareness/Vaginal Birth After Cesarean Group (CA/VBAC)** provides infor-

mation, support and topical discussions at its meetings. All past and present members are invited to attend this pot luck round-up meeting. For further information or directions, call Michele at 634-2191.

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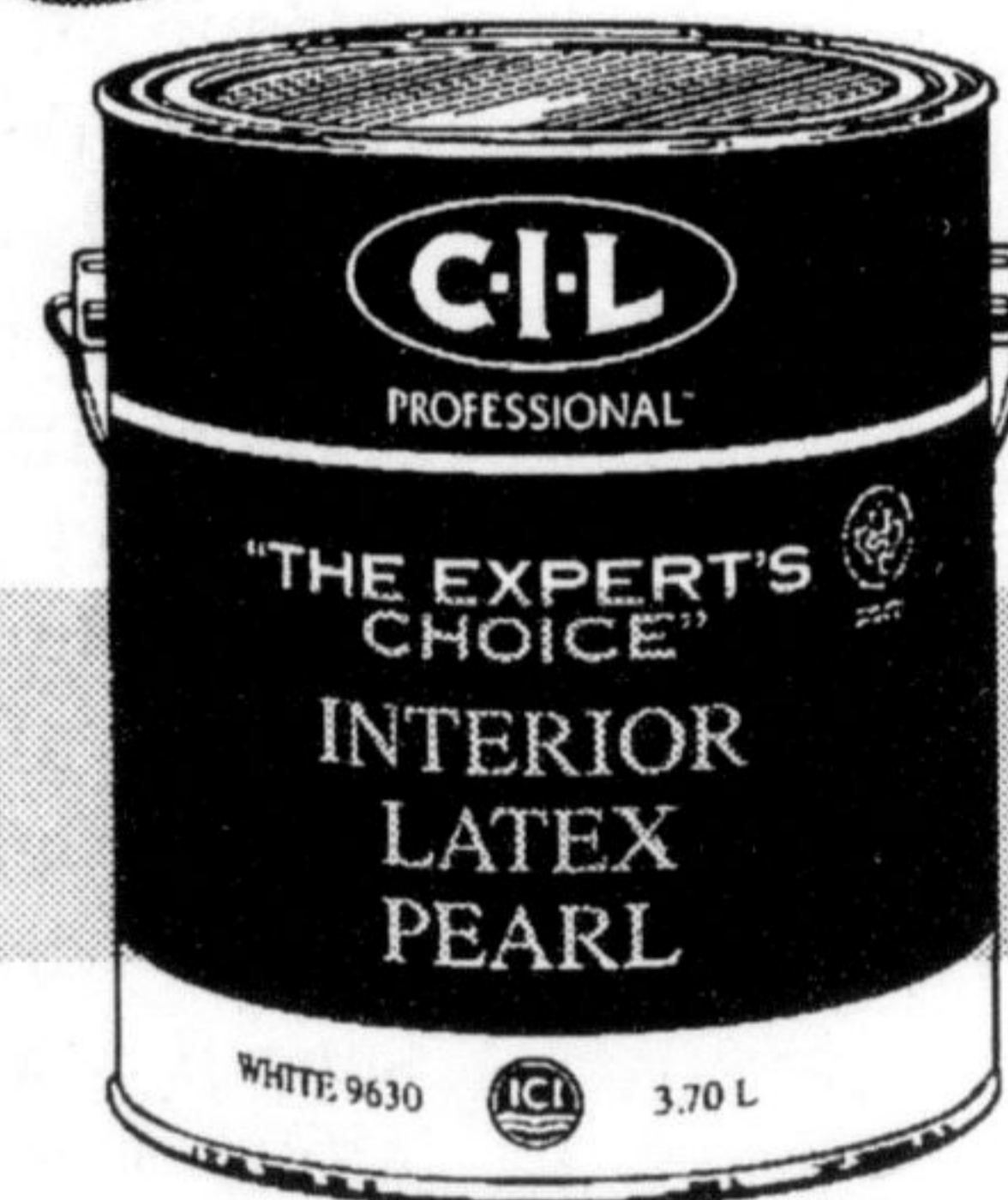


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## FOCUS ON

**REIKI**

"Information Night"

Tuesday, June 16th

at 7pm

**905-876-1218**

Francesca Warriner,  
Reiki Master  
(Member of the Reiki Alliance)

**Health**

*A monthly section featuring food ideas for healthier lifestyles*



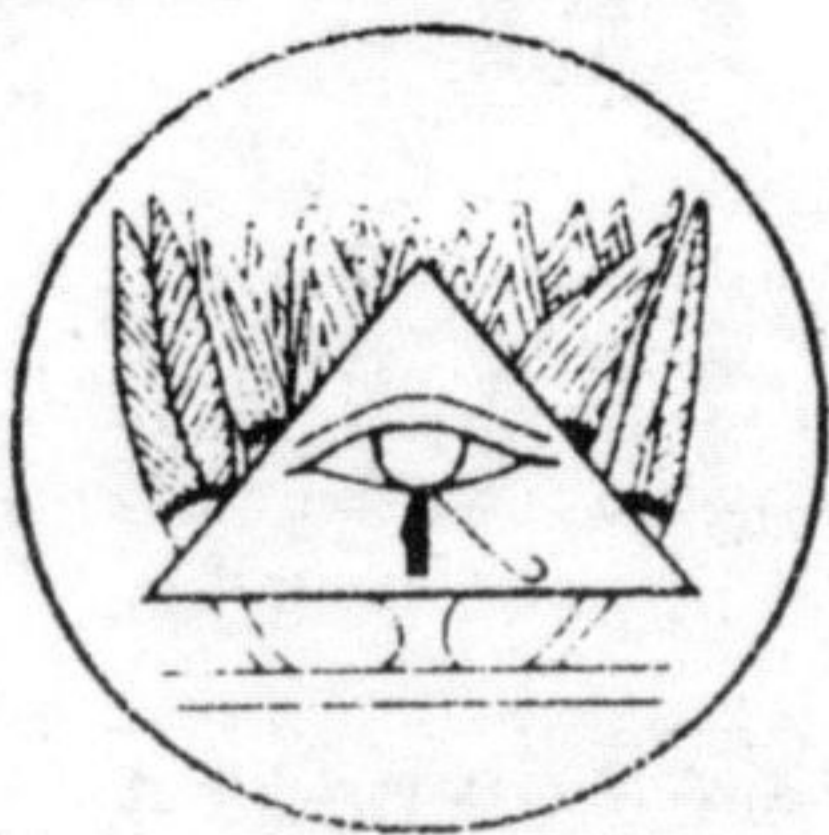
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**Naturally Be Wellness Centre**

is offering (TCM) Free DIAGNOSIS CLINICS on the following dates

June 13th 2-5pm

June 27th 2-5pm

July 11th 2-5pm

July 25th 2-5pm

Traditional Chinese Medicine Students will be diagnosing under the tutelage of Dr. Kai Chen (Doctor of TCM). Herbal and Acupuncture treatments will be available for a nominal fee.

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*For more details call Linda at 905-854-1654*

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