

# Hogarth three-time winner

Scott Hogarth was a triple threat recently at the Battle of Wonderland National Karate Championships.

The Fighting Griffin sensei tested his skills in two age class forms competitions as well as in weapons — taking top honours in each event.

Kristen McElhone won her advanced division while Joshua Job and Sean Mangan placed first in kids and teen competition respectively.

Mangan also took a second-place finish as did Paige Honey.

Among those scoring third-place honours were Tammy Hogarth, Jordan Lange and Jeff Schmitz.

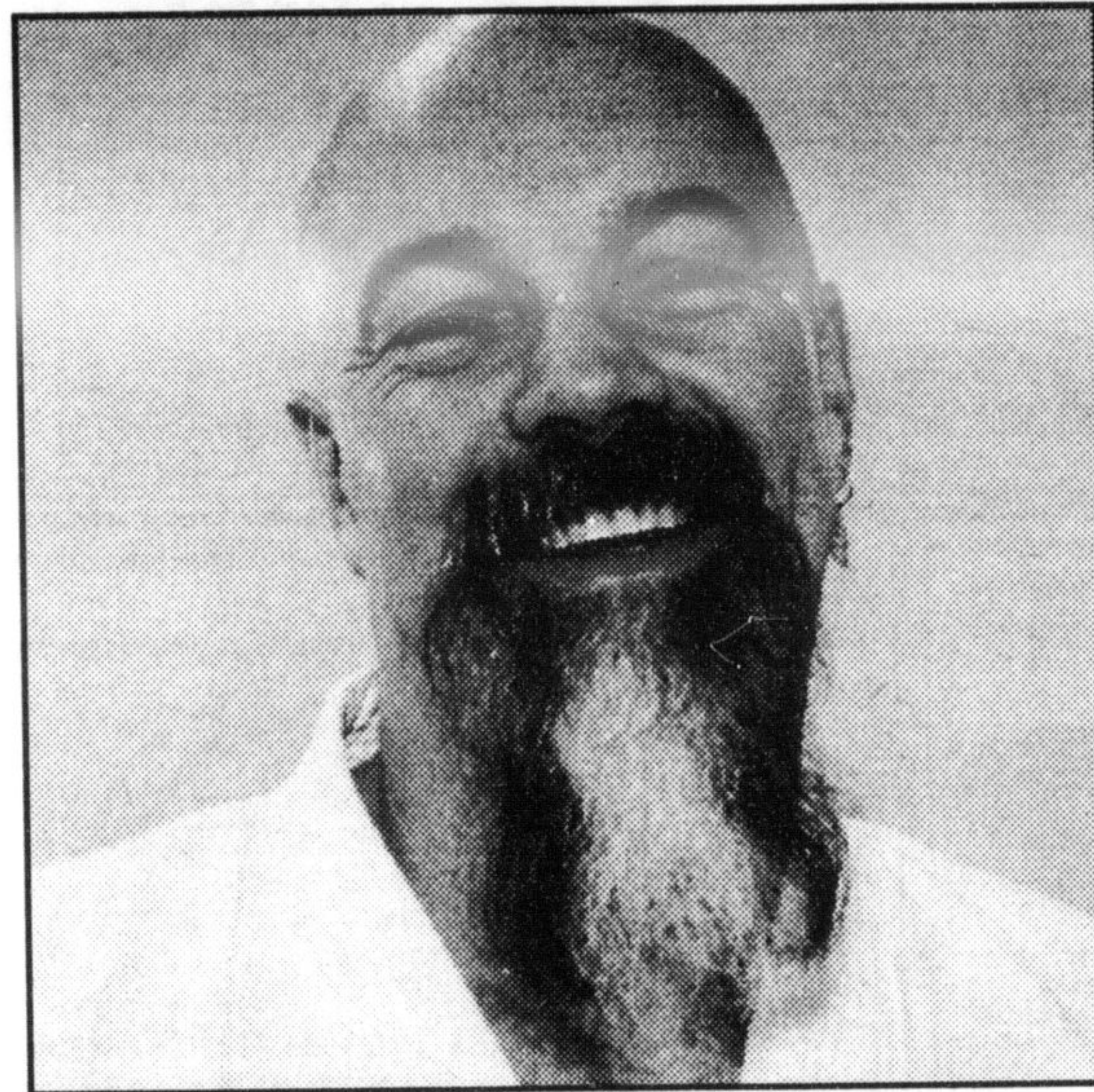
Lange, Schmitz and Matthew Walton came away with fourths while Quinn Cruise, Brandon Laferiere and Chad Mathers all placed fifth.

Fighting Griffin Martial Arts took first runner-up status in the best supporting club category.

Hogarth now prepares for this summer's Four Tournament Pan-American Games Conference. Competition will be held in Kansas City, Washington, South Carolina and Texas.

## Locals shine

Milton's Young Choung Tae Kwon Do Academy amassed eight golds, eight silvers and three bronze recently at a tournament in Hamilton.



**Martial arts expert Scott Hogarth**

Kristen Bonham, Valerie Burke, Shannon Condi, Brenden Denham, Robin McColl and Brittany McDonnell each scored one gold and one silver.

Picking up a gold and a bronze was Courtney Condi while Matt Jensen also struck gold.

Steve Duffield and T.J. Snow captured a pair of silvers and a pair of bronze medals respectively.

# Porenta gets silver medal

Jennifer Porenta mixed speed and endurance to capture silver recently at the 1998 Etobicoke Pentathlon.

The pre-teen swimmer — plus 15 of her Milton Marlin mates — were put through their paces with 100-metre races of freestyle, backstroke, breaststroke and butterfly plus a 200m individual medley.

Porenta was a bastion of consistency with strong finishes in every event. Her combined time of 7:50.69 was good enough for the runner-up spot in the 11 and 12-year-old girls division.

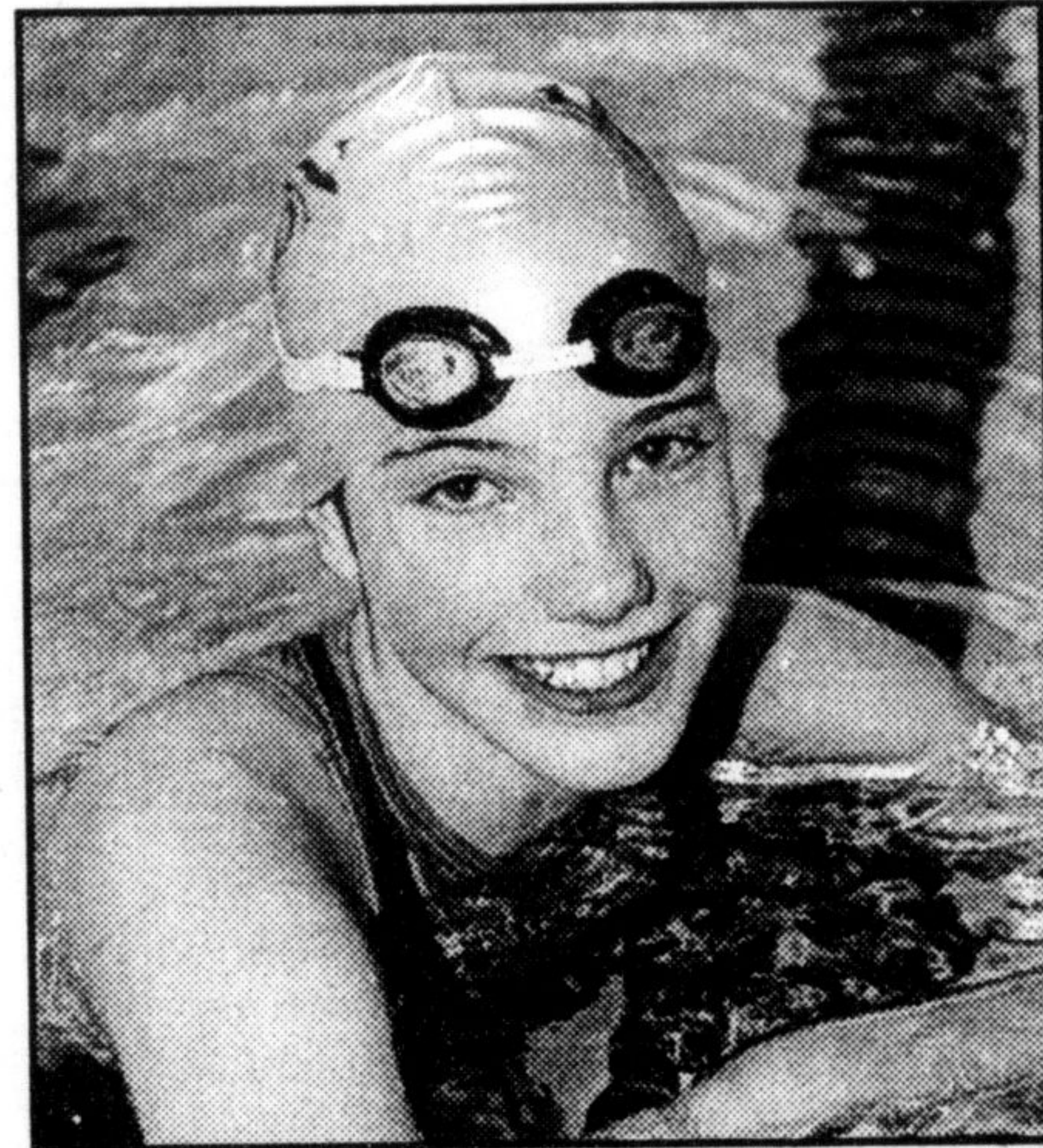
Age class teammate Kristen McIlroy wasn't far behind — running, or rather swimming, the gamut in 8:25.32 for seventh-place honours.

Sisters Michelle and Jennifer Claessens took 29th and 40th places respectively with times of 9:16.30 and 9:33.77 while teammates Erynn Mayes and Yvonne Sliemers posted times of 9:53.17 and 10:01.23 for 53rd and 55th spots.

Newcomer Jamie Robinson placed 66th with a total time of 10:44.36.

Hilary Wassenich led the way in the 10 and under girls category with a time of 11:15.33 for 22nd place. Six spots and 17 seconds back was eight-year-old Jacqueline Clarke — the youngest Marlin in the pack.

Among the 10 and under boys, Milton's Kevin Winter showed strongly with an overall 11:47.90 effort for 16th spot.



**Jennifer Porenta**

Brenda Lussier, 21, placed 13th in the 17 and up class with a time of 10:20.80.

In the 11 and 12 year old boys division, Nick Parris took 40th place after scratching from one event.

Stephanie Sliemers was impressive in the 13 and 14 year old girls class with an 8:09.53 combined time for 16th place while male counterpart David Wassenich put together an 8:08.62 finish for 29th overall.

George Dimitrov and Kassie Sliemers raced against four dozen 15 and 16 year old male and female swimmers each. Dimitrov placed 19th in 7:47.46, Sliemers 21st in 8:12.75.

# Drury wins the opener

• from HARROLD on page 33  
on a throwing error.

Simpson scored MD's only other run in the fourth. Driving her in with a single was Candice Wrigglesworth.

Elisha McGee was steady in middle relief for the Spartans. In three innings she allowed one run on two hits while picking up a pair of strikeouts.

Middle infielders Huffman and Melissa Parcels came up with some big defensive plays for Drury. Leading MD in the field

was Dolan, who moved over to shortstop in the fourth and was particularly sharp.

## McManus relieves

Relieving her on the mound was Jen McManus, who kept her team within striking distance by fanning four and retiring nine of 11 batters.

Drury hopes to make it two in a row this afternoon when they host Iroquois Ridge. Meanwhile, Milton District heads across town to battle the Bishop Reding Royals.

# Alumni hockey tourney

The Burlington Central High School Hockey Alumni Association presents the Burlington High School Hockey Leagues' first Annual Alumni Tournament.

The tournament will operate at the

Burlington Mainway Arena May 22 to 24 in two divisions, over 30 and 20-29 year age classes.

For more information, or to obtain an application, call 332-0757.

**THE LIONS**

## Slow Pitch Tournament

### May 29th and 30th, 1998

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## PREVENTATIVE HEALTH GUIDE

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Prevention in dentistry includes the promotion of the mouthguard as a necessary piece of sports protective equipment.

Of all body parts, the teeth are least likely to return to a normal, healthy state following injury, so prevention of dental trauma is of utmost importance. It has been estimated that 39% of all dental injuries are sports related and that an athlete is 60 times more likely to damage teeth when not wearing a mouthguard. Athletes who play hockey, lacrosse and football have long recognized mouthguards as a necessary piece of their protective equipment & dental injury has been dramatically reduced in these sports. Recreational athletes who participate in sports such as raquetball, soccer, basketball, inline skating, skateboarding, street hockey and mountain biking should adopt mouthguards as part of their protective gear (in addition to helmet when appropriate).

If you play sports, your dentist can help you determine if you are at risk for the damaging blows to the chin & horizontal impacts which are the major causes of dental trauma. Your dentist can help you choose between a store-bought "boil and mould" type of mouthguard or the much more protective, dentist-made, custom mouthguards which may be more costly, but are more likely to be worn because they fit well and comfortable. By encouraging the wearing of dental protection for sports, we aim to keep our active patients **sporting their smiles for a lifetime.**

**Message from the Dentists at Wakefield Dental Office**  
**Paula Cassin, Natalie Kos, Linda Jin**  
**106 Wakefield Rd.**  
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**Milton Mall Location**

## Good Health Centre

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