

QUALITY

(905) 876-4496

Quality Green's Shop By Phone & Delivery Service!
5% SENIORS DISCOUNT! EVERY DAY!!
 (Excludes Tobacco, Specials & In-store Features)

QUALITY MEAT

ALL OUR BEEF COMES FROM THE LOCAL MENNONITE COMMUNITY
 CERTIFIED RED BRAND, CANADA TRIPLE A, AGED 21 DAYS

Cut from a special select Grade of Ontario Pork BONELESS Pork Loin Chops 3⁹⁹ lb.	Cut from a select Grade of Ontario Pork Picnic Shoulder 1²⁹ lb.
Cut from a special select Grade of Ontario Pork CENTER CUT BONELESS Pork Loin Roasts 3⁹⁹ lb.	Cut from a select Grade of Ontario Pork Breaded Pork Cutlets 2⁹⁹ lb.
Cut from a special select Grade of Ontario Pork RIB END BONELESS Pork Loin Roasts 3⁷⁹ lb.	Cap Removed Prime Rib Steaks 5⁴⁹ lb.
Made from a select Grade of Ontario Pork SWEET, HOT, GARLIC Italian Sausage 1⁹⁹ lb.	Beef Braising Ribs 2⁹⁹ lb.
Cut from a select Grade of Ontario Pork Butt Chops 2⁴⁹ lb.	Prepared with ground beef & pork, fine herbs & spices stuffed in flank steak London Broil 2⁹⁹ lb.
	Made from Ontario Pork, Pure Pork Breakfast Sausage 1⁹⁹ lb.

QUALITY PRODUCE

Product of Argentina, Canada #1, Sweet Bartlett Pears 89¢ lb.	Product of Mexico, Canada #1, Roma Tomatoes 79¢ lb.
Product of USA, Canada #1, Sweet Matzu Apples 79¢ lb.	Product of USA, Canada #1 Fresh Zucchini 79¢ lb.
Product of USA, Canada #1 FOIL WRAPPED Baking Potatoes 6/1⁹⁹	Product of USA, Canada #1 Fresh Kale, Collards, Swiss Chard 1⁴⁹ bunch
Product of USA, Canada #1 Cooking Onions 2 lb. bag 69¢ ea.	

Sauteed Swiss Chard

Wash two bunches of Swiss Chard, cutting off 1/2 inch of stem from the bottom. Cut leaves and stems into five inch sections. Cover bottom of a deep pot with a layer of oil and brown a segmented clove of garlic. Place wet Swiss Chard sections in pot, cover and simmer until tender (approximately 18 min.)
 Serving Suggestions:

Raw Swiss Chard adds a pleasant flavour & spinachy texture to combination salads. Swiss Chard can be quickly sauteed for a delightful side dish. Swiss Chard may be added to a great many soups, such as: chicken, minestone, lentil and vegetable. Use seasoned Swiss Chard and Ricotta cheese filling to stuff pasta such as; cannelloni or tortellini.

HOURS:

MON. - WED. 8:00 A.M. to 8:00 P.M.
 THURS. - FRI. 8:00 A.M. to 9:00 P.M.

Sat. 8:00 A.M. to 6:00 P.M.
 SUN. 10:00 A.M. to 5:00 P.M.

Quality GREENS


Fine Food

Weekly Specials

Fresh Canada Grade A Chicken
BONELESS
Chicken Breasts

\$3⁹⁹ lb.
Super Special

Product of Ontario, Canada Fancy

Seedless
Cucumbers

99¢ ea.
Super Special

Product of USA, Canada #1
 Green or Red, Seedless

Grapes

\$1⁹⁹ lb.
Super Special

Product of USA, Canada #1
 Hand Picked, Tender

Green Beans

\$1⁴⁹ lb.
Super Special

Product of USA, Canada #1, Fresh

Broccoli

99¢ ea.
Super Special