## **FALLS** FROM HAPPENING

- Falls are predictable and preventable.
- Everyone is at risk!
- Have you had your own home assessed?

Sheila Buck B.Sc.O.T. (C) Occupational Therapy Consulting, Assessment

Providing New Opportunities for Well being through. Seating and mobility assessments Environmental safety and accessibility assessments Educational services

PHONE/FAX: (905) 878-8381

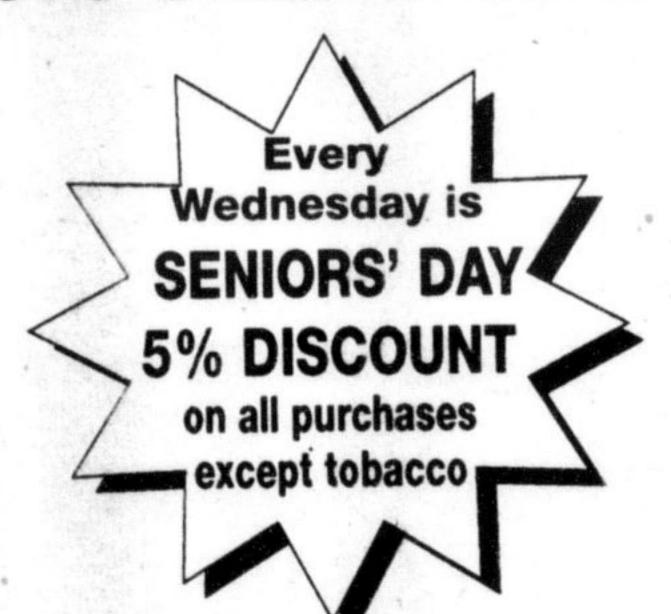


When the recipe calls for fresh mushrooms

## LEAVER

MUSHROOMS CO. LTD. Campbellville, Ont. 878-9375

575 Ontario St. S.



### HEARING AID CENTRE

M. IANNUZZI & ASSOCIATES Hearing Aid Specialists 10 Years Experience

On-Premise **Hearing Test** 48 Hour Repairs . House calls SERVICE AVAILABLE IN: ENGLISH, ITALIAN & GERMAN

 Battery Club Info. Ample Free Parking MEMBER



877-8974



2 LOCATIONS TO SERVE YOU 3006 DERRY RD. 83 MILL ST. #106, MILTON GEORGETOWN

BETTY E. MCTAGUE CHIROPODIST

Foot Health begins with the 1st Step by putting your best? foot forward

SPECIALIZING IN THE FOLLOWING:

- CORNS & CALLOUS
- . INGROWN TOE NAILS HEEL SPURS
- WARTS
- Bunions CUSTOM MADE ORTHOSIS
- DIABETICS RX FOOTWEAR

FOR AN APPOINTMENT CALL

GEORGETOWN (905) 702-0111 (local call from Milton)



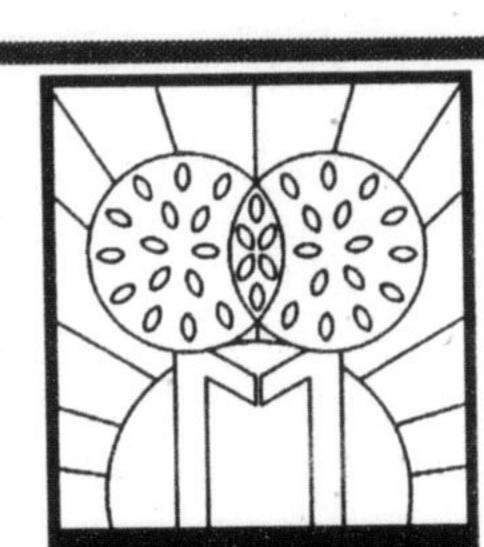
One storey building located on beautiful spacious grounds situated between Rockwood and Eden Mills

CARE FACILITY INC.

**NURSING HOME** 

RETIREMENT HOME 519-856-4622

SERVING HALTON AND AREA SINCE 1968



# INEWS for

SRIMORS

Milton Seniors Activity Centre **Current Events** 

by Tim Hawkins, Publicity

"Participate in '98"

## APRIL CURRENT EVENTS

Monday, April 6: It's "Seniors Day at the Mall". Come along to socialize with friends, play "Seniors Bingo" (10:00am) and enjoy the shopping values.

Monday, April 6: Time to get away for a day of excitement. Come along on a bus excursion to "Casino-Rama" in Orillia. There is much to see and do, a great buffet luncheon and an opportunity to try lady luck...and all for only \$12.00. Call Centre today at 875-1681 to sign up!

Wednesday, April 8: Sweet Dreams Plus offers a "Hot Meal Deal" every Wed. And Fri. At the Centre. Come along. for great food and camaraderie. 11:45 am.

Wednesday, April 8: The Centre holds its monthly "Evening Euchre Party" starting at 7:30pm. Join others for fun, sparkling conversation and lively competition. Prizes awarded. Cost: \$2.00.

Tuesday, April 14: Have you heard the latest? Come to the monthly get together of the seniors "Lunch Bunch" at a local eatery. Make new friends! Great food! Lively conversation! Time 12:00 noon. Call Centre 875-1681 for April location.

Wednesday, April 15: It's "Volunteer Appreciation" Day at the Senior Centre...a time for staff to thank the many tireless volunteers that help make the Centre a beehive of activity. Volunteers-come along and participate on this special. day...you've certainly earned it. Time: 2:30pm

Thursday, April 16: Join the bus excursion to take in the heart-warming "Celebration of Spring" family variety show. Includes both junior and senior talent. Exciting dance routines as well as instrumental pieces.

Amazing acts to make you laugh till you cry. Call Centre 875-1681 today for information and to sign up.

Monday, April 20: Come "Lunch & Learn" at the Centre. Time: 12:30pm. Enjoy lunch at counter and learn about three Intergenerational Programs within your community. Speakers include: Darlene Edmonds

"Celebrating Literacy); Peggy Grall ("Grand Friends") and participants in "United we Learn" after school program.

Wednesday, April 22: It's the Centre's fabulous "Spring Fashion Show" for seniors presented by Jo'Leens & host-

Special Luncheons plus numerous Special Events and Fundraisders

ed by the Craft Club. Time: 2:00 pm. Refreshments will be served and prizes awarded. Tickets are \$4.50 and are now available. Get your tickets now, as this popular event promises to be a sellout!

Thursday, April 23: Come along to visit Heritage House in Guelph to socialize and participate in Euchre with residents. Sign up at Reception Desk. Car pooling arranged. Time: 1:00pm at Centre.

Thursday, April 23: The seniors "Diners Club" holds its monthly dining & socializing evening at a nearby restaurant. Join them for great food and light conversation. 5:30 pm at Centre parking lot (pooling) or 6:00pm at restaurant. Call Centre 875-1681 for April location.

Monday, April 27: Enjoy another fun filled exciting day at Casino-Rama in Orillia. Plenty to see and do,a great buffet luncheon and the opportunity to try your luck. Only \$12.00. Call 875-1681 today to sign up.

Monday, April 27: The seniors "Walkers Club" has scheduled its 1st outing for the season. Join Ken and Treasa Lamb to explore nearby scenic trails. Call desk 875-1681 to indicate your interest. No special equipment needed. Time: 1:30 pm at Centre.

Saturday, April 18: It's "Swing into Spring", the Centre's fab fine dining & musical entertainment fundraiser! Come along for a great evening...a delicious ham and scalloped potato dinner followed by all-time favourites from the "Big Band" era by Don Singular and the Memory Lane Orchestra. Dancing is optional. Time:6:00pm. Don't miss this great event! Tickets now available at Centre... Members: \$12.00; Non -members \$15.00.

Friday, May 1: Cam Jackson, Provincial Minister for Seniors and local MPP, Ted Chudleigh will visit seniors Centre from 10am - noon. Come out to discuss important issues that effect you-housing, hospital restructuring, transportation and more!

Seniors Please Note:- The Senior Centre Lunch Counter is open Mondays, Wednesdays and Fridays. Drop-in for soup, sandwiches and sweets between 10am and 2:00pm. Hot meals are available on Wednesdays and Fridays. Call in to book your Friday meal before 2:00pm on Thursdays.

### ROBERT (PIE) LEE, B.SC. LIFE INSURANCE **AGENCY**

Life - Disability - Annuities - RRIFs - LIFs



Miltowne Insurance Agency Ltd.

**Group Life** & Health & Pension

#### 245 COMMERCIAL ST. MILTON L9T 2J3

**OFFICE 878-5786** FAX: 878-3692 RES. 878-1150

We are

SENIOR TRAVEL SPECIALISTS Resorts • Tours • Insurance



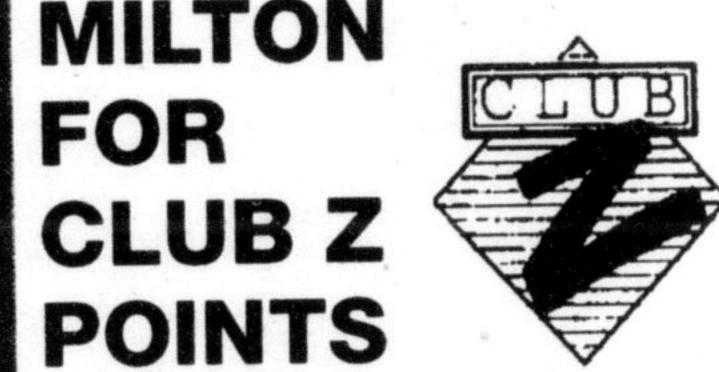
Iravei

16 Martin St. (Downtown Milton) 878-2886

Bringing the world to you since 1961



SHOP ZELLERS MILTON FOR CLUB Z



#### STOP: IN AND VISIT OUR PHARMACY

MILTON MALL 55 ONTARIO ST. Hours: Mon. - Fri. 9:30 -9:00 Sat. 9:00 - 6:00 Sun. 11:00 - 6:00

## DENTURE CLINIC

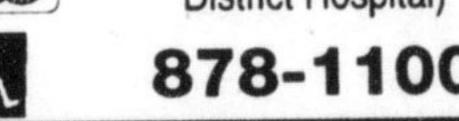
- Full Dentures and Partials
- Same Day Relines, Repairs & Adjustments.
- 10% Discount for Seniors No GST — No P.S.T.

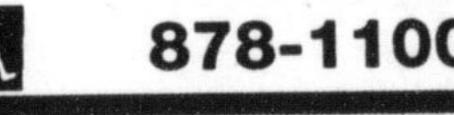
Inquire about our 5 YEAR GUARANTEE Also Available:

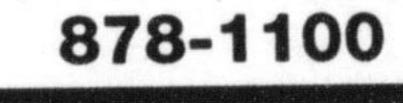
LOW COST DENTURES & HOUSE CALLS

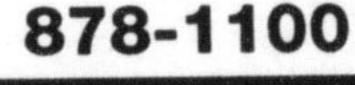
The Denture Clinic is located in the **DERRY ROAD** 

MEDICAL CENTRE (Across from the Milton District Hospital)









## SENIOR DISCOUNT DAYS

878-1100

Monday, Tuesday and Wednesday

## The Greenhouse COUNTRY MARKET

Spring Program includes: Bridge, Euchre, Cribbage, Bingo, Table Tennis, Snooker, Darts, Shuffleboard, Scottish Dancing, T'ai Chi,

Walking Club. Additional activities include: Library, Lectures, Bus Tours, Cooking Workshops, Pot Lucks, Lunch Bunch, Diners Club,

THE ABOVE INFORMATION IS SUBJECT TO CHANGE AND LIMITATIONS.

For further details on activities at the Milton Seniors Activity Centre,

Call (905) 875-1681

Yoga, Fitness, Line dancing, Clogging, Creative Writing, Calligraphy, Oil Painting, Carving Club, Choral Club, Craft Club and

10% discount applies to all grocery items, plants and much much more Be Sure To Try Our Granny May's Fried Chicken

454-5388

**HWY #7 EMBLETON** 8175 STEELES AVE. 401

#### HOURS: Mon.-Thurs.

9:00 am - 7:00 pm Friday 9:00 am - 8:00 pm Saturday

8:00 am-6 pm Sunday

9:00 am - 6:00 pm