

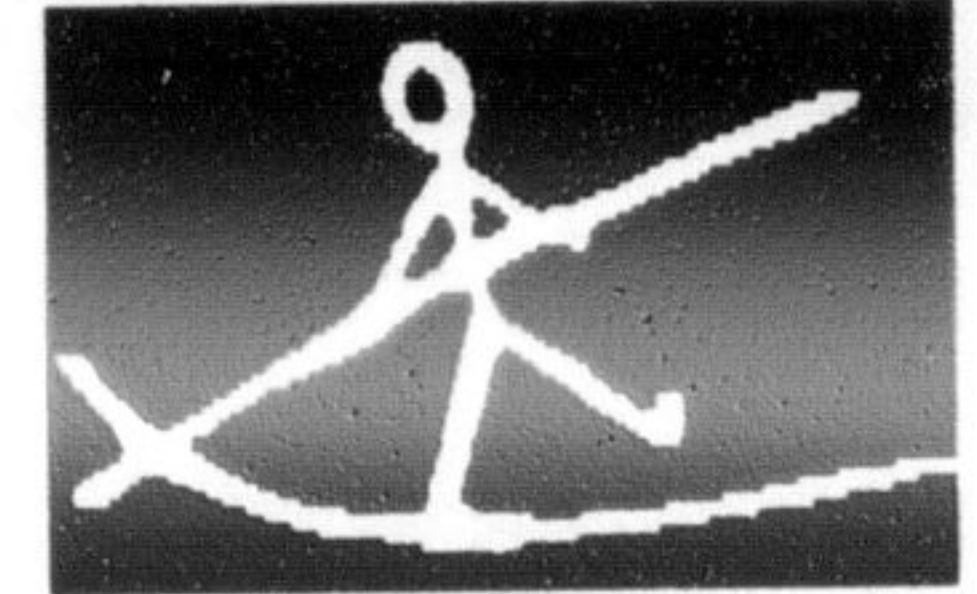
Photo by GRAHAM PAINE

No dud, this spud

Hallie Pewtress displays a heart-shaped potato she bought recently in town. Thirty years ago she found one resembling Mickey Mouse.

Where's Your Stupid Line?

Don't miss the internationally acclaimed road show that could change your life:



HEROES

Two nights of rock & roll music, gigantic images and impactful stories by a young survivor

FREE

Tuesday, April 7th, 1998

Special Guests: Scott Lyons, multiple award-winning race car driver and Dr. Robert Conn, Founder of The SMARTRISK Foundation

Wednesday, April 8th, 1998

Special Guests: Mike Vanderjagt, kicker from the grey cup winning Toronto Argos, and Glenn Hawkrige, Canadian Red Cross Society

Oakville Trafalgar High School, 1460 Devon Road, Oakville
7:00 p.m.

Call 905-338-4379 to reserve seats

A chance for parents and teens to learn how to make life-saving decisions and prevent injuries

It's your choice to ...

Wear the Gear * Drive Sober * Look First * Get Trained * Buckle Up

Our event listing is free to local non-profit groups. Fax info to 878-4943.

Top 5 reasons to take Young Drivers in the winter.

Winter is the season a Young Drivers course represents *top value*. You'll learn the secrets of collision avoidance, defensive driving and risk perception under the most challenging conditions you'll ever face.

Lessons that will last a lifetime. Even *save your life*, perhaps many times over.

1. Ice
2. Snow
3. Slush
4. Darkness
5. Freezing Rain

We also have lower-cost winter driving improvement courses for already-licensed drivers. Call now! (It's looking like snow!)



Young Drivers of Canada
Your licence to survive.

APRIL 7

Tuesday & Thursday Evenings
4 weeks 6:30 pm - 9:40 pm

MAY COURSES

2 Weekends
May 2, 3, 9, 10 — 9:00 am - 3:45 pm



875-0480



Young Drivers of Canada
That's what parents are for.

PREVENTATIVE HEALTH GUIDE

To participate in this feature contact Vicki-Lynn Preston at 878-2341



Full Service Lab

876-2000

The Denture Specialist

LAB ON SITE: ALL WORK DONE ON PREMISES



G.T. Trenton, Denturist

153 Main St. E., Milton

Milton
Denture Clinic

REIKI WHO BENEFITS? EVERYONE!

Reiki supports the body's natural ability to heal itself. It loosens up blocked energy and promotes a state of total relaxation.

First degree - consists of four classes and attunements
April 2nd (7-9pm), 3rd (7-10pm), 4th (10am-3pm), & 5th (10am-3pm)

Francesca Warriner, Reiki Master
Member of the Reiki Alliance

For more details call 905-876-1218



Zellers Milton Mall Location

PHARMACY

Good Health Centre

Buy one bottle of vitamins or herbal supplement and receive the second one free.

Echinacea is a herb to boost the immune system. Most of the attention that has been given by the media as well as the sales seem to focus on the species of Echinacea, ANGUSTIFOLIA. This species is fast acting and revs up your lymph nodes. However the lesser used species E. Purpurea (Purple cone flower) has staying power and continues fighting germs until the infection is actually overcome.

Mayur Patel
Pharmacist

To assist the community in the promotion of wellness please contact
Vicki-Lynn Preston at
905 878-2341