

Lifestyle Metabolism Center

Medically Significant Obesity-
the LMC program is available through your family physician

monthly visits - 1 year program
one-on-one counseling by:
dietician
exercise physiologist
occupational therapist
medical & psychiatric assessment

Dr. Ronnie Aronson
Endocrinology & Metabolism

for information: 905 337 0040 or visit www.lmc.ca

**MAJOR MOSQUITO BASEBALL
REP. TRYOUTS & INDOOR CLINIC**

Robert Baldwin Public School Gym
Friday nights 6:00pm to 7:45pm
March 20 & 27
April 3, 10, 17 & 24

Any Questions Phone Colin LaCourse 878-7674

Special Thanks!

Thank you all very much from all the boys on the Lafarge Winterhawks Minor Pee Wee Single "A" Hockey Team.

To our parents, friends & others who helped with our raffle advertising & donation of prizes to help support our team through the 97/98 season.

Especially to our Coach Brad Cashmore & Manager Ron Brow.

It was a great season & we all had fun.

YOUTH SUMMER HOCKEY LEAGUE
May 3-August 9

3X20 MINUTE PERIODS

HOUSE LEAGUE AND REP DIVISIONS

50% OFF tournaments throughout the summer

SUMMER HOCKEY CAMPS
JULY 20-AUGUST 28

1 WEEK CAMPS THAT INCLUDE:

- Hockey skills training camps
- High performance forwards and defencemen camps
- Videos and 4-hrs. on ice instruction per day
- Powerskating & goalscoring camps
- Arrive 8 a.m., pick-up 5:30 p.m.
- All camps include outdoor activities

All programs take place at the "state of the art" ICE SPORTS OAKVILLE

- 4 NHL rinks
- Fitness Centre
- Sports lounge overlooks all ice surfaces
- and more...

CALL NOW FOR A FREE BROCHURE
845-6989, Ext. 234

ICE SPORTS OAKVILLE

PRE TRYOUT CAMPS
March 30-Apr. 3
Apr. 20-Apr. 23
Apr. 27-May 1

- Conditioning
- High Tempo Game
- Situation Drills
- Body Contact
- Power Skating and Hockey Skills

Past NHL instructors include:
Kris Draper (Detroit Red Wings)
Mike Ricci (San Jose Sharks)

GAME CANADA HOCKEY SCHOOL

- MARCH BREAK -
Fletcher Sportsplex,
Brampton
Steeles/McLaughlin Rd.
Ages 5-12
Reg. \$250 - includes lunch at Don Cherry's.

Milton area price \$200.

Call Don Crowder now
878-7109

Ice + Pool + Gymnasium = Fun

Bees are on the ropes

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set up beautifully by Mini — while Ron Baker answered back just 11 seconds after the Bees took a 2-1 lead.

While Shawn Baltzer went coast to coast for the Bees' second goal Wednesday and was a consistent threat against Brampton and Bramalea, the veteran winger has been somewhat of a detriment through the early going of the series.

He took a holding penalty in the first period Wednesday that negated a Shane Sullivan interference call — which could have helped his team build on an early lead.

Before that Baltzer spent six minutes in the sin bin Tuesday in Milton. His high-sticking minor in the second gave the Merchants a two man advantage and opened the door to two powerplay goals just 13 seconds apart.

This was all the Merchants would need offensively, as they eked out a 2-1 win.

Starting things off with a rocket from the

point was Matt Bannan, who then helped set up Jeff Haydar's low snapshot before Bachorski knew what hit him.

The Hamilton tender stood on his head through the rest of the series opener, coming up with saves he just didn't make against Milton in the regular season.

Daniel Jacques was equally impressive at the opposite end of the rink, turning back 21 of 22 shots.

Returning from a week-long bout with the flu Tuesday, gritty winger Nathan Gillies did a standout job wearing down Hamilton. Kevin Crowe owned the corners, muscling his opponents off the puck on countless occasions.

Rookie Mike McKenzie notched the Bees' lone tally while teammate Josh Smith led a spirited defensive effort.

Should they win tonight, Milton could sweep the series tomorrow evening at Mountain Arena. Game time is 7:30 p.m. in Hamilton. The game in Milton tonight begins at 8 p.m.

Grapplers look ready

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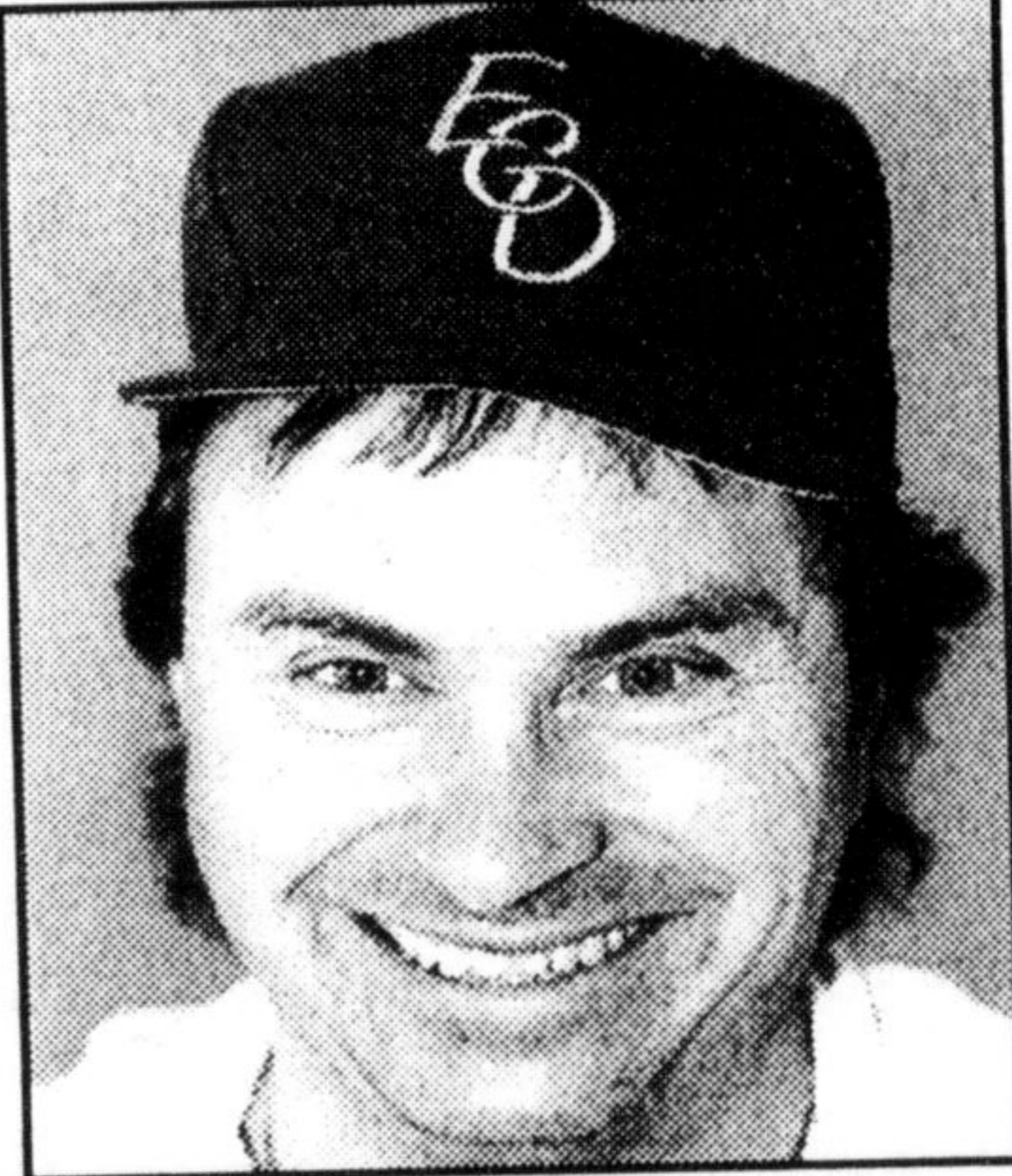
will guide grapplers from Georgetown and Guelph.

"But this week we've had a couple of good practices, probably because we've got a nice sized group going so they're motivated.

"Other schools that are sending only one or two wrestlers likely aren't practicing, so we're at a definite advantage."

Drury will have a healthy contingent at the upcoming Canadian Championships as well. Vying for national medals are McCart, Wadeson, Justin Billingham, Chad Merritt and Kevin Heffron — one of two silver medalists at OFSAA.

The nationals will be in Edmonton in April.



Larry Jaroslowski

Foot Notes

The Newsletter of the Milton Youth Soccer Club with Carol Horbasz

STILL INTERESTED IN REGISTERING ?

Late registrations will be accepted until April 1, 1998. You will be put on a waiting list and the late fee of \$100 per player will apply if placed on a team. Please call the Hotline (875-4072) and leave your name and phone # on the Registrar's line (2). Registration forms may be picked up and/or dropped off at 40 Mill Street, Milton.

SELECT GIRLS TRY-OUTS

A new Select league has been formed. Girls interested in playing for one of the following teams are encouraged to attend the following try-outs:

Girls Under - 11	Leisure Centre	6:00 - 7:30	March 29 and April 5
Girls Under - 14	E.C. Drury	4:00 - 5:30	March 21st and 28th
Girls Under - 16	E.C. Drury	1:00 - 2:30	March 21st and 28th

SELECT COACHES NEEDED

Coaches are needed for a Select Boys Under - 11 team and for a Select Boys Under - 13 team. If interested, please call the Hotline and leave a message for Willy.

REP TRY-OUTS BEING HELD IN MARCH

All players interested in playing for a Representative Team and who have not yet indicated their interest to play Rep soccer, please contact the appropriate coach to discuss attending the try-outs being held indoors during March.

Peter Casa	Boys Under 10,	331 - 9616
Peter Ward	Boys Under 12,	876 - 1696
Tony Casa	Boys Under 15,	854 - 0021
Luigi Cannataro	Boys Under 16,	878 - 0396
Graham Smith	Boys Under 19,	878 - 7698
Colin Henderson	Girls Under 16,	876 - 1524
Terry Myers	Girls Under 18,	878 - 6500
Bert Zonneveld	Girls Under 19,	873 - 9263

SPONSORS APPRECIATED!

If you would like to sponsor a soccer team, please leave a message on the Hotline for Richard, who will return your call to discuss the benefits of sponsoring a soccer team.

FINAL CALL FOR REFEREES

If you are 12 years old or older and you are interested in refereeing this summer, please call the Hotline and leave a message (name, age and phone #) for Bruce.

FINAL CALL FOR COACHES

If you are a parent interested in coaching your child this summer, please call the Hotline and leave a message for Duncan. We are scheduling clinics in the month of April and we will provide you with other support as well throughout the season.

FINAL CALL FOR CONVENORS

We need only a few more! If you are a parent interested in convening an age group, please call the Hotline and leave a message for Andrew.

REDEEM THOSE COUPONS!

Remember to redeem the MYSC/Knuckles coupons for a ball or shin pads at Knuckles in the coming month. For those who mailed in their registrations, you will soon be receiving a coupon in the mail.



Milton Youth Soccer Club Hotline 875-4072