

Parsnips pears, rice

This autumn, team sweet parsnips and wild rice (for crunch) with Bartlett or Bosc pears in this pretty-to-serve casserole. Prepare this side dish the day before and bake it the second day.

Preparation time: 15 min. Cooking time: 1 hr.

Ontario parsnips, peeled and cut in chunks 2 lb (1 kg)

1/4 cup (50 ml) milk 1 tbsp (15 ml) butter salt and pepper

1 cup (250 ml) cooked Ontario wild rice

2 cups (500 ml) thinly sliced pears 2 tbsp (25 ml) packed brown sugar

1/4 tsp (1 ml) nutmeg

Topping:

1/2 cup (125 ml) dry bread crumbs 2 tbsp (25 ml) packed brown sugar 2 tbsp (25 ml) butter, melted chopped fresh parsley 1 tbsp (15 ml)

In saucepan of boiling water, cook parsnips until tender; drain. Mash with milk, butter and salt and pepper to taste. Mix in wild rice. Spread half evenly in greased 8 cup (2 L) casserole dish.

Toss pears with sugar and nutmeg; arrange on top. Cover with remaining parsnip mixture. (Casserole can be prepared to this point, covered and refrigerated overnight. Remove to room temperature 30 min. before baking.)

Topping:

Combine bread crumbs, brown sugar and butter. Mix in parsley; sprinkle over casserole. Bake in 350°F (180°C) oven 35 to 40 min. or until pears are fork-tender and parsnips heated through.

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walk. Or your vision was blurred. That's what it's like to live with multiple sclerosis, an unpredictable disease of the central nervous system. Things you take for granted can become impossible and you don't know when or where or if it will strike again. But the research and services programs of the Multiple Sclerosis Society of Canada are providing some answers. With your help, we can connect with a cure.

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Multiple Scierosis Society of Canada

Christmas Fund is inching up

The Champion's Christmas Bureau Fund is gathering momentum after only two weeks.

To date, \$2,705 has been donated to the Salvation Army fundraiser to ensure struggling local citizens have all the trimmings for Christmas dinner and toys for the kids.

at \$20,000.

To contribute, drop off donations by cash or cheque (payable to tion area for Christmas.

Christmas Bureau Fund) at The Champion office, 191 Main St. E., or (in case of a postal strike resolution) mail cheques to: Christmas Bureau Fund, c/o The Champion, Box 248, Milton, L9T 4N9.

All the funds from the drive go to support the needy. There are But there's still a long way to go as this year's goal has been set no administrative costs whatsoever in the newspaper collection.

The Champion is also collecting toys at the front office recep-

terrace lincoln mercury SALES

BACK BY POPULAR DEMAND! 500 **Every** customer who leases or purchases a new

vehicle will receive \$200.00 in Mapleview Shopping

Centre gift certificates!

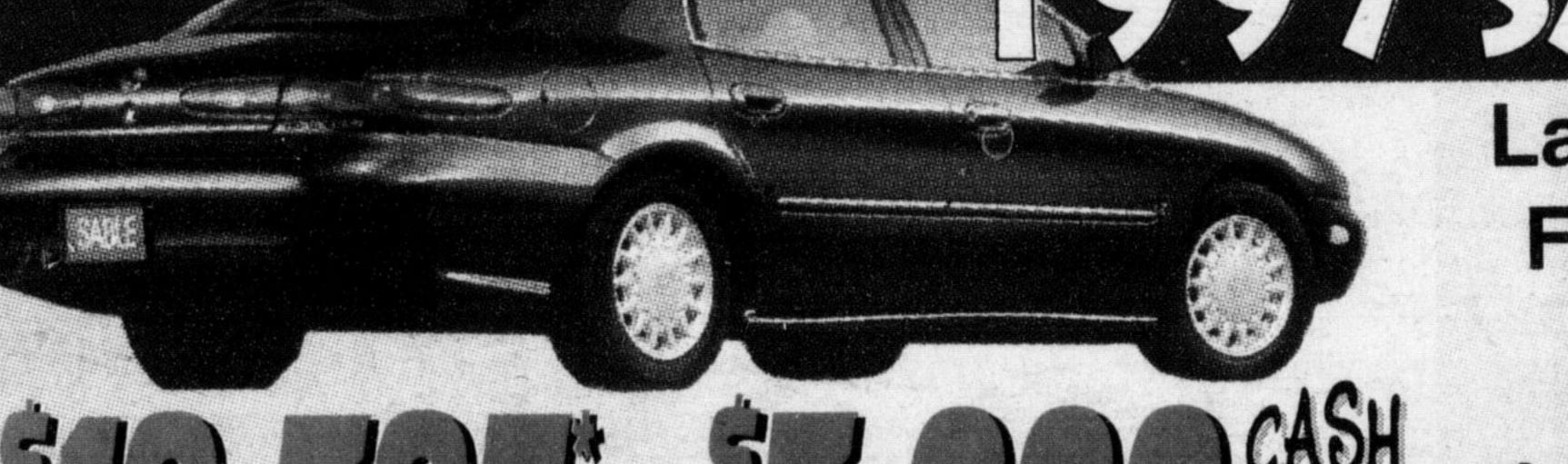
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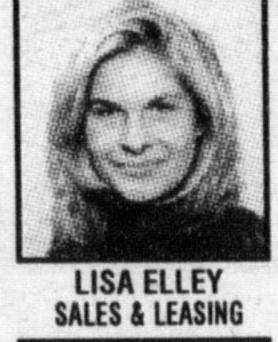


PLAN SPECIALIST

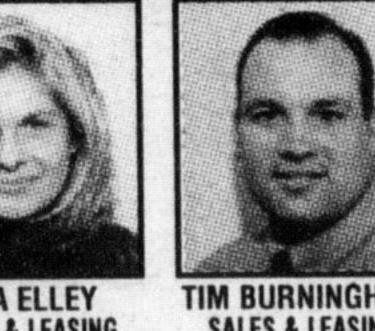




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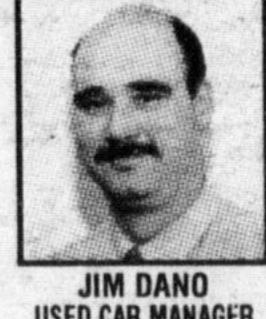




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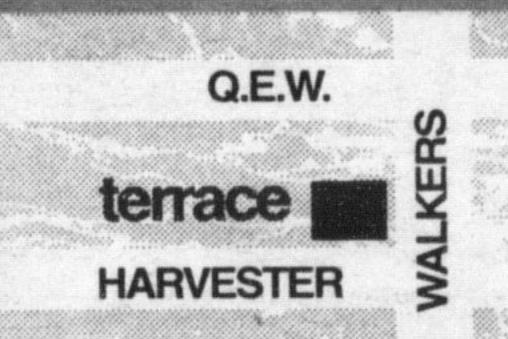


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PLEASE NOTE: Gift certificates to be given upon delivery of vehicle. Fleet purchases excluded. *All prices quoted are plus freight and applicable taxes. Monthly payments based on a 24 month, 18,000 km per year lease with \$2,995 down (or equivalent trade) plus freight and applicable taxes, OAC.



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