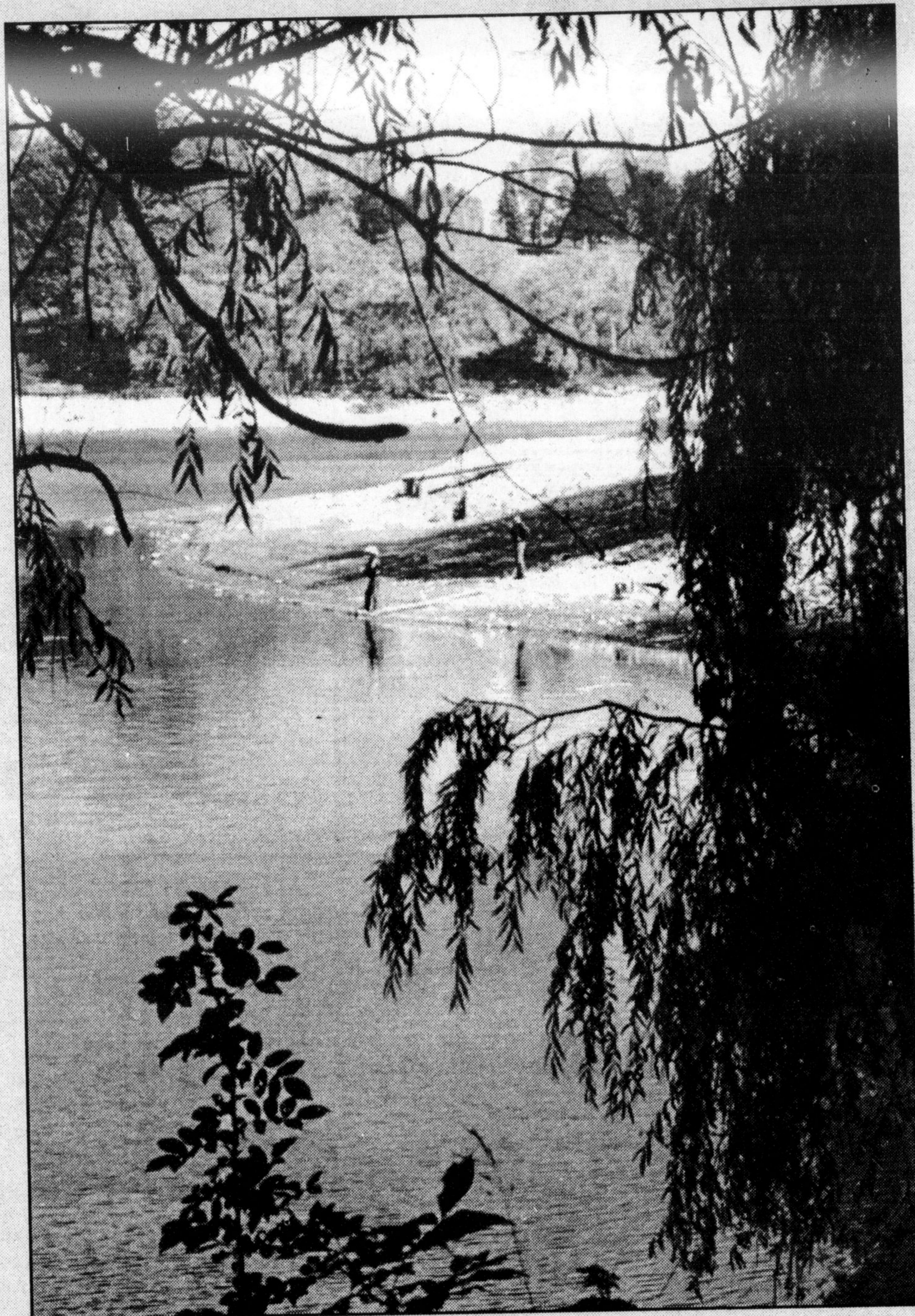


Photos by
GRAHAM
PAINE



Still life at Kelso

The end of summer doesn't equal the end of all outdoor activities, especially not at a conservation area as vast and varied as Kelso. While the beach (bottom left) has been drained and rental boats (top left) sit idle, cyclists of all ages (above left) can always be found riding along muddy shores. And as long as the fish are still biting, there'll always be fishermen (right).



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ANNOUNCEMENT

This is to advise that the massage therapy practice of Karen Wilson RMT will be taken over by Sue-Ann McGeragle RMT effective November 1, 1997. This business will continue to operate from 320 Highside Drive, Milton ON. I am pleased to have Sue-Ann carry on this practice that has been established over the past 8 years in Milton. I wish her success and ask my previous and current clients to join me in welcoming her. Sue-Ann can be contacted at 876-1248 to book appointments. Health history files will be transferred after the appropriate form is completed by you. Please call 876-1248 to arrange this.

Ask The Professionals



Elayne M. Tanner

Elayne M. Tanner

B.A., B.S.W., M.S.W., C.S.W., DIP. SOC. ADM.
Counselling & Psychotherapy
Individuals, Couples, Children & Families

11084, 5th Line
Milton, Ontario (R.R. 2, Rockwood)
(905) 854-0801

Q: I have been a client of yours and you helped me greatly but when I talk to people that I know could benefit from counselling, they seem to be afraid to make that call. They say that they don't know what to expect and if counselling is right for them. Could you help me by discussing this?

A: I am glad that you asked this question, because as you may guess, these concerns do surface frequently. Most of us are afraid of things that are new to us. Many people are surprised when they see my office and its location. My office is a small, converted house in the country. It is in a beautiful location on the escarpment only minutes from town. People often comment on how the tranquility of the setting calms them. My office is not in my home, but rather, is completely private and away from any normal hustle and bustle. Once inside, you are in a typical country living room, complete with fireplace and comfortable seating. We meet in a very natural non office-like environment. The next room is a playroom where I meet with children. It has toys, games and dollhouses, art supplies and a huge chalkboard. When I meet with children, when appropriate, we may go outside for a walk where they can visit our horses or catch frogs at the pond. The people who come for counselling are the same as you and me. They are coping with life but feel that there could be more. They are the same friends and neighbours who talk to us and tell us their problems but now want to do something about them. Sometimes they do not want to talk to others but prefer a professional and confidential person to discuss the matter with. They may want an impartial third party who will not take sides. Their problems may have been with them for years or it may be something that has recently come up.

Elayne Tanner is a Certified Social Worker in a private practice in north Milton. If you have further questions or if you would like to arrange an appointment, please call (905) 854-0801. Confidentiality guaranteed.

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