Dateline

Dateline is a free listing of coming events only. The column is available to local community groups to assist in promoting their future events. Only charitable or non-profit community groups may use this service. We can only guarantee one issue of publicity closest to the date of the occurrence although more insertions are possible if demand is low.

Notices for Dateline should be handed in at the office of The Champion, 191 Main St. E., mailed to P.O. Box 248, Milton, Ont., L9T 4N9, or faxed to (905) 878-4943. The final deadline is noon Friday for Tuesday's edition and noon Wednesday for Friday's edition. Dateline items will not be accepted by telephone.

Wednesday Oct. 15

It's **Hot Meal Deal Day** at the Milton Seniors' Activity Centre, 500 Childs Dr., at 11:45 a.m. The event features a hot lunch and fellowship. The meal is followed by a financial seminar on RRIFs, insurance and selling property at 12:30 p.m. Call 875-1681 to register.

The Halton Women's Centre presents 'I Deserve Better' Do you feel like you're walking on egg shells? Constantly put down? Not sure what you did wrong? The self-help group meets Wednesdays from 9:30 to 11:30 a.m. To register, call 847-5520. The centre is located at Hopedale Mall, 1515 Rebecca St., Suite 210, in Oakville. To register, call 847-5520. Ladies are invited to attend Neighbourhood Coffee Hour at Allendale, 185 Ontario St., from 9:30 to 11 a.m. The special feature is 'Ribbon Art' by Sarah Swaney. The guest speaker is Daisey Cross. The event is hosted by the Milton Christian Ladies Coffee Hour. Admission is free. Babysitting is provided. This is the last day to take advantage of the Milton Choristers' early bird discounts for the 1997-98 subscription series. The season features 'Fabulous '50s, '60s and '70s', 'Silver Bells', 'Music of the Masters' and 'International Folkfest'. Early bird savings include all four concerts and two free guest tickets for 'Music of the Masters' for \$30. Brochures/order forms are available at Peggy's, Delacourt's or by calling 875-4588. The Milton La Leche League meets at CHERISH Family

Resource Centre, 540 Childs Dr., at 8 p.m. The meeting is open to women looking for support and information about breast-feeding. Nursing babies are welcome. For further information, call 878-4803, 876-0772 or 878-6387.

Thursday Oct. 16

The Victorian Order of Nurses holds **foot care clinics** in the emergency department of Milton District Hospital from 6 to 8 p.m. and at the Milton Seniors' Activity Centre, 500 Childs Dr., from 1 to 4 p.m. The cost is \$15. For further information or an appointment, call 827-8800 for the hospital clinic or 875-1682 for the seniors' centre clinic. Foot care clinics are by appointment only.

The Halton Women's Centre presents 'Personal Growth Group — Are You Interested in Learning More About Yourself?' The group meets Thursdays until December 4 from 9:30 to 11:30 a.m. The centre is located at Hopedale Mall, 1515 Rebecca St., Suite 210, in Oakville.

Alex Cooke's new book 'Milton Area Biographies, Vol II' is

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Head lice ...

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under the tap instead of in the shower to ensure the product isn't swallowed or doesn't get on the rest of the body. A towel should be held tightly over the eyes while rinsing and the person applying the product should wear gloves.

After the hair is dried the scalp should be checked in natural light by separating the hair. Live lice should be pulled out and squashed. Some eggs may not be killed by the treatment and will need to be removed. Ms Gurba says nit combs will pull dead casings out of the hair but aren't 100 per cent effective at removing the eggs close to the scalp. Those should be pulled down the hair shaft with the thumb and first finger.

"If you see anything a half-inch away from the scalp it is not a problem, it's an empty shell," says Ms Gurba. "You need to worry about the ones that are close to the scalp."

She says that some of the treatment products may need to be repeated in seven days.

After the treatment has been done Ms Gurba says the next step is informing people who may have had head to head contact with the infested person, and a child's school or day care centre. A child can usually return to school after they have been treated.

"If you don't do it (inform people), you are going to get head lice back. The biggest reason for re-infestation is head to head contact with someone who didn't know he or she had head lice," says Ms Gurba.

Ms Gurba says extensive cleaning after head lice have been discovered isn't necessary. She says an ordinary housecleaning is all that is required and any louse that is found off the head shouldn't be a big concern because it is injured or dying, and can't get back on the head. She adds head lice infestations have nothing to do with cleanliness and lice actually prefer clean hair over dirty hair. She adds lice can't be transmitted from animals.

Arts show

A crafts, arts and antique show will be held at St. John's United Church on Randall Street in Oakville the weekend of October 24 and 25.

The annual event will feature a wide assortment of paintings, sculptures, antiques, crafts, jewelry, folk art, pottery, clothing and stained glass.

Doors will be open from noon until 8 p.m. on Friday and from 10 a.m. to 4 p.m. Saturday.

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