



SAY IT ALL...

VALUEwise

Apple-ease that between-meal hunger with the cool, crunchy goodness of an apple. SUPER SAVE has your favourite varieties, now at perfection's peak. They're the healthy snack to take anywhere, and we've taken a big bite out of the price to make them a real GEM OF A BUY!

MacIntosh Apples 6 QUART BASKET **1.69**

Golden Delicious 3 LB. BAG **85^c**

NEW BRUNSWICK 50 LBS. **Potatoes 3.89**

FLORIDA WHITE SIZE 48 **Grapefruit 10/99^c**

SUPER XTRA

ALLEN'S FANCY **APPLESAUCE**
28 Fl. Oz. Jar **69^c**

SUPER XTRA

LIBBY'S - DEEP BROWNED **BEANS**
28 Fl. Oz. Tin **59^c**

SUPER XTRA

SOUTHERN JEWEL PURE **LEMON JUICE**
RECONSTITUTE 25 FL. OZ. **69^c**

SUPER XTRA

MASTER-PACK **PEACHES**
19 OZ. TIN **2/89^c**

SUPER XTRA

PALANDA - CHOICE **PINEAPPLE**
SLICED, CRUSHED, TID BITS 19 Fl. Oz. Tin **49^c**

Super Save Handles Government Inspected Meats!

TENDER - JUICY - FOR ROASTING - (Tenderloin Portion) 3 to 3 1/2 lb. avg.

LOIN PORK ROASTS **\$1.49** lb.

YOU SAVE TWICE WITH TRIM AND PRICE - QUARTER

LOIN PORK CHOPS **\$1.59** lb.

LEAN - TENDER - WELL TRIMMED

LOIN PORK CHOPS **\$1.89** lb.

SCHNEIDER'S **SKINLESS WIENERS**
RED HOTS or DUTCH TREATS
lb. **88^c**

BURNS - BONELESS - SMOKED **Dinner Shoulders**
lb. **\$1.87**

BURNS - SMALL LINK **SAUSAGE**
BEEF AND PORK
lb. **83^c**

SWIFT'S PREMIUM **BACON**
LB. PKG. **\$1.79**

ESSEX **HEAD CHEESE**
BY THE PIECE
79^c LB.

ESSEX LB. PK. **STEAKETTES**
85^c

FEATURE! 100 TO CARTON **CROWN TEA BAGS 99^c**

FEATURE! - CATELLI - 8 OZ. BOX **Spaghetti Long Vemicelli 5/99^c**
Zita - Long Mac.

EVAPORATED TALL TINS **CARNATION MILK 3 FOR \$1**

SUNSPUN - CANADIAN PROCESS 16-OZ. PACKAGE **CHEESE SLICES \$1.39**

FEATURE FRASER - FARM - BRAND - 3 OZ. TIN ASSORTED **MEAT SPREAD 15^c EA.**

LIDSAY CALIF. PITTED MED. **RIPE OLIVES 3/\$1.00**

SUPER-SAVER-PURINA **TENDER-VITTLES** SEAFOOD 6 OZ. BOX KIDNEY **3/\$1**

SUPER SAVER! - Fancy Kitchen Sliced 14 Fl. Oz. Tins

GREEN GIANT Green Beans 3/\$1

SUPER SAVER! - BETTY CROCKER - ASSORTED package **HAMBURGER Helpers 66^c**

SUPER SAVER! - STEMS and PIECES 10 Fl. Oz. Tin **DIXIE MUSHROOMS 39^c**

SUPER XTRA FROZEN FEATURES

RHODES 5 Leaves to Package **BREAD DOUGH \$1.29**

PEPPERIDGE FARM 13 OZ. **LAYERCAKES 89^c**

DOWNY FLAKE **WAFFLES 10-oz. Pkg. 53^c**

LEDWITH'S SUPER \$AVE

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

