

**RON FURIK**  
Sales Representative



Office: 878-7777  
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**RE/MAX**  
MILTOWNE REALTY CORPORATION  
22 Ontario St. S., Milton  
Independently Owned and Operated




**TWISS FUELS**  
878-6380  
32 STEELES AVE.  
UNIT 15, MILTON

**ZAK'S PHARMACY**  
ZAK PATEL, B.Sc.Ph.

- Free Delivery
- 10% Seniors' Discount
- All Drug Plans Accepted

"At Zak's,  
we care about your health"

86 Main St., E.,  
Milton  
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**Milton District Hospital**

30 Derry Road W.  
878-2383

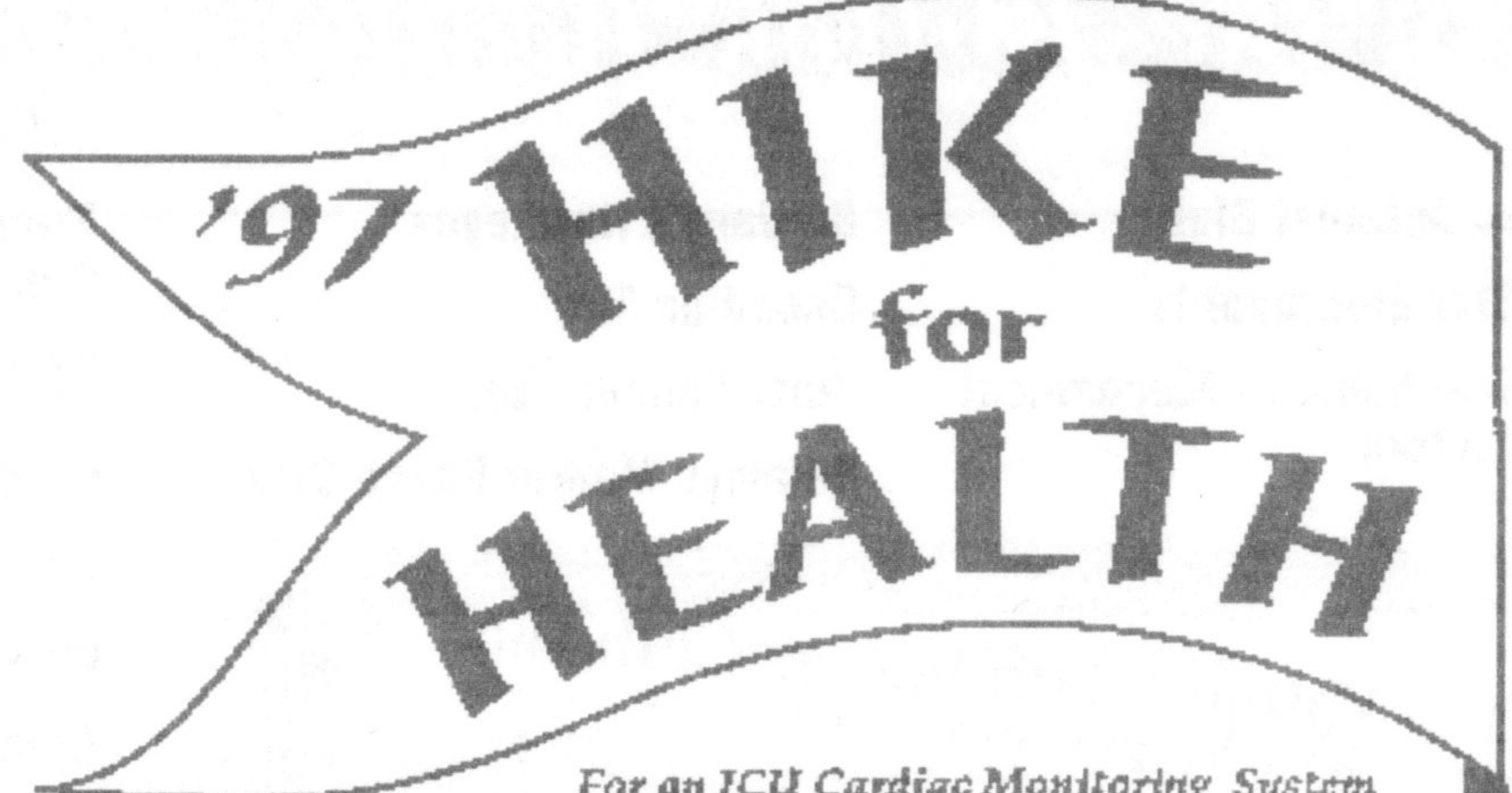
**LEAVER**



When the recipe calls for fresh mushrooms

LEAVER MUSHROOMS CO. LTD.  
CAMPBELLVILLE, ONT.  
878-9375

**RE/MAX** Re/Max Miltowne Realty Corporation  
& Milton District Hospital Foundation **mdh**  
present:



**SUNDAY, MAY 25 '97**

**"RAIN OR SHINE"**

**"RUN"**  
(10 km) — 11:00 am  
(Wheelchair athletes at 10:55 am)

**"WALK"**  
(10 km) — Noon

**"IN-LINE SKATE"**  
(6 km or 4 km) 1:00 pm  
(Early Birds Welcome)

**REGISTRATION:**  
10 am to 1 pm — Only \$10 or Pledges of \$10 or more!

**FREE BARBECUE**  
**STARTS AT 12 NOON**  
**DRAW PRIZES • FREE PARKING**

The individual raising "The Most Money" will win a **CONCORD MOUNTAIN BIKE**

The individual raising "The Most Number of Pledges" will win a **BELL CORDLESS PHONE**

**NEW THIS YEAR - PRIZES FOR PLEDGE LEVELS**  
(See your brochure for details)

**FREE BABYSITTING & CHILDREN'S ACTIVITIES ON HIKE DAY**  
courtesy of **SAFE AND SOUND CHILDREN'S CENTRE**

**Sponsors:**

**ti telemans interiors inc.**

- broadloom
- vinyl flooring
- C.I.L. paint
- hardwood floors
- ceramic tiles
- wallcoverings
- custom blinds
- Design Service Available



**Richmond Paints** **Armstrong**

340 MAIN ST. E. 878-3435

**Hiking —**  
Good for your health and for the hospital!  
Have fun!

The way to go!



**Bruce Hood Travel**

878-2886 16 MARTIN ST.  
-Serving Milton Since 1961-

**PREVENT DIABETES**

If you are aged 40-70, and 15 or more pounds overweight without diabetes but have one or more of the following risk factors:

- ANY DIABETIC RELATIVES
- HAD DIABETES DURING PREGNANCY
- HAVE HIGH CHOLESTEROL
- HAVE ANGINA OR HEART DISEASE
- HAVE HIGH BLOOD PRESSURE

You may be eligible to participate in a study to prevent diabetes

For more information, please call McMaster University.

**525-9140**  
Ext. 22747

**ROBERT (PIE) LEE, B. Sc.**  
**LIFE INSURANCE AGENCY**  
Life - Disability - Annuities - RRI's - LIF's



**Miltowne Insurance Agency Ltd.**  
Group Life & Health & Pension

245 COMMERCIAL ST.,  
MILTON L9T 2J3  
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