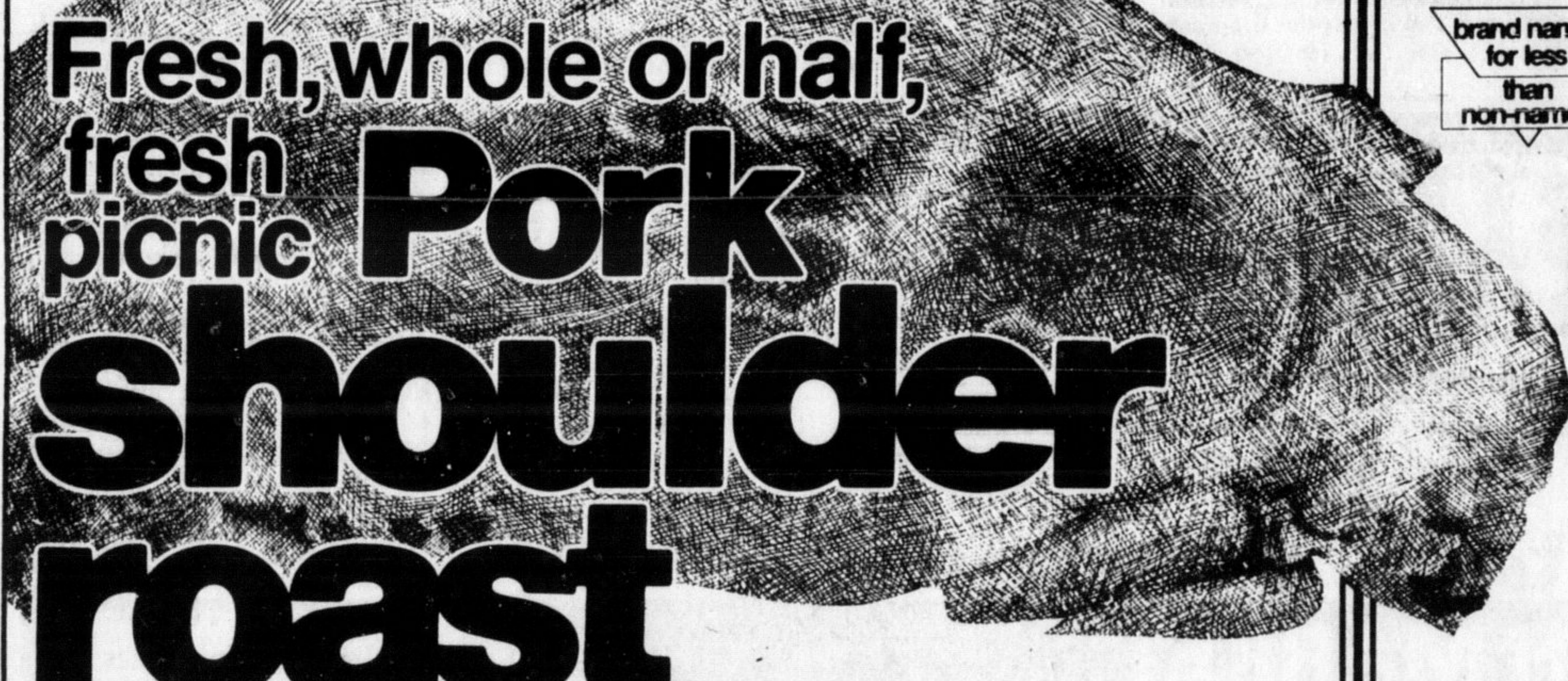


**Dominion**  
**FREE**  
**\$1 SHELL**  
**GAS-COUPON**  
 With every \$25 you spend.  
 Full details in store.



Reconstituted, 1.36 litre tin  
**Martins**  
**apple**  
**juice** **save .81**  
 CASE OF 12 TINS 9.29

**Meat**



Fresh, whole or half,  
 fresh picnic **Pork**  
**shoulder**  
**roast**

**1.52** /kg  
**1.69** lb.  
**save 1.32/kg .60 lb.**  
**Our Lowest Price in 2 Years**

**78**

WHY PAY UP TO 1.09 ON NON-NAME

Whole or half shoulder	kg/ <b>2.18</b>
<b>Pork butt roast</b>	lb. <b>.99</b>
Frozen New Zealand, boneless	kg/ <b>3.51</b>
<b>Lamb shoulder roast</b>	lb. <b>1.59</b>
500 g pkg.	<b>1.99</b>
<b>Bittner's Harvest sausage</b>	<b>1.29</b>
125 g pkg.	<b>1.29</b>
<b>Bittner's sliced cooked ham</b>	<b>1.29</b>

Bake, broil or barbecue pork side	
<b>Spareribs</b>	<b>3.73</b> /kg
<b>1.69</b> lb.	<b>save 1.54/kg .70 lb.</b>

Quarters, 1.36 kg pkg.	
<b>Blue Bonnet margarine</b>	<b>2.99</b>
<b>2.99</b>	<b>save .70</b>

750 mL ret. bil. plus .30 deposit	<b>DIET 7UP or Seven-Up</b>	<b>.49</b>
Assorted varieties 85 g pkg.	<b>Jell-O jelly powders</b>	<b>2/ .89</b>
Coffee with chicory, 227 g jar (8 oz.)	<b>Encore instant</b>	<b>5.49</b>
Assorted varieties 170 g tin	<b>Miss Mew cat food</b>	<b>.39</b>

Frozen, eviscerated Canada Grade 'A'	
<b>Young ducks</b>	<b>2.18</b> /kg
<b>.99</b> lb.	<b>save 1.10/kg .50 lb.</b>

Maple Lodge 454 g pkg.	<b>.69</b>
wieners	<b>2.99</b> lb.
Frozen New Zealand whole lamb legs	<b>6.59</b> /kg
Lamb shoulder chops	<b>4.39</b> /kg
Rindless, side, sliced, 500 g pkg.	<b>2.79</b>
Schneiders breakfast bacon	<b>1.39</b>
Red Hots or Dutch Treat, 454 g pkg.	<b>1.39</b>
Schneiders wieners	<b>1.39</b>
<b>FROM THE DELI</b>	
Available at stores with deli counters only, Bittner's deli sliced	
Onion & pepper meat loaf	<b>50</b> /100 g <b>2.29</b> lb.
Available at stores with deli counters only, Bittner's deli sliced	
Bottom round pastrami	<b>86</b> /100 g <b>3.89</b> lb.

500 g cont.	<b>1.69</b>
<b>Nordica 2% cottage cheese</b>	<b>1.89</b>
Assorted varieties, mini 500 g pkg. of 4	<b>1.89</b>
<b>Laura Secord yogurt puddings</b>	<b>1.99</b>
750 mL cont.	<b>1.89</b>
<b>Mazola corn oil</b>	<b>1.89</b>
28 fl. oz. tin	<b>1.89</b>
<b>Ragu plain spaghetti sauce</b>	<b>1.89</b>

Admiral, 220 g tin	
<b>Sockeye salmon</b>	<b>1.79</b>
<b>1.79</b>	<b>save .64</b>

Pay only 1.89 with this coupon on the purchase price of one 2.5 kg bag  
**All purpose Robin Hood flour**  
 Coupon valid until close of business Saturday, September 10, 1983.  
 Limit: one coupon per family.  
 Special retail price of 2.59 without coupon

28 fl. oz. tin	<b>1.29</b>
Hunts tomato sauce	<b>.89</b>
New Orleans style or dark red, 19 fl. oz. tin	<b>.89</b>
Stokely kidney beans	<b>.59</b>
Fancy cut green or wax beans, cream style corn	<b>.59</b>
Stokely Honey pod peas 10 FL. OZ. TIN	<b>2.19</b>
Frozen turkey casserole (276 g) or 312 g pkg.	<b>1.09</b>
Stouffers Swedish meat balls	<b>3.99</b>
Frozen white, 907 g pkg. of 2	<b>2.49</b>
Rhodes bread dough	<b>2.39</b>
Frozen, 454 g pkg.	
High Liner sole filets	
Frozen, 1 kg pkg.	
York Garden Melody	
Assorted varieties, 2 litre carton	
Domino ice cream	