

super save

238 MAIN STREET, MILTON PARKING AT REAR OF STORE

blade steak

cut from Canada grade 'A' beef

3.28 /kg **1.49** lb.

lemonade

Niagara frozen pink or white 355 mL can **.29**

soft drinks

Pepsi, diet Pepsi, Pepsi free or sugar free Pepsi free 750 mL btl. +30¢ per btl. deposit **3/1.00**

Miracle Whip

Kraft 1 L jar **1.99**

Bick's relish

assorted 375 mL jar **.79**

lettuce

product of U.S.A. Canada no. 1 **.69** each

lunch meats

Maple Leaf populars 175 g pkg. **.79**

Maple Leaf skinless wieners

regular, all beef or barbeque 454 g pkg. **1.19**

potato salad

Shopsy's cole slaw, mix & match, creamy coleslaw or macaroni 500 g size **1.29**

smoked ham

Canada's Packers fully cooked or part skinned shank portion **\$2.40** /kg **\$1.09** lb.

tuna

Cloverleaf solid white albacore in oil 7 oz. tin **1.79**

apple juice

Granny Smith reconstituted 48 fl. oz. btl. **.99**

cauli-flower

product of U.S.A. Canada no. 1 **1.89** each

mini carrots

product of U.S.A. Canada no. 1 12 oz. bag **.39**

Sunkist oranges

Valencia dozen **.99**

english cucumber

product of Ontario Canada no. 1 each **.69**

more produce

cut from Canada grade A beef

standing rib steak **\$5.93** /kg **\$2.69** lb.

cut from Canada grade A beef

chuck arm shoulder steak ... **\$3.73** /kg **\$1.69** lb.

for the grill

regular ground beef **\$2.84** /kg **\$1.29** lb.

cut from Canada grade A beef

chuck short rib roast **\$3.28** /kg **\$1.49** lb.

small link 500 g pkg

Maple Leaf sausage **1.99**

Maple Leaf store sliced mac & cheese delicia or chicken loaf **.39** /100 g **\$1.79** lb.

cut from Canada grade A beef bone in

cross rib steak **\$4.17** /kg **\$1.89** lb.

Maple Leaf

ribless bacon 500 g pkg **2.39**

for braising bone in

short rib **\$3.73** /kg **\$1.69** lb.

beans

Stokely 19 fl. oz. tin **.79**

Van Camp with pork, New Orleans style or dark red kidney, or vegetarian

pasta

Lancia spaghetti, ready cut macaroni or spaghetti 1 kg pack **.99**

juices

Old South frozen concentrated grape, grapefruit, apple or orange 12.5 fl. oz. can **.99**

product of U.S.A. Canada no. 1

corn **5/1.49**

product of Ontario Canada no. 1

cooking onions 2 lb. bag **.49**

product of Ontario

tofu soya bean curd 500 g pkg **.99**

no name™ 10 kg bag

10-6-4 fertilizer **2.99**

no name™ 10 kg bag

7-7-7 fertilizer **2.99**

36 L bag

no name™ top soil **2.99**

Dixie cocktail, party, old fashioned or beer 9 - 14 oz. pkg.

plastic glasses pkg. of 12-20 **1.39**

25' x 12' box

Reynolds foil wrap **.89**

utility 60 or 100 watt sleeve of 4

Philips lightbulbs **1.99**

10" plastic pkg. of 100

Sweetheart straws **.45**

Club House panel

stuffed manzanilla

Club House olives 250 mL jar **1.49**

large 105 g btl

Club House bacon bits **2.59**

ground 113 g tin

Club House black pepper **1.79**

Club House barbecue spice, simulated bacon chips or salad topping 55 - 94 g btl **1.49**

Club House simulated bacon bits, steak spice, seasoned meat tenderizer, season all or meat tenderizer .. 41 - 110 g btl **1.29**

more groceries specials

orange pekoe flavour

Tetley tea bags box of 72 **1.69**

Lipton assorted

herbal tea bags box of 16 **1.29**

assorted 6 g pkg.

freshie drink crystals 6/ **1.00**

regular or California

Neilson iced tea mix 750 g can **3.19**

assorted 3 x 71 g pkg

Wylers light drink crystals **1.15**

lemonade lemon-lime or pink lemonade 613 g can

Reatemon drink crystals **2.79**

Pepsi, diet Pepsi, Pepsi free, or sugar free Pepsi free

soft drinks 24 x 10 fl. oz. tin **5.99**

beef, turkey, chicken, Irish or meat ball stew 680 g tin

Puritan stews **1.69**

plain, with meat or mushrooms 14 fl. oz. tin

Bravo spaghetti sauce **.89**

farmers, colby or brick 227 g pkg.

Baden natural cheese **1.79**

assorted liquid 250 mL btl.

Kraft dressings **.85**

prepared 250 mL btl.

French's mustard **.85**

assorted dills, sweet mixed, or yum yum 1 L jar

Bick's pickles **1.69**

no name™ gourmet

barbecue sauce 500 mL btl. **1.79**

Domestic shortening or Maple Leaf

Tenderflake lard 1 lb. box **.99**

Chipits semi-sweet

chocolate chips 350 g bag **1.99**

McNair

breakfast prunes 500 g bag **1.29**

Cinderella 14 x 1/2 oz. box

minature raisins **1.39**

Stafford butterscotch, caramel, chocolate or chocolate fudge

sundae toppings 250 mL jar **.99**

assorted Nestle 4 x 5 oz. tin

mini puddings **1.69**

place pack chocolate chip, creme or cookie assorted 700 g bag

McCormick's biscuits **2.29**

rainbow or Trinidad mallow 350 g pack

David biscuits **1.39**

assorted tin tie

Sunspun cookies 400 g bag **.99**

9 varieties 200 g bag

Hostess potato chips **.99**

Imperial giant cups or economy pack

ice cream cones sleeve of 48 **1.59**

tender chunks 2 kg pkg.

Ken L Ration dog food **2.69**

choice whole 19 fl. oz. tin

Sunspun potatoes **.49**

3 ply box of 100

Royale facial tissue **.79**

3 ply box of 60

Royale mansize facial tissue **.99**

Pronto (2 roll pkg.) or Royale Jumbo (1 roll pkg.)

paper towels **1.29**

Royale 2 ply bathroom tissue 8 roll pkg. **3.69**

regular deodorant or non deodorant, super deodorant or non deodorant or plus deodorant

Playtex tampons box of 28 - 30 **3.99**

Johnson & Johnson 350 mL btl.

baby shampoo **3.29**

Trac II or Atra pkg. of 5

Gillette cartridges **1.99**

liquid 1 l btl.

Palmolive detergent **2.49**

laundry 6 L box

Fab detergent **3.99**

for septic tanks

Septo bac 113 g pack **1.09**

wall to wall 22 fl. oz. btl

Bissell rug shampoo **2.99**

Short 350 g tin

soil & stain remover **2.39**

Arm & Hammer brand

washing soda 3 kg box **3.29**

Glade

Flo-thru air freshener **1.49**

Kingsford 10 lb. bag

charcoal briquets **3.99**

Lantic

granulated sugar 2 kg **.99**

bag of 50

no name™ foam plates **2.89**

dairy products

Neilson 2% partly skimmed

milk 4 litre bag **2.39**

Neilson refrigerated lemonade or California

iced tea 1 L carton **.69**

no name™ 500 g cont.

cottage cheese **1.45**

2 L pkg

Sunspun ice cream **1.89**

125 g pkg.

Neilson yogourt 3/ **1.00**

premium

Neilson novelties box of 8-12 **1.39**

frozen foods

frozen straight or crinkle cut 1 kg bag

McCain superfries **1.29**

frozen deep n delicious deluxe, pepperoni or supreme

McCain pizza 21 - 24 oz. pkg **2.99**

frozen banana, chocolate coconut or lemon 12 oz. pkg

Farm House cream pies **1.49**

bakery specials

100% stone milled, seven grain or prairie bran 675 g loaf

Country Harvest bread **.79**

Meatyme pkg. of 8

wiener or hamburger rolls **.49**

Weston's 340 g pkg.

raspberry jelly roll **.89**

Weston's english muffins pkg. of 8 **.89**

pkg. of 10

Granny's butter tarts **1.49**

Prices effective until closing Saturday, May 21, 1983 at participating Supersave stores. We reserve the right to limit quantities.