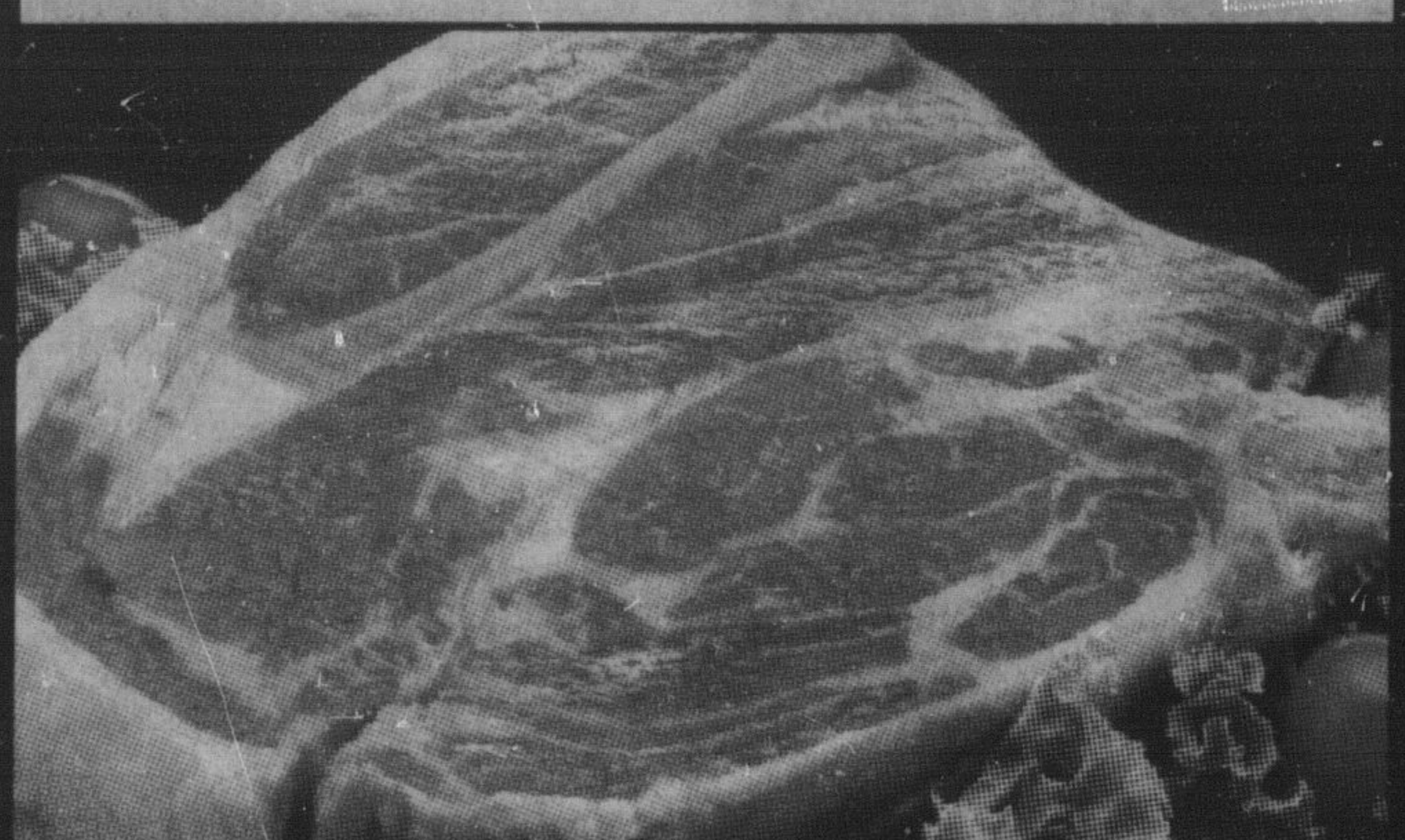


Dominion

Only at Dominion, Canada Grade 'A' frozen eviscerated self-basting young deluxes	Golden Bird Turkeys	kg/ 3.28 lb. 1.49
Ideal for pies	Minced pork	kg/ 2.84 lb. 1.29
	Bittner's Breakfast sausage	kg/ 5.27 lb. 2.39
	Bittner's sliced Cooked ham 125 g pkg.	1.49
	Country Fare Sliced pepperoni 175 g pkg.	.99
	Siena Italian Style Sausage	kg/ 6.15 lb. 2.79
	Cliffside cocktail Sausage rolls 280 g pkg.	1.59
	Bittner's deli sliced Eye of round pastrami	100 g/ .88 lb. 3.99
	Deli sliced Cooked ham	100 g/ .53 lb. 2.39
	La Belle Fermiere tourtiere 450 g pkg.	1.99
	Swifts Sliced salami 375 g pkg.	1.99
	Maple Leaf mild cured Cottage rolls	kg/ 4.39 lb. 1.99
	Burns' Party sticks 500 g pkg.	2.39
	Fresh Rainbow trout	kg/ 5.05 lb. 2.29
	Fresh Sole fillets	kg/ 8.80 lb. 3.99
	Frozen Red Snapper fillets	kg/ 4.39 lb. 1.99
	Headless Dressed smelts	kg/ 2.40 lb. 1.09
	Frozen Boston Bluefish fillets	kg/ 3.06 lb. 1.39
	Cello pack Frozen cod fillet	kg/ 3.95 lb. 1.75
	Peeled & deveined, Frozen Sau-Sea shrimp 142 g pkg.	1.99
	Filletts in sauce Mushroom, cheese, or lemon butter. High Liner frozen 250 g pkg.	1.79
	Fish fries Bluewater frozen, minced cod fish and chins 16 oz. or Boston Blue 8 oz. pkg.	1.49
	Fish cakes High Liner frozen 24 oz. pkg.	1.99
	Cod in batter Booth frozen 12 oz. pkg.	1.99

Blade chuck steaks



Cross rib roast



Cut from Canada grade 'A' beef

3.73

/kg

Cut from Canada Grade 'A' beef bone in

4.16

/kg

Stewing beef



Cut from Canada grade 'A' beef boneless

4.39

/kg

1.99

lb.

Young ducks



Frozen, eviscerated Grade 'A'

2.18

/kg

.99

lb.

Dominion french fries

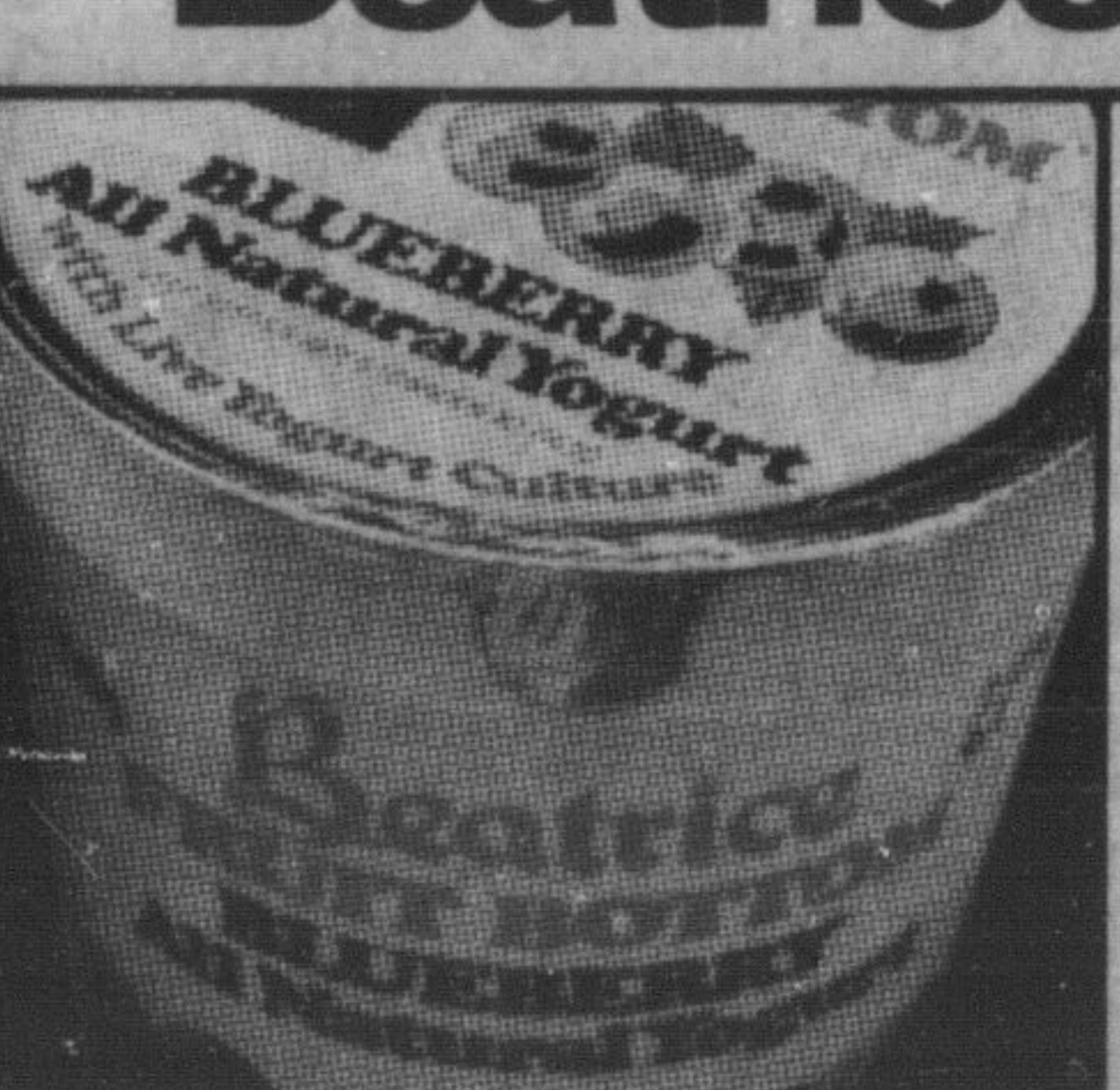


Frozen straight cut potatoes, 32 oz. pkg.

.99

WHY PAY UP TO 1.19 ON NON-NAME

Beatrice yogurt



Assorted flavours fruit bottom, 175 g pkg.

.59

Powdered detergent 6 litre box

Sunlight

3.99

Winterfresh, or regular 200 ml container

Colgate toothpaste

1.69

WHY PAY UP TO 1.39 PER 150 ML TUBE ON NON-NAME

Frozen delux 425 g pkg.

Dominion mini pizzas

1.99

Assorted Varieties 175 g lb. Dominion

Cat Food

3/\$1

Assorted varieties 160 g lb. Dominion

Country crisp bars

1.39

White, almond or yellow, Royale 420 g pkg.

Bathroom tissue

1.79

Conditioner or normal Wheat germ 420 ml container

Faberge shampoo

2.59

Robin Hood 450 g pkg.

Brownie mix

1.49

Robin Hood 540 g pkg.

Ginger bread mix

1.49

Robin Hood light fruit, 800 g pkg.

Cake mix

3.69

Almond, white or yellow Royale Facelle 2 roll pkg.

Paper towels

1.49

Lady Patricia firm or soft 300 ml container

Hair spray

1.99

Quick cooked rolled 1.35 kg pkg.

Old Mill Oats

1.39

WHY PAY UP TO 1.59 ON NON-NAME

Robin Hood 540 g pkg.

Pie crust mix

1.29

Unsweetened or sweetened chocolate Robin Hood 227 mL container

Baking liquid

2.89

Quikik plastic pkg. of 20

Garbage bags

1.89

WHY PAY UP TO 2.19 ON NON-NAME

Regular, X dry light powder or XX anti perspirant 200 ml container

Arrid

2.69

Stafford 540 ml container

Cherry pie filling

1.79

Club House 125 ml container

Pure vanilla

3.99

Club House 106 g carton

Black pepper

1.77

Disposable Toddler pkg. of 24

Pampier diapers

4.99

Tablets, 50; or Capsules, 36's pkg.

Anacin

1.89

Bee Maid 1 kg container

Liquid honey

3.79

My Country 454 g pkg.

Lactantia butter

2.65

Colby, brick or mozzarella, Dominion 340 g pkg.

Cheese sticks

2.39

Domination frozen unsweetened concentrated 12.5 fl. oz. container

Orange juice

1.15

Sunflower oil 16 or Corn oil 16, 307 g pkg.

Fleischmann's Margarine

2.99