


super save

238 MAIN STREET, MILTON PARKING AT REAR OF STORE



6.59 /kg
2.99 lb.




1.49 1 lb. pkg. with coupon
2.49 without coupon

STORE COUPON
save \$1.00 when you buy Mother Parker's vacuum packed roasted coffee

Mr. Dealer: Mother Parker's Foods Limited will redeem this coupon for face value plus 7¢ handling provided you receive it from your customer according to the terms of the coupon offer. Any other application constitutes fraud. Failure to provide on request evidence satisfactory to Mother Parker's Foods Limited that you have complied with such terms will void coupon. For redemption mail to Mother Parker's Foods Limited, Box 3000, Saint John, New Brunswick E2L 4L3. Coupon expires October 23, 1982. Redeemable only at Red & White & Super Save stores in Ontario.

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.79 10 lb. bag

3.04 /kg
1.38 lb.



.99 2 lb. bag

.99 3 lb. bag

2.69 each

2.99 3.5 kg bag

.69 1.52 kg

cut from Canada grade 'A' beef full size round steak or bottom outside	no name™ 375 g pkg.
round roast \$5.05 /kg \$2.29 lb.	cooked ham \$3.48
cut from Canada grade 'A' beef	375 g pkg.
boneless rump roast \$5.27 /kg \$2.39 lb.	no name™ bologna \$1.58
boneless cube style	Schneiders 454 g pkg.
stewing beef \$4.61 /kg \$2.09 lb.	skinless wieners \$1.99
fresh sliced	Maple Leaf store
beef liver \$1.96 /kg .89 lb.	sliced bologna lb. \$1.39
cut from Canada grade 'A' beef inside top cut	Schneiders 2 varieties 900 g bucket
round steak \$5.27 /kg \$2.39 lb.	fried chicken \$4.98
Maple Leaf 500 g pkg.	Schneiders cello, 500 g pkg.
golden fry sausage	beef steakettes \$2.38

.69 12.5 oz. can

medium, mild, old, or old white Sunspun 340 g pkg.	produce of Ontario
cheddar cheese 2.39	Canada no. 1 rutabagas each .49
processed cheese food	Florida
Sunspun single slices 2.79	oranges 5 lb. bag 1.99
choice cut green or wax beans or diced harvard beans	produce of U.S.A.
Aylmer 14 fl. oz. tin vegetables55	Canada no. 1 avocados each .69
assorted country style	green
Lipton cup-a-soup box of 2 .69	peppers \$1.74 /kg .79 lb.
instant 350 mL btl.	cauliflower each .79
chocolate syrup Nestle Quik 1.49	no name™, 20 lb. bag
St. Williams with pectin raspberry or strawberry or 250 mL jar	wild bird food each 4.99
Aylmer jam99	

.69 10 fl. oz. tin

1.49 500 g tub

.89 1 lb. pkg.

.75 425 g tin

.99 400 g box

2.89 2 L cont.

1.09 9-13 oz. pkg.

Club House pure vanilla extract 43 mL btl. 1.99	Household 800 mL btl. Lestoil cleaner 1.99
unsweetened chocolate or semi-sweet Robin Hood 227 mL btl. 2.79	Airwick 400 g cont. Carpet Fresh deodorizer 1.69
calorie wise assorted Kraft 500 g btl. salad dressing 1.49	bar Irish Spring soap pkg. of 3 1.19
48 fl. oz. tin assorted Hi-C drinks89	macaroni spaghetti 1 kg box .99
breakfast cereal Kellogg's Special K 475 g box 2.39	General Mills cereal strawberry shortcake 350 g pkg. 1.89
500 g cont. Neilson cottage cheese 1.49	E.D. Smith 540 mL tin apple pie fill 1.39
no name™ 200 g bag plain or rippled potato chips 1.09	Del Monte 796 mL tin fruit cocktail 1.29
400 g cont. Ajax cleanser59	soft drink Coca-Cola 24 x 284 mL tins 5.99
15 m box Saran plastic food wrap85	Carnation 750g box coffee mate 3.29

.89 500 mL btl.

1.99 9.5 oz. box

.79 14 oz. tin

.79 14 oz. tin

1.99 9.5 oz. pkg.

.99 1 kg box

1.89 350 g pkg.

1.39

1.29

5.99

3.29

1.09 340 g pkg.

Prices effective until closing Saturday, October 23, 1982. We reserve the right to limit quantities.

Weight Watchers

Don't forget to stock up early for Hallowe'en



bakery specials

sliced Super Save bread 24 oz. loaf .59

Weston plain english muffins pkg. of 8 .89

Weston 340 g pkg. raspberry jelly roll 1.09